

MON	STUDIO 1	MON	STUDIO 2	
		4:45pm-	Grade 1 Tap –	
		5:15pm	Miss Molly	
5:15pm-	Grade I Ballet –	5:15pm-	Grade I Ballet –	
6:00pm	Mrs Williams	6:00pm	Miss Maddy - Hannah	
6:00pm-	Grade IV Ballet –	6:00pm-	Body Conditioning Grade I Ballet –	
6:45pm	Mrs Williams	6:30pm	Miss Maddy/Miss Molly - Hannah	
6:45pm-	Body Conditioning - Grade III & IV Ballet-	6:30pm-	Grade 2 Tap –	
7:15pm	Miss Maddy	7:00pm	Miss Molly	
7:15pm-	Grade III Ballet –	7:00pm-	Grade V Ballet –	
8:00pm	Miss Maddy	7:45pm	Mrs Williams	
		7:45pm-	Body Conditioning & Grade V Pointe	
		8:30pm	– Mrs Williams	
TUE	STUDIO 1	TUE	STUDIO 2	
4:45pm-	Grade 3 Theatre Craft –	4:45pm-	Grade 5 Tap –	
5:30pm	Miss Maddy	5:30pm	Miss Molly	
5:30pm-	Grade 4 Theatre Craft –	5:30pm-	Grade 3 Tap –	
6:15pm	Miss Maddy	6:15pm	Miss Molly	
6:15pm-	Kicks, Turns, Leaps & Jumps Grades 3, 4, 5 & Intermediate Theatre Craft –			
6:45pm	Miss Maddy & Miss Molly			
6:45pm-	Intermediate Theatre Craft –	6:45pm-	Grade 4 Tap –	
7:30pm	Miss Maddy	7:30pm	Miss Molly	
7:30pm-	Grade 5 Theatre Craft –	7:30pm-	Intermediate Tap –	
8:15pm	Miss Maddy	8:15pm	Miss Molly	
7:15pm-	DDMIX –			
8:00pm	Mrs Williams			
8:15pm-	Adult Ballet –			
9:00pm	Mrs Williams			
<u>WED</u>	<u>STUDIO 1</u>	<u>WED</u>	STUDIO 2	
4:45pm-	Primary Ballet –	4:45pm-	Pre-Primary Ballet –	
5:15pm	Miss Maddy - Holly	5:15pm	Miss Molly - Freya	
5:15pm-	Pre-Primary/Primary Acro –	5:15pm-	Grade VI Ballet –	
6:00pm	Miss Maddy & Miss Molly – Freya & Holly	6:00pm	Mrs Williams	
6:00pm-	Level 1 Acro –	6:00pm-	Body Conditioning & Grade VI & VIII	
6:45pm	Miss Maddy & Miss Molly – Mayah & Sophie	6:45pm	Pointe – Mrs Williams	
6:45pm-	Level 2 Acro –	6:45pm-	Grade VIII Ballet –	
7:45pm	Miss Maddy & Miss Molly – Mayah & Sophie	7:30pm	Mrs Williams	
7:45pm-	Level 3, 4 & 5 Acro –	7:30pm-	Adult Ballet -	
8:45pm	Miss Maddy & Miss Molly	8:15pm	Mrs Williams	
<u>FRI</u>	STUDIO 1	<u>FRI</u>	STUDIO 2	
4:45pm-	Junior Musical Theatre –			
5:15pm	Miss Molly – Martha			

5:15pm-	Primary Theatre Craft –	5:15pm-	Primary Theatre Craft –
5:45pm	Miss Maddy	5:45pm	Miss Molly - Martha
5:45pm-	Kicks, Turns, Leaps & Jumps Primary –	5:45pm-	Intermediate Musical Theatre –
6:15pm	Miss Maddy - Martha	6:15pm	Miss Molly – Jess
6:15pm-	Primary Tap –	6:15pm-	Grade 2 Theatre Craft –
6:45pm	Miss Molly - Jenny	6:45pm	Miss Maddy - Jess
6:45pm-	Kicks, Turns, Leaps & Jumps Grades Primary, 1 & 2 Theatre Craft –		
7:15pm	Miss Maddy & Miss Molly – Jess & Jenny		
7:15pm-	Grade 1 Theatre Craft –	7:15pm-	Senior Musical Theatre –
7:45pm	Miss Maddy	8:00pm	Miss Molly
<u>SAT</u>	STUDIO 1	<u>SAT</u>	STUDIO 2
09:30am-	Creative Dance –		
10:00am	Mrs Williams & Miss Maddy		
10:00am-	Creative Tap –		
10:30am	Miss Molly - Charlie		
10:30am-	Pre-Juvenile Ballet Exam –	10:30am-	Pre-Juvenile Ballet –
11:00am	Mrs Williams	11:00am	Miss Maddy - Charlie
11:00am-		11:00am-	Preparatory Tap –
11:30am		11:30am	Miss Molly
11:30am-	Pre-Primary Ballet –	11:30am-	Pre-Primary Ballet –
12:00pm	Mrs Williams	12:00pm	Miss Maddy – Eleanor
12:00am-		12:00pm-	Primary Tap –
12:30pm		12:30pm	Miss Molly – Eleanor
12:30pm-	Primary Ballet –	12:30pm-	Primary Ballet –
1:00pm	Mrs Williams	1:00pm	Miss Maddy - Abi
1:00pm-	Grade I Ballet –	1:00pm-	Grade I Ballet –
1:45pm	Mrs Williams	1:45pm	Miss Maddy - Abi
1:45pm-	Grade II Ballet Exam-	1:45pm-	Body Conditioning – Grade I & II
2:15pm	Mrs Williams	2:15pm	Ballet – Miss Maddy/Miss Molly
2:15pm-	Grade II Ballet –	2:15pm-	Grade 1 Tap –
3:00pm	Mrs Williams	3:00pm	Miss Molly - Elizabeth
3:00pm-	Grade 2 Tap –		
3:45pm	Miss Molly - Elizabeth		

## **What is Body Conditioning?**

The body conditioning class is included in the Ballet class. Any student studying Grade 1 Ballet and above will automatically be included in the Body Conditioning class.

The body conditioning class will teach flexibility, injury prevention and safe techniques to stretch and improve. Our focus is on the safety and wellness of our dancers and carefully developing their flexibility and strength for long-term health and injury prevention.

## What is Kicks, Turns, Leaps and Jumps (KTL&J)?

The Kicks, Turns, Leaps and Jumps class is included in the Theatre Craft class. Any student studying Primary Theatre Craft and above will automatically be included in the KTL&J class.

This class is for dancers to develop strength, flexibility, technique and interpretation of music and movement. The dancers end goal is to execute a series of complicated kicks, turns, leaps and jump patterns technically correct and safely.



## **PRICE LIST:**

**30-MINUTE CLASS - £5.00** 

45-MINUTE CLASS - £5.50

1-HOUR CLASS - £6.00

1-HOUR & 15-MINUTE CLASS - £6.50

**DDMIX** - £5.00

5% DISCOUNT FOR DANCERS STUDYING 3 SUBJECTS

10% DISCOUNT FOR DANCERS STUDYING 4+ SUBJECTS

Please contact us via email

(<u>info@willowsdancecompany.co.uk</u>) before turning up to a class. We will not accept any students who are not pre-registered on our system.

We are not able to accept payments for classes by cash on the day. All lessons have to be paid for in advance before attending any classes.