

CORY STRATHMAN

Motivational Speaker * Mental Health Advocate
Founder of Grace In Your Corner

One Person, One Life at a Time

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BIO

Cory Strathman is passionate about reducing the stigma surrounding mental health and addiction because he has first-hand experience how it can be devastating to someone's life. Cory was a successful principal at the age of 28 but depression, alcohol abuse, and the fear of judgement transformed his reality to a DUI, unemployment, and rehab placement at age 34. Even though he isn't professionally certified, Cory knows too many people are in a similar place found himself in. He now shares his



Grace In Your Corner
One Person, One Life

TOPICS:

- Courage to Speak Up: A Journey From Depression to Finding Redemption
- Finding Faith: Let Go, Let God
- Seek First to Understand: Know the Facts
- A Family Disease: Where to Start?

BENEFITS

- Sessions can be customized for your group
- Engaging message that will have audiences captivated
- Regain hope that you can and will live the life you deserve
- Learn warning signs that a person might be struggling
- Hear first hand experiences of how a family
- Leave with the confidence to seek the support

SPEAKING OPPORTUNITIES

- KC Rotary Club 13-Kansas City, Mo
- Outside the Darkness: Suicide Prevention- Beatrice, NE
- Centralia High School- Centralia, KS
- Freiden's United Church of Christ- Nemaha County, KS
- Shawnee Mission West PTSA- Overland Park, KS



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