

SURF & TURF THERAPY

ANNUAL REPORT
2025



Our mission at Surf and Turf Therapy is to be committed to bettering lives through non-traditional therapeutic activities.

WELCOME

DR JILLIAN STEWART

FOUNDER | EXECUTIVE DIRECTOR

Dear S&T Family,

2025 was a year of sustained excellence, meaningful progress, and continued proof of what is possible when a community believes deeply in a mission. As I reflect on this year, I am overwhelmed with gratitude for the families, volunteers, donors, staff, horses, and partners who make Surf & Turf Therapy what it is.

This year, we provided **3,440 hours of service** across our equine, surf, and community-based programs, supporting participants through individualized, experiential care. Behind every number is a person gaining strength, finding their voice, building confidence, or discovering a deeper sense of belonging. I am especially proud that **84% of documented participant goals were met or showed progress**, a reflection of the dedication of our team and the power of meeting individuals in environments that are meaningful, motivating, and inclusive.

As our programs continued to mature, we invested intentionally in the people, animals, and systems that make this work possible. In 2025, we welcomed **three full-time horses** into our herd, an important step in building a stable, sustainable foundation for the future of our equine program. Alongside a human team that feels more balanced and established than ever, we are entering a new chapter focused less on growth and more on sustaining this program with excellence in our community.

That future is only possible because of the S&T Family. Nearly 100 volunteers generously gave their time, talents, and hearts to our mission, while 230 donors made financial or in-kind contributions to support the work. **Your generosity helps bridge the gap between the true cost of care and what families can afford to access**, ensuring that Surf & Turf Therapy remains rooted in inclusion and individualized support, for all.

Some of my favorite moments this year were the ones that showed our mission reaching beyond weekly sessions. Our Michigan Summer Camps doubled participation and were featured by FOX 17 News. Our surfers were once again welcomed into the Velzy Surf Contest & Luau, where they competed in two dedicated heats alongside the local surf community. Movie with a Mission, Chukkers for Charity, the Pickleball Tournament, the Santa Paddle, and so many other gatherings reminded us that this work is about more than therapy. It is about connection, joy, confidence, and creating a community where people of all abilities are not only invited fully in, but celebrated.

Looking ahead, our 2026 goals reflect the future we are working toward together. We are focused on establishing more permanent infrastructure for both our equine and surf programs, sustaining excellence by investing in technology and volunteer support, introducing mental health services, and offering more community-based group opportunities. These efforts are not about becoming bigger for the sake of growth. They are about building the stability, access, and support needed to sustain Surf & Turf Therapy in our community for generations to come.

Thank you for being part of this journey. Thank you for giving your time, your trust, your resources, and your belief in what we do. Every wave ridden, every stride taken, every new word spoken, and every moment of progress is made possible because of you. **Let's keep Surfin' up Smiles & Makin' Strides, together!**

Dr. Jillian Stewart, PT, DPT, HPCS



Dr. Jillian Stewart with Biscuit
Surf & Turf Therapy's first therapy horse

Sustainable Growth. Greater Impact.



As demand continued to increase, we expanded our team, operating support, and services in alignment — ensuring we could serve more participants without compromising the quality, safety, and care at the heart of our program.

This balanced growth allowed us to reduce our waitlist and serve more participants than ever before.

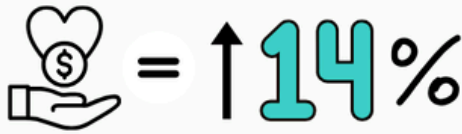
↑ Staff & Horses



The team expanded from 8 to 10 staff, including a full-time team member, and our herd grew from 6 to 9 horses — building the foundation for growth.

↑ Operating Support

Revenue increased by 14% — providing the resources needed to sustainably expand our team and programs.



↑ Services Delivered



In 2025, service hours increased by 28% — from 79 to 101 scheduled sessions each week. The year focused on moving participants off the waitlist and into the water and saddle. Growth was supported by adding our Equine Program Assistant, made possible by a generous grant from **Impact Giving**.

IMPACTGIVING
ENGAGE. EDUCATE. EMPOWER

More Impact, *per dollar*

Services increased by 28%, outpacing 14% revenue growth — allowing us to serve more participants and reduce waitlists through thoughtful, efficient expansion.



More capacity. More access. More lives impacted.

