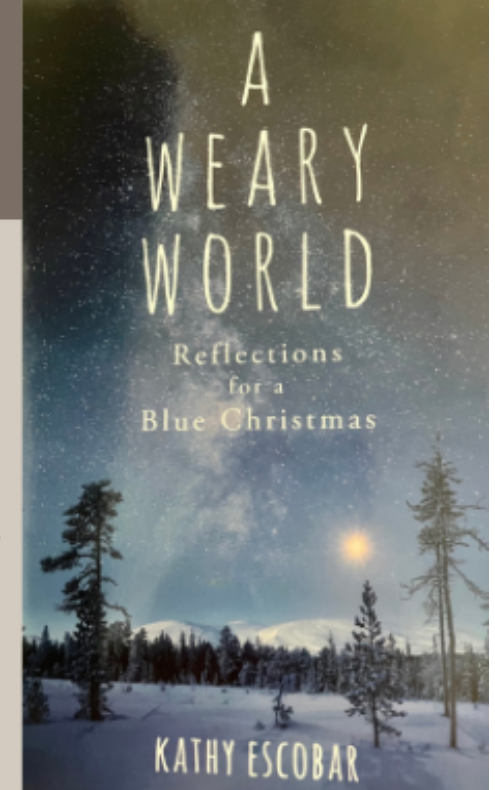


A WEARY WORLD: Week One

THURSDAY

Thursday: Let It Be

Pastor Kathy Escobar describes her pain from the first Christmas Eve service prepared for after the death of her son. Through all of her emotions her mind kept thinking of the connection to Mary, mother of Jesus. Mary surely experienced similar feelings of shame, pain, and fear as she watched her son suffer and die in front of her. The reading continues to describe the magic of a mother's power and how every person possesses the ability to mother or be mothered by any item. An example could be being mothered by the mother nature surrounding us. There is a reason so many people post pictures of a beautiful sunrise or sunset to social media. In that moment of serenity, mother nature provides a peace over us. The reading also mentioned the example of being mothered by Mary as she whispers "Let it be" to you in a time of anxiety or other emotions.



Today's Reflection Question:

*What do you
need to "let be"
today?*