



Fred Parker

WELLNESS

HIMALAYAN SALT ROOM SCHEDULE

Thursday, December 4

Full Moon Reiki Sound Bath

Sara Aguirre/Melinda Michael, 7:00pm (\$44)

Thursday, December 4

Full Moon Reiki Sound Bath

Sara Aguirre/Melinda Michael, 8:30pm (\$44)

Wednesday, December 10

Meditation & Reflection

Ashley Sutton, 7:00pm (\$25)

Thursday, December 11

New Year's Women's Circle

Kate Thomas, 7:00pm (\$44)

Friday, December 19

New Moon Reiki Sound Bath

Jaimie Bess/Maria Villanueva, 7:00pm (\$44)

www.fredparkerwellness.com