Mission: Surf & Turf Therapy is an organization committed to bettering lives through non-traditional therapeutic activities.

Vision: Surf & Turf Therapy will set the standard for integrated therapy services by providing clinical excellence and personalized care, while making alternative therapies proven and reputable therapeutic forms.

LEARN MORE & GET INVOLVED!

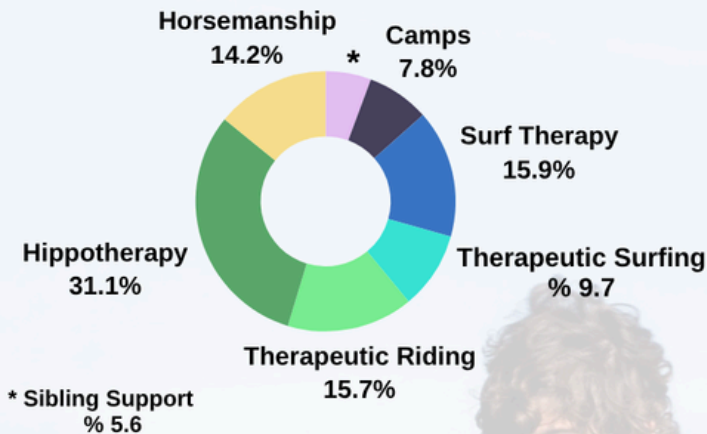
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www.surfandturftherapy.org



We provided

3,440 hours of service



Finnley & May 2020

FINNLEYS'S STORY

"Hi! My name is Finnley and I have ridden with Surf & Turf Therapy for five years. I have grown from being six years old, riding with Dr. Jillian and needing a side walker to now loping independently on Pallaton with Miss. Violet!

Here is a little more about me. I was born eight weeks premature and weighed only four pounds. I started Physical Therapy when I was one years old. When I was six, my clinic Physical Therapist recommended hippotherapy at Surf & Turf Therapy. I was immediately hooked! Physical Therapy in a new, fun, challenging way with horses? Yes please! My favorite horses to ride are Pallaton and Dave, but my most special connection is with May. She is my heart horse! Riding at Surf &Turf is my weekly highlight. My goal is to own a horse and volunteer at Surf & Turf Therapy one day!"

Who We Serve



93% YOUTH | 7% ADULT
48% FEMALE | 52% MALE



Primary diagnoses served:

AUTISM | DOWN SYNDROME
CEREBRAL PALSY | ANGELMAN SYNDROME

Also Served:

ADHD • Genetic conditions • Sensory processing disorder • Speech/language delays • Anxiety •TBI • Motor delays • Neuromuscular conditions • Developmental delays • and more

Outcomes Through

Individualized, experiential care



84% of documented goals were met or showed progress



Goals addressed:

Strength • Balance • Mobility •Regulation • Confidence • Happiness • Participation• Communication • and more



Finnley & Pallaton 2025

VOLUNTEER HIGHLIGHTS



From the barn to the beach and everywhere in between, volunteers support riding and surfing sessions, care for our therapy horses, assist at special events, and help create the welcoming community that makes our work possible. With nearly 100 volunteers generously giving their time, talents, and hearts to our mission, their impact is immeasurable and we are always looking for new faces to join our team.

Help Bring Our Events to Life!

Each year, Surf & Turf Therapy brings our community together through events that celebrate our mission, raise critical funds, and create lasting memories for the families we serve. Our Events Committee helps make these moments possible by supporting planning, outreach, décor, auction items, sponsorships, day-of details, and the many behind-the-scenes pieces that bring an event to life. If you love connecting with people, organizing meaningful experiences, or lending your creativity to a great cause, we would love to have you!

Interested in volunteering?



Scan to explore current opportunities.

2025 VOLUNTEERS OF THE YEAR

Turf



Tom Christman

Tom is a bright spot at the barn each week. He has demonstrated his value time and time again through his reliability and willingness to step in wherever needed.

Surf



Mike Elliott

Mike is one of our long standing surf volunteers who truly spreads the stoke. With a smiling face and high fives ready, Mike is always there to help all who need him.

Rookie



Jamie Copeland

Jamie always comes to the barn with a big smile on her face. Her positive energy is truly contagious and we are so lucky to have her help multiple days each week.

