

(Liposonic+ 4D+Radar Carving+Privacy+Detection function)

Before using the instrument, please read this manual carefully and strictly			
follow the instructions in the manual to operate it.			
DERMALS SKIN PRIME			

UK Professional Advanced HIFU

Preface

Welcome to use DERMALS latest products (Radar Carving + 4D multi-row+Liposonic+Vaginal tightness +Detection):**Skin Prime** is a multi-row fixed-point + 360 on dead corner+ custom point + 360 os urround technology.

4D muti-row and radar carving are more authoritative and higher-end anti-aging system instrument after the continuous thermage .ultrasonic beauty machine, which replaces various effects of traditional facial anti-aging wrinkle surgery - including face-lifting, removing double chin, lifting firmness, removing wrinkles, tightening the skin, etc. It completely solve the problem of aging and sagging on the face and body parts, and recreate the contours to restore the youth!Compared with previous single-line technology ,the effects is more durable.

Liposonic is a local fat-dissolving instrument used for obesity caused by fat accumulation in the waist, abdomen, back, hands, legs, buttocks.It's different from traditional methods of reducing weight. It pays more attention to non-invasive local fat elimination rather than replacing liposuction, but provides a safer solution than traditional liposuction.

Vaginal tightness is a more authoritative and high-end anti-aging shrinking instrument after the private laser, It's a comprehensive treatment aimed at solving the problems of female vaginal tissue rupture, damage, dryness, and relaxation. This technology is non-invasive, no bleeding, no operation, no scars, no trauma with high safety, it don't affect the normal life and work.

Instrument Overview

Our new latest product 5 in 1 beauty instrument can achieve six perfect effects of lifting, firming, wrinkling, reducing fat, sculpting, and shrinking the vagina. It's the most advanced non-invasive high-energy focused ultrasound technology in the United States, penetrate deeply and generate nearly 10000 condensation points, precisely acting on the skin's SMAS layer and fat layer to generate heat energy to break and dissolve fat cells, stimulating the fascia layer to immediately contract and a large number of new collagen reorganization ,which build a new collagen fiber network, and enhance the elasticity of the skin from the bottom layer (Self repair mechanism is safer). It's the safest and most effective way to treat facial aging, sagging, obesity and vaginal sagging in the beauty industry; The five-in-one magical facial wrinkle removal, lifting firmness, improving breast, reducing body fat, Shaping body ,tightening vaginal and other effects have been recognized by the authorities in the beauty industry, known as the miracle of eternal youth!

Mechanism function

4D and radar carving use the cartridges with different depths (face 1.5, 3.0, 4.5mm) to focus the accurate energy on the epidermis layer, collagen layer and fascia layer;4.5mm is positioned on the subcutaneous fascia layer, and the fascia layer at the focus produces protein solidification reaction, so as to generate tension around the freezing point, playing the role of pulling the growth of muscle in the fascia layer to achieve the best effect of shaping, lifting and tightening;3.0mm acts on the collagen layer under the skin to stimulate the collagen regeneration and recombination. The newly generated collagen can gradually tighten and enhance the skin from the inside, and recover the elasticity;Aiming at the problem of facial relaxation and sagging, such as the formation of wrinkles.the whole part is pulled up in a single operation to achieve the overall contour lifting and tightening. In addition, the cartridges with different depths are used to treat obesity and chest, locate the body fat layer, tighten the skin and dissolve fat.Radar carving uses a fine cartridge in the way of rubbing and looping, and the operation is fine and 360° without dead angle, so that the concentrated energy can reach each part evenly to make it get a better effect.

Liposonic use the body cartridges with different depths (0.6cm, 0.8cm, 1.0cm, 1.3cm, 1.6cm), transforms into 65-70 degree heat energy to break and dissolve fat cells by focusing ultrasonic. The intelligent positioning system locates the required fat cells, quickly crushes and dissolves large granular fat cells to reduces the amount of fat, while stimulating collagen contraction and proliferation, and quickly filling the gaps that appear after the fat is ablated. After treatment, the skin surface is thin and not wrinkled, and it will not cause damage to the epidermis, blood vessels, nerves and muscle tissues. The crushed fat will be excreted from the body as the body metabolizes. It works at once. It permanently destroys subcutaneous fat, directly reduces the amount of fat without rebounding. One hour course of treatment can reduce the average body circumference by 2-6cm, which can show multiple effects of reducing fat, tightening skin and shaping. For local obesity, it needs 1-3 times to achieve the desired effect.

