

# A WEARY WORLD: Week Three

## EMBRACING PARADOX

### Sunday:

The topic for this week's readings is titled "Embracing Paradox" which means "contradicting things existing in the same space at the same time."

Throughout this coming week the author will discuss embracing paradox and how it can help us during this holiday season. Always remember "there's light in the darkness, beautiful in the ugly, peace in the chaos, and hope in the despair." The author concludes the introduction by asking us to ponder this tough question, "What contradictory feelings or qualities do you notice within yourself?"

There's a lot of great information coming your way this week, but I did a "sneak peek" on tomorrow's question which is "What are some slivers of light you are seeing in the midst of darkness right now?" What a great question for the beginning of a new week.



### Today's Reflection

#### Question:

*What could  
you use  
help with  
right now?*