Youth



Brynn Guigley

Brynn is always willing to do anything she is asked. Whether learning to ground drive the minis, barn chores, or leading in lessons, Brynn is always happy to jump in!

Fill - In



Michelle Cheng

Michelle consistently fills in as a leader and sidewalker, and is always ready to jump in when we are short handed. Her calm demeanor makes her an asset on busy days.

OUR HERD

In 2025,
our 15 horses
provided
2,109 hours of
service

8 GELDINGS | 7 MARES



9 FULL-TIME | 6 PART-TIME



AVERAGE AGE OF 17.5
RANGE FROM 5 TO 32 YEARS OLD



4 PONIES | 9 HORSES | 2 MINIATURE



2025 HORSE OF THE YEAR : MAY



May is a 17-year-old Quarter Horse who exemplifies resilience and heart. In 2025, she returned to the program following rehabilitation from an injury and immediately reestablished herself as an essential member of the team—stepping back into her work seamlessly at a time of need due to program growth.

May provides a smooth, steady experience for riders, particularly those gaining independence. She is a standout in speech therapy sessions thanks to her laid back demeanor and shorter stature, which allows for more direct connection.

DID YOU KNOW?

Horse care is one of our primary program expenses, and healthy, happy horses are essential to serving more participants. A monthly gift of \$1,400 sponsors a horse that will provide over 750 hours of service! Annual sponsors enjoy quarterly visits with their sponsored horse and Dr. Jillian.

contact : Jillian@surfandturfttherapy.org for more information!

**Horses with a star are
available for sponsorship!**



Learn more on horse sponsorship directly from one of our Surf & Turf Therapy families. Watch their story and consider becoming a sponsor.

STAFF MEET THE TEAM

Dr. Jillian Stewart, PT, DPT, HCPS - Founder | Executive Director

Dr. Allyson Blackstone, PT, DPT - Physical Therapist | Billing Specialist

Danielle Cupps - Barn Manager | Therapeutic Riding Instructor

Violet Burke - Equine Program Assistant

Payton Rose Forche - Executive Assistant

Riley Philips, M.S., CCC-SLP - Speech Language Pathologist

Lauren Ward, B.S., SLPA- Speech Language Pathologist Assistant

Dr. Jill Bieniek, PT, DPT - Physical Therapist

Brooke Magill, M.S. CF-SLP- Speech Language Pathologist

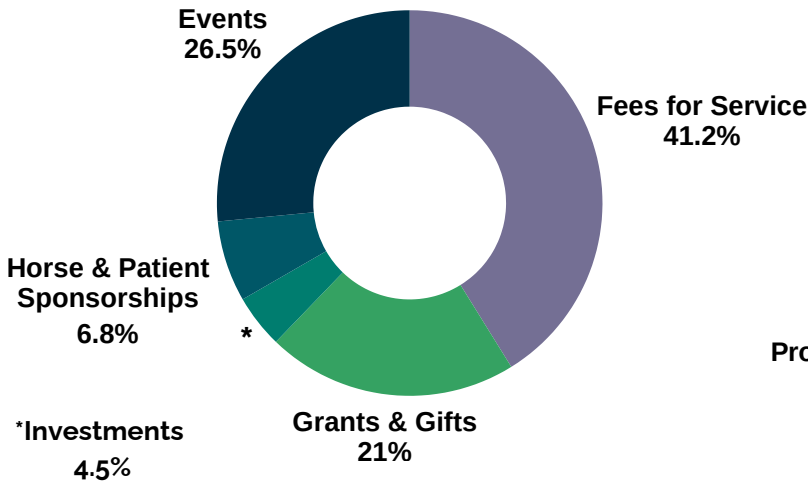
Mike Jacob - Therapeutic Surf Instructor

