



*Fred Parker*

WELLNESS

## **HIMALAYAN SALT ROOM SCHEDULE**

**Sunday, August 17**

**Sound Bath & Breathwork**

Michelle Arias, 6:00pm (\$44)

**Wednesday, August 20**

**Meditation & Reflection**

Ashley Sutton, 7:00pm (\$25)

**Friday, August 22**

**New Moon Reiki Sound Bath**

Molly Flanagan/Melinda Michael, 6:30pm (\$44)

**Friday, August 22**

**New Moon Reiki Sound Bath**

Molly Flanagan/Melinda Michael, 8:00pm (\$44)

[www.fredparkerwellness.com](http://www.fredparkerwellness.com)