

MON	STUDIO 1	MON	STUDIO 2		
4:45pm-	Grade III Ballet –	4:45pm-	Grade IV Ballet –		
5:30pm	Mrs Williams/Miss Maddy	5:30pm	Mrs Williams/Miss Maddy		
5:30pm-	Ballet Body Conditioning - Grade III & IV	5:30pm-	Grade 1 Tap –		
6:00pm	& V - Miss Maddy	6:00pm	Miss Molly		
6:00pm-	Grade V Ballet –	6:00pm-	Grade I Ballet –		
6:45pm	Mrs Williams	6:30pm	Miss Maddy/Miss Molly		
6:45pm-	Grade VI Ballet –	6:30pm-	Body Conditioning Grade I Ballet –		
7:30pm	Mrs Williams	7:00pm	Miss Maddy/Miss Molly		
7:30pm-	Ballet Body Conditioning & Grade VI &	7:00pm-	Adult Tap –		
8:15pm	VII Pointe – Mrs Williams	7:45pm	Miss Molly		
8:15pm-	Grade VII/VIII Ballet –	7:45pm-	Adult Theatre Craft –		
9:00pm	Mrs Williams	8:30pm	Miss Maddy		
TUE	STUDIO 1	TUE	STUDIO 2		
4:45pm-	Grade 3 Theatre Craft –	4:45pm-	Grade 4 Tap –		
5:30pm	Miss Maddy	5:30pm	Miss Molly		
5:30pm-	Grade 4 Theatre Craft –	5:30pm-	Grade 3 Tap –		
6:15pm	Miss Maddy	6:15pm	Miss Molly		
6:15pm-	Kicks, Turns, Leaps & Jumps Grades 3, 4, 5 & Intermediate Theatre Craft –				
6:45pm	Miss Maddy & Miss Molly				
6:45pm-	Intermediate Theatre Craft –	6:45pm-	Grade 5 Tap –		
7:30pm	Miss Maddy	7:30pm	Miss Molly		
7:30pm-	Grade 5 Theatre Craft –	7:30pm-	Intermediate Tap –		
8:00pm	Miss Maddy	8:15pm	Miss Molly		
<u>WED</u>	<u>STUDIO 1</u>	<u>WED</u>	<u>STUDIO 2</u>		
4:45pm-	Primary Ballet –	4:45pm-	Pre-Primary Ballet –		
5:15pm	Miss Maddy - Holly	5:15pm	Miss Molly - Freya		
5:15pm-	Pre-Primary/Primary Acro –				
6:00pm	Miss Maddy & Miss Molly – Freya & Holly				
6:00pm-	Level 1 Acro –				
6:45pm	Miss Maddy & Miss Molly – Mayah & Sophie				
6:45pm-	Level 2 Acro –	7:15pm-	Adult Ballet –		
7:45pm	Miss Maddy & Miss Molly – Mayah & Sophie	8:00pm	Mrs Williams		
7:45pm-	Level 3, 4 & 5 Acro –	8:00pm-	DDMIX –		
8:45pm	Miss Maddy & Miss Molly	8:45pm	Mrs Williams		
<u>FRI</u>	<u>STUDIO 1</u>	<u>FRI</u>	<u>STUDIO 2</u>		
4:45pm-	Preparatory Theatre Craft –	4:45pm-	Primary Tap –		
5:15pm	Miss Maddy	5:15pm	Miss Molly - Jenny		
5:15pm-	Primary Theatre Craft –	5:15pm-	Preparatory Tap –		
5:45pm	Miss Maddy - Jenny	5:45pm	Miss Molly - Sophia		
5:45pm-	Grade 2 Theatre Craft –	5:45pm-	Junior Musical Theatre –		
6:15pm	Miss Maddy	6:15pm	Miss Molly – Jess & Sophia		

6:15pm-	Kicks, Turns, Leaps & Jumps Grades Primary, 1 & 2 Theatre Craft –			
6:45pm	Miss Maddy & Miss Molly - Jess			
6:45pm-	Grade 1 Theatre Craft –	6:45pm-	Intermediate/Senior Musical Theatre –	
7:15pm	Miss Maddy	7:30pm	Miss Molly	
<u>SAT</u>	<u>STUDIO 1</u>	<u>SAT</u>	STUDIO 2	
09:30am-	Creative Dance –	09:30am-		
10:15am	Mrs Williams & Miss Maddy	10:15am		
10:15am-	Pre-Juvenile Ballet (30 mins) –	10:15am-	Preparatory Tap (30 mins) –	
10:45am	Mrs Williams & Miss Maddy	10:45am	Miss Molly - Charlie	
10:45am-		10:45am-	Creative Tap (30 mins) –	
11:15am		11:15am	Miss Molly - Charlie	
11:15am-	Pre-Primary Ballet –	11:15am-	Pre-Primary Ballet –	
11:45pm	Mrs Williams - Amelia	11:45pm	Miss Maddy/Miss Molly	
11:45am-		11:45pm-	Primary Tap –	
12:15pm		12:15pm	Miss Molly - Amelia	
12:15pm-	Primary Ballet –	12:15pm-	Primary Ballet –	
12:45pm	Mrs Williams	12:45pm	Miss Maddy/Miss Molly - Abi	
12:45pm-	Grade I Ballet –	12:45pm-	Grade I Ballet –	
1:30pm	Mrs Williams	1:30pm	Miss Maddy/Miss Molly - Abi	
1:30pm-		1:30pm-	Body Conditioning – Grade I & II Ballet –	
2:00pm		2:00pm	Miss Maddy/Miss Molly	
2:00pm-	Grade II Ballet –	2:00pm-	Grade 1 Tap –	
2:45pm	Mrs Williams	2:45pm	Miss Molly - Elizabeth	
		2:45pm-	Grade 2 Tap –	
		3:30pm	Miss Molly - Elizabeth	

## What is Body Conditioning?

The body conditioning class is included in the Ballet class. Any student studying Grade 1 Ballet and above will automatically be included in the Body Conditioning class.

The body conditioning class will teach flexibility, injury prevention and safe techniques to stretch and improve. Our focus is on the safety and wellness of our dancers and carefully developing their flexibility and strength for long-term health and injury prevention.

## What is Kicks, Turns, Leaps and Jumps (KTL&J)?

The Kicks, Turns, Leaps and Jumps class is included in the Theatre Craft class. Any student studying Primary Theatre Craft and above will automatically be included in the KTL&J class.

This class is for dancers to develop strength, flexibility, technique and interpretation of music and movement. The dancers end goal is to execute a series of complicated kicks, turns, leaps and jump patterns technically correct and safely.



**30-MINUTE CLASS - £5.00** 

45-MINUTE CLASS - £5.50

## **1-HOUR CLASS - £6.00**

**1-HOUR & 15-MINUTE CLASS - £6.50** 

## **DDMIX** - £5.00

**5% DISCOUNT FOR DANCERS STUDYING 3 SUBJECTS** 

**10% DISCOUNT FOR DANCERS STUDYING 4+ SUBJECTS** 

Please contact us via email

(<u>info@willowsdancecompany.co.uk</u>) before turning up to a class. We will not accept any students who are not pre-registered on our system.

We are not able to accept payments for classes by cash on the day. All lessons have to be paid for in advance before attending any classes.