Natalie Smith- Therapeutic Surf Instructor

FINANCIAL SUMMARY

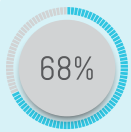
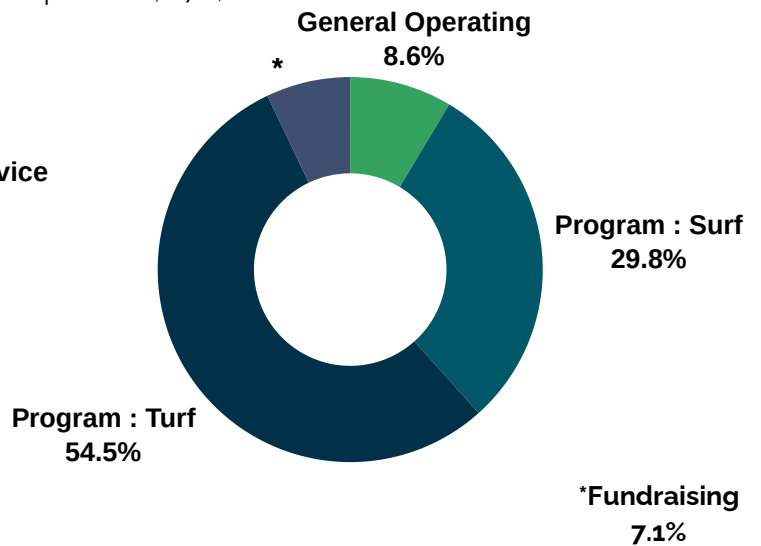
REVENUE 2025

Total Revenue \$861,840



EXPENSES 2025

Total Expenses \$670,816



68% of service hours are supported through financial aid + reimbursement pathways

Community support bridges the gap between program fees and the true cost of care, allowing us to offer services at a discounted rate for all.

Over \$52,000 in In-Kind gifts and discounts also supported our programs

TAMI'S STORY

"From the moment I stepped into the barn, I fell in love with the place and the people. It really is a big heart club. The volunteers and staff are so warm and inviting, and it immediately felt like somewhere special to be.

*What led me to become a donor was seeing the impact right in front of me. I have loved being able to watch the progress in the clients, even hear kids start to speak their first words. **Every time I leave Surf & Turf, I feel like my life is advanced.** I feel my best when I am here. I feel blessed to be able to give as a donor and support the organization, so they do not have to worry as much about funding. People do not always realize how much it takes to sustain a program like this, and I want to help contribute financially to take some of that worry off.*

Surf & Turf has become a big part of my life and a highlight of my week. It is hard not to share something that makes me feel this good. I cannot keep quiet about it. I love when people ask what the logo means because I get to tell them about this place. I have met such great friends here, and it really does draw a certain type of person, everyone is a giver. It is like a wonderland, and it is hard to even find the words to fully explain it."



EVENTS

RX3 CHARITY FLAG FOOTBALL TOURNAMENT

Surf & Turf Therapy was honored to be selected as a charity partner for Roth Capital Partners' RX3 Tournament. Our team was led by quarterback Bryce Young, and our booth helped introduce new supporters to our mission.



PICKLEBALL TOURNAMENT

Thanks to the generosity and leadership of Jennifer Roop and our Events Committee, our Pickleball Tournament brought friends together for a fun day of community, competition, and support for Surf & Turf Therapy.



MOVIE WITH A MISSION

Our 6th Annual Movie with a Mission welcomed families, volunteers, donors, and friends for a joyful night at the barn featuring *Monsters, Inc.*, and community connection! The event was free again thanks to presenting sponsors Rancho Sierra Vista and Roth Capital Partners.



CIRCLE S RODEO

Cosmo and Trooper proudly represented Surf & Turf Therapy at the Circle S Rodeo, making their second appearance alongside our Equine Program Assistant, Violet, who also joined the festivities on horseback.



MI SUMMER CAMPS

We returned to Holland State Beach for our 2nd Annual Michigan Summer Camps, doubling participation from our first year and bringing surf-based therapy to even more families in West Michigan. Our work was even featured by local news station FOX 17.



CA SUMMER CAMPS

Our California Summer Camps created a week of movement, confidence, and connection at the beach, including a special outrigger paddling day made possible by Westwind Sailing.



THE VELZY SURF CONTEST & LUAU

We were honored to be welcomed back to the Doheny Longboard Surfing Association's Velzy Surf Contest & Luau, where our surfers took part in two dedicated heats and proudly showed off their skills alongside the local surf community.



THE 6th ANNUAL CHUKKERS FOR CHARITY

Presented by Hot Ticket Racing, our 6th Annual Chukkers for Charity brought together an incredible community of supporters for an unforgettable evening of polo, purpose, and generosity benefiting Surf & Turf Therapy.



