



*Fred Parker*

WELLNESS

## HIMALAYAN SALT ROOM SCHEDULE

**Wednesday, September 10**

**Meditation & Reflection**

Ashley Sutton, 7:00pm (\$25)

**Saturday, September 20**

**New Moon Reiki Sound Bath**

Jaimie Bess/Rowena Whitson, 7:00pm (\$44)

**Sunday, September 21**

**New Moon Reiki Sound Bath**

Molly Flanagan/Melinda Michael, 6:00pm (\$44)

**Wednesday, September 24**

**Meditation & Reflection**

Ashley Sutton, 7:00pm (\$25)

**Sunday, September 28**

**Breathwork & Sound Healing**

Michelle Arias, 6:00pm (\$44)

[www.fredparkerwellness.com](http://www.fredparkerwellness.com)