



Fred Parker

WELLNESS

HIMALAYAN SALT ROOM SCHEDULE

Saturday, October 4

Reiki Sound Bath (Private)

Molly Flanagan/Melinda Michael, 4:00pm

Saturday, October 4

Full Moon Reiki Sound Bath

Molly Flanagan/Melinda Michael, 6:00pm (\$44)

Saturday, October 4

Full Moon Reiki Sound Bath

Molly Flanagan/Melinda Michael, 7:30pm (\$44)

Sunday, October 5

Breathwork & Sound Healing

Michelle Arias, 6:00pm (\$44)

Wednesday, October 8

Meditation & Reflection

Ashley Sutton, 7:00pm (\$25)

www.fredparkerwellness.com