THE SANTA PADDLE

Surf & Turf Therapy was thrilled to once again join the Santa Paddle, a beloved holiday tradition now in its 6th year. 2024 Rookie Volunteer of the Year Stacy Savage helped lead the festive outing, bringing cheer to the harbor and closing the year in community.



HOLIDAY PARTY

Our annual holiday celebration at Agape brought participants, families, volunteers, and friends together to reflect on a meaningful year and celebrate the community that makes Surf & Turf Therapy so special. Santa even dropped by to say hi and deliver gifts!



THANK YOU EVENT SPONSORS & PROGRAM PARTNERS!



SHARON ENGLISH
CATHERINE RAMENOFKY
THE FORCHE FAMILY
PAT HUFF
JESSE COKER
JARED SISLIN PHOTOGRPAHY
WES STEELMAN
ERICA CHAPMAN
JENNIE BERSHON
ANGELA LUKOWSKI
THE WODISKE FAMILY
STACY MCWATTERS & LESLIE BOWER
THE MOZNETT FAMILY
THE TANNER FAMILY
THE ANDERSON FAMILY
BARBARA PALAZZOLA
SLIDE STOP REINING



BOARD OF DIRECTORS



Michael Manniello- Board Chair

Dr. Jillian Stewart- Executive Director

Dave Myrick- Vice Chair

Danica Ezor-Volunteer Engagement

Shawna Moznett- Events Director

Madi Hoy- Secretary

Staci Stewart- Treasurer

Danielle Ouellette-Director

Dr. Roger Mignosa- Director

Thank you to our Donors!

Our team remains committed to our values of quality care and inclusion, providing service to those in need, regardless of ability to pay. We could not do this without the support of our generous donors. 230 people made financial and in kind contributions to support our mission in 2025!

Thank you for every gift and to everyone who contributed throughout the year.

\$10,000 or more

Hot Ticket Racing

Impact Giving

The Anderson Family

Dave Myrick

Golden Eagle Foundation

The Ikenberry Family

The Wood Family

Mentors Foundation

The Messens Family

TPC Foundation

RCS Family Foundation

Roth Capital Partners

Anonymous

\$5,000 or more

Don Iller

Linda Hoffman

Orval and Susie Stewart Foundation

Rancho Sierra Vista Equestrian Center

Theresa Mihalovich-Gerstner

\$2,500 or more

Circle S Rodeo

Glass Wood Foundation

Gursey Schneider

Leslie Bower & Stacy McWatters

Orange County Youth Sports Foundation

San Juan Capistrano Equestrian Coalition

The Broselle Family



LOOKING FORWARD

In order to continue improving lives, our goals focus on sustained excellence and supporting our team

Establish Permanent Program Infrastructure

Advance long-term solutions for both equine and surf programming, including a permanent home for our equine services and dedicated harbor-based equipment storage to support sustainable surf operations

Sustain Excellence and Support Our Team

Invest in the people, tools and infrastructure that allow Surf & Turf Therapy to continue delivering high-quality programs, including improved technology systems and expanded volunteer support for events, as well as administrative roles

Launch Mental Health Services

Introduce mental health services as part of Surf & Turf Therapy's continuum of care, supporting the emotional well-being of participants and families through our experiential, community-based model.

Increase Access Through Community-Based Group Programming

Offer inclusive group opportunities throughout the year, such as dance, fitness, and horsemanship, that allow more participants to engage in meaningful recreation and social opportunities



BE PART OF THE S&T FAMILY

Surf & Turf Therapy is made possible by a community that gives generously through **time, talent, resources, and heart**. Whether you volunteer, contribute financially, or help open doors for our future, you are part of creating life-changing experiences at the barn, beach, and beyond. Thank **YOU!**

Share Your Time & Talent

Volunteers support our programs, events, fundraising, and future property efforts. There is a meaningful way for everyone to get involved.

- Program Support
- Events Committee
- Fundraising
- Special Projects



Scan to volunteer

Make a Meaningful Gift

Financial support helps sustain programs, increase access, and build the future of Surf & Turf Therapy.

- Make a One-Time Gift
- Become a Monthly Donor
- Sponsor a Need
- Donate Appreciated Stock
- Explore Other Ways to Give



Scan to make a gift

Volunteer questions? volunteer@surfandturftherapy.org

Giving questions? jillian@surfandturftherapy.org

SURF & TURF THERAPY
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SAN JUAN CAPISTRANO, CA 92675