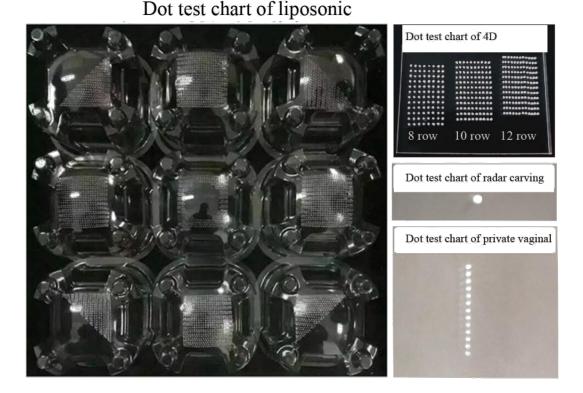
Vaginal tightness is the use of different depths (3.0mm, 4.5mm) of therapeutic cartridges to focus the accurate energy on the vaginal collagen layer and fascia layer. It uses focused ultrasound to produce a thermal effect of 65 °~ 70 °to promotes the reconstruction of collagen fibers and tendons in the deep vaginal mucosa and tight the contraction of fascia layer, which increase the production of new and tender tissues, changing the vaginal dryness, promoting vaginal mucus secretion during sex, and making sure that the vagina is moist and tender. It's mainly aimed at the problem of vaginal tissue rupture, damage, dryness, urinary incontinence, relaxation and other problems, triggering the body to initiate the function of repairing regenerative cells. Finally, the purpose of relieving and solving vaginal relaxation is achieved. Because the energy is passing through the epidermis, there is no need to worry about the injury of the mucosal layer, and no worry about the infection caused by the injury of the mucosal layer! The functional instrument of vaginal tightness extends the cartridge into the vagina

through the operator, which evenly acts on 54-216 line (about 1350-5400 points) in the SMAS layer in the vagina to achieve the best effect of contracting the vagina.

Technology Advantage

- 1.A variety of treatment heads, according to different skin depths, choose different cartridges, which can act on a variety of parts, such as the face, neck, chest, arms (butterfly sleeves), hips, legs, abdomen, etc.
- 2.The radar carving operation is 360 °without dead angle, and can be adjusted to hit 1-9 dots in a second. The operation is free of dead angle, fast, evenly distributed and painless.
- 3.Radar Carving Machine with the way of rubbing and rolling operate finely 360 °without dead angles, and the concentrated energy can be evenly achieved at each part to obtain better results.
- 4.4D and liposonic can switch between fast mode or slow mode.
- 5.4D can be adjusted arbitrarily from 1 to 12 lines, 12 lines have 300 points, which greatly shortens the operation time to make the energy points acting on the skin more uniform with best effect.
- 6.The energy is controllable, and the corresponding parameters can be adjusted according to the skin depth, so the operation is safer and more guaranteed.
- 7. The effect of tightening and shaping can be seen immediately after treatment, which can last for at least 18-24 months at a time, and achieve negative growth for skin age once a year.
- 8. Focused ultrasound has a certain selectivity, which can focus energy on specific areas, such as: fat layer, fascia layer, dermis layer, epidermal layer; Precise operation does not hurt the surrounding tissues, the energy is slightly over the epidermis, the surface is non-invasive, and the safety performance is high to ensure the customer is painless and comfortable.
- 9. No injection, no surgery, non-invasive, and does not affect normal life and work.
- 10.Liposonic adopts a circular custom contour output system. The treatment head emits 24 energy lines in the treatment area. The 24 energy lines in a single shot have 576 focus points, which accurately and completely crushes the amount of fat. The fat tissue is destroyed immediately during the treatment, and the body circumference is reduced by 2-6cm immediately after the treatment. After fat metabolism is completed within 8-12 weeks, the effect is more good.
- 11.In a single treatment, Liposonic can permanently destroy the subcutaneous fat, directly reducing the number of fat, and the damaged fat cells will never return, and can maintain a long-term slim good figure.
- 12. The vagina treatment adopts 360-degree 3D surround technology, which automatically controls the rotation angle to ensure multiple points accurately with even points and good effect.

