



<u>MON</u>	<u>STUDIO 1</u>	<u>MON</u>	<u>STUDIO 2</u>
4:45pm-5:30pm	Grade I Ballet – Mrs Williams	4:45pm-5:30pm	Grade I Ballet – Miss Maddy – ST TBC
5:30pm-6:00pm	Body Conditioning Grades I & II Ballet – Miss Molly – ST TBC		
6:00pm-6:45pm	Grade II Ballet – Miss Maddy	6:00pm-6:30pm	Grade 1 Tap – Miss Molly
6:45pm-7:15pm	Grade 2 Tap – Miss Molly	6:30pm-7:15pm	Grade III Ballet – Mrs Williams
7:15pm-7:45pm	Body Conditioning - Grades III & IV Ballet – Miss Maddy	7:15pm-8:00pm	Grade V Ballet – Mrs Williams
7:45pm-8:30pm	Grade IV Ballet – Miss Maddy	8:00pm-8:30pm	Body Conditioning & Grade V Pre Pointe – Mrs Williams
<u>TUE</u>	<u>STUDIO 1</u>	<u>TUE</u>	<u>STUDIO 2</u>
4:45pm-5:30pm	Grade 3 Theatre Craft – Miss Maddy	4:45pm-5:30pm	Grade 5 Tap – Miss Molly
5:30pm-6:15pm	Grade 5 Theatre Craft – Miss Maddy	5:30pm-6:15pm	Grade 3 Tap – Miss Molly
6:15pm-6:45pm	Kicks, Turns, Leaps & Jumps Grades 3, 4, 5 & Intermediate Theatre Craft – Miss Maddy & Miss Molly		
6:45pm-7:30pm	Intermediate Theatre Craft – Miss Maddy	6:45pm-7:30pm	Grade 4 Tap – Miss Molly
7:30pm-8:15pm	Grade 4 Theatre Craft – Miss Maddy	7:30pm-8:15pm	Intermediate Tap – Miss Molly
7:15pm-8:00pm	DDMIX – Mrs Williams		
8:15pm-9:00pm	Adult Ballet – Mrs Williams		
<u>WED</u>	<u>STUDIO 1</u>	<u>WED</u>	<u>STUDIO 2</u>
4:45pm-5:15pm	Primary Ballet – Miss Maddy – ST TBC	4:45pm-5:15pm	Pre-Primary Ballet – Mrs Williams – ST TBC
5:15pm-6:00pm	Pre-Primary/Primary Acro – Miss Maddy & Miss Molly – ST TBC	5:15pm-6:00pm	Grade VI Ballet – Mrs Williams
6:00pm-6:45pm	Level 1 Acro – Miss Maddy & Miss Molly – ST TBC	6:00pm-6:45pm	Body Conditioning & Grade VI Pointe – Mrs Williams
6:45pm-7:45pm	Level 2 Acro – Miss Maddy & Miss Molly – ST TBC	6:45pm-7:30pm	Grade VI Ballet Exam– Mrs Williams
7:45pm-8:45pm	Level 3, 4 & 5 Acro – Miss Maddy & Miss Molly	7:30pm-8:15pm	Adult Ballet - Mrs Williams
<u>FRI</u>	<u>STUDIO 1</u>	<u>FRI</u>	<u>STUDIO 2</u>
4:45pm-5:15pm	Junior Musical Theatre – Miss Molly - ST TBC		
5:15pm-	Primary Theatre Craft –	5:15pm-	Intermediate Musical Theatre –

5:45pm	Miss Maddy – ST TBC	6:00pm	Miss Molly - ST TBC
6:00pm-6:30pm	Primary Tap – Miss Molly - ST TBC	6:00pm-6:30pm	Grade 2 Theatre Craft – Miss Maddy – ST TBC
6:30pm-7:00pm	Kicks, Turns, Leaps & Jumps Primary, Grade 1 & Grade 2 – Miss Maddy & Miss Molly – ST TBC		
7:00pm-7:30pm	Grade 1 Theatre Craft – Miss Maddy - ST TBC	7:00pm-7:45pm	Senior Musical Theatre – Miss Molly
<u>SAT</u>	<u>STUDIO 1</u>	<u>SAT</u>	<u>STUDIO 2</u>
09:30am-10:00am	Creative Dance – Mrs Williams & Miss Maddy		
10:00am-10:30am	Creative Tap – Mrs Williams & Miss Molly		
10:30am-11:00am	Pre-Juvenile Ballet Exam – Mrs Williams	10:30am-11:00am	Pre-Juvenile Ballet – Miss Maddy – ST TBC
11:00am-11:30am		11:00am-11:30am	Preparatory Tap – Miss Molly – ST TBC
11:30am-12:00pm	Pre-Primary Ballet – Mrs Williams	11:30am-12:00pm	Pre-Primary Ballet – Miss Maddy - ST TBC
12:00am-12:30pm		12:00pm-12:30pm	Primary Tap – Miss Molly – ST TBC
12:30pm-1:00pm	Primary Ballet – Mrs Williams	12:30pm-1:00pm	Primary Ballet – Miss Maddy
1:00pm-1:45pm	Grade I Ballet – Mrs Williams	1:00pm-1:45pm	Grade I Ballet – Miss Maddy
1:45pm-2:15pm	Grade 2 Tap – Miss Molly	1:45pm-2:15pm	Body Conditioning – Grade I Ballet – Miss Maddy
2:15pm-2:45pm	Grade 1 Tap – Miss Molly	2:15pm-2:45pm	Body Conditioning – Grade II Ballet – Miss Maddy
2:45pm-3:30pm	Grade II Ballet – Mrs Williams	2:45pm-3:30pm	Grade II Ballet – Miss Maddy

What is Body Conditioning?

The body conditioning class is included in the Ballet class. Any student studying Grade 1 Ballet and above will automatically be included in the Body Conditioning class.

The body conditioning class will teach flexibility, injury prevention and safe techniques to stretch and improve. Our focus is on the safety and wellness of our dancers and carefully developing their flexibility and strength for long-term health and injury prevention.

What is Kicks, Turns, Leaps and Jumps (KTL&J)?

The Kicks, Turns, Leaps and Jumps class is included in the Theatre Craft class. Any student studying Primary Theatre Craft and above will automatically be included in the KTL&J class.

This class is for dancers to develop strength, flexibility, technique and interpretation of music and movement. The dancers end goal is to execute a series of complicated kicks, turns, leaps and jump patterns technically correct and safely.



PRICE LIST:
30-MINUTE CLASS, DDMIX, PRE-POINTE - £5.00
45-MINUTE CLASS - £5.75
1-HOUR CLASS - £6.25
1-HOUR & 15-MINUTE CLASS - £6.75
GRADE 5 & 6 POINTE £5.50
5% DISCOUNT FOR DANCERS STUDYING 3 SUBJECTS
10% DISCOUNT FOR DANCERS STUDYING 4+ SUBJECTS

Please contact us via email (info@willowsdancecompany.co.uk) before turning up to a class. We will not accept any students who are not pre-registered on our system.

We are not able to accept payments for classes by cash on the day. All lessons have to be paid for in advance before attending any classes.