- 13.Safe and non-invasive: non-invasive stimulation of the proliferation of deep collagen and elastic fiber, during the treatment, the energy skips the mucous membrane layer and is 100% without any damage, which guarantees the customer's comfort and painlessness.
- 14. After one week of vagina treatment, you can resume normal sexual life.
- 15. High safety: safe and effective through advanced technology approval and clinical trials, without any impact on natural delivery.



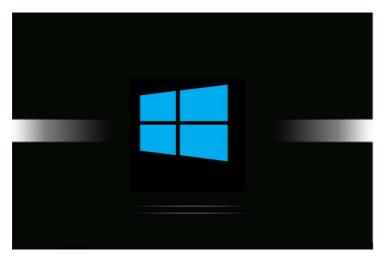
Installation

1.Insert the corresponding handle wire into the corresponding socket on the host and fix the screws (install at the hole position, then lock the handle); Then plug the power cord into the power socket and connect it to the power supply line which is suitable for the voltage within the normal working range of the instrument.

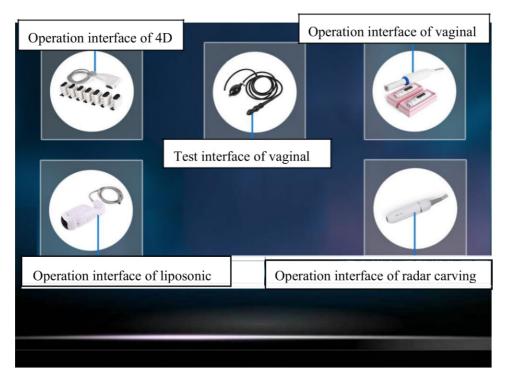
Interface introduction

1.Start-up

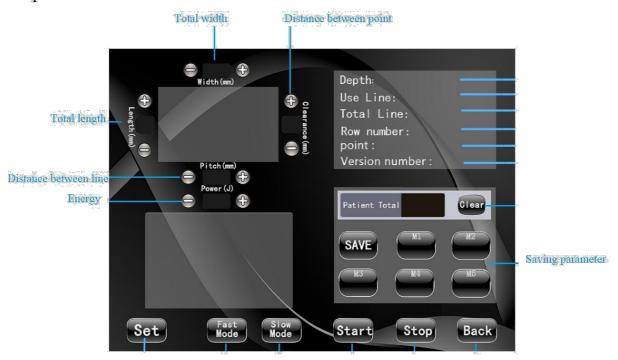
Please check whether the connection of the instrument is normal, and press the power switch of the host, the machine will start up and the boot interface appears as following picture.



After clicking the boot interface, it automatically enters into the professional work interface as following picture.



Operation interface of 4D



Operational interface of radar carving



2.4D multi-row operation interface

[Width(mm)] represents the total width of the energy region;

【Length(mm)】 represents the total length of the energy region of the ultrasonic beauty instrument:

【Clearance(mm)】 represents the distance between the freezing point in each line of the energy region;

[Pitch(mm)] represents the distance between each line in the energy region;

[Power(J)] represents energy; click [-] (decrease) [+] (increase) adjust the siz;

[Patient Total] represents the number of points recorded for treatment;

Click [Clear] clear treatment points; Click [Start] the instrument start working; click [Stop] the instrument stops working;

[M1] — [M5] represents the choice of parameter storage mode or recall parameters; and then click [SAVE] Save parameter storage; click [Back] represents return;

[Fast Mode] represents fast mode; [Slow Mode] represents slow mode;

【Depth】:Display the identified cartridge; 【Use Line】:Total number of cartridges; 【Total Line】:Remaining number of cartridge;

【Row number】:Display energy rows (1-12 rows);

[Point]: Display the number of energy points; [Version number]: Version

3. Operation interface of radar carving

【CARTRIDGE】 displays the depth of the identified cartridge.

【CURRENT】 represents the number of recorded treatments.

【CAPACITY】 display the total number of cartridges.

【TOTAL】 display the remaining number of cartridges.

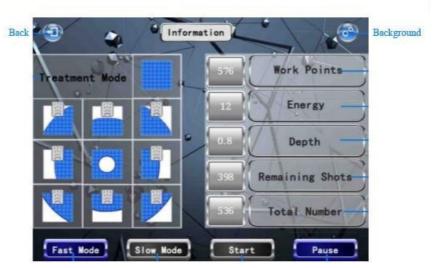
[J] represents energy(1-8J), click [\triangle] increase, [∇] decrease, adjust the amount of energy.

【Hz】 represents frequency of energy output is slow and fast(1-9Hz), click 【 \blacktriangle 】 (increase), 【 \blacktriangledown 】 (decrease), adjust the speed of the energy output frequency.click 【 START】, the instrument will start working; click 【 PAUSE 】, the instrument will stops working.

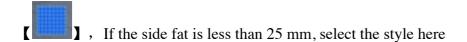
click $\llbracket \leftarrow \rrbracket$ represents to back to the selection interface.

4.Operation interface of liposonic:

Operation interface of liposonic



Treatment mode Trepresents the pattern of the energy emission output of the liposonic cartridge. The operating mode can only be selected when the instrument is in the suspended state, 576 output points in full style



for 300 output points, special style icon at the navel [] for 360 output points.

[Work points] represents number of points for current work, after starting work, the number of points will begin to count down. When the current work points is displayed as "0", the launch is completed.

[Energy] display energy(1-20), represents the intensity of the energy emitted by the focus point;

【Remaining Shots】 display the number of remaining rounds.

【Total number】 displays the total number of rounds.

[Fast mode] represents fast mode. [Slow mode] represents slow mode. Click [Start] instrument will start working.click [Pause] instrument will stop working.

Operation interface of private vaginal



5.Operation interface of vaginal:



【Round】 represents the total rotation angle of the cartridge in a circle; 【Angle】 represents the single rotation angle of the cartridge; 【Length】 represents the length of the energy dot; 【Pitch】 represents the distance

between points; [Power] represents energy; click [+] to increase, [-] to decrease, adjust the value.

【Total】 displays the number of rounds of cartridge after operating a circle.

[Line] displays the number of sent rounds.

【AUTO】 represents manual mode (need to press the handle operation button, press the energy to launch one shot).

Click 【AUTO】, the light on represents auto mode (Press the handle operation button once to finish a circle automatically). 【DS7-3.0】 displays the depth of the cartridge.

【RESIDUE/TOTAL】; Remaining rounds / total rounds.

【Ready】 (Handle self-check and rotate 360 and then reset, and the indicator light will be on when the reset is successful);

and then click 【Start】, the instrument will enter the working state.click 【BACK】 represents to return to the selection interface.

6.Test interface of vaginal:

- -- Vaginal use steps of the test tube:
- (1)Clean and disinfect the airbag head of the detection tube, and put a condom on the airbag;
- (2) Put the test head into vaginal (If needed use some Lubricants)
- (3) When test, separate the lags with the distance less than shoulder width. (Do not contract hip and thigh muscles to avoid affecting the accuracy of measurement)
- (4) Relax 6 seconds, natural breathing, and press save, this value will be the before treatment value.
- (The first measurement is the standard value of your vaginal firmness before the operation of the instrument)
- (The second measurement is the standard value of your vagina firmness after the operation of the instrument)
- (5) After the measurement, take out the cartridge and clean it, dry it with soft cloth and put it into the packing box for next use.
- 6 Corresponding to the values of the following vaginal elasticity test table to determine the exercise method.

Pressure value	Condition of vaginal tightening	Sensitivity	Suggested exercises
Under 60	Very bad	No	strengthen exercise
60-80	Relatively bad	Low	insist on exercise
80-120	Normal	general	moderate exercise
120-160	Good	Squirting	enhance exercise
Above 160	Very good	nymph	maintain exercise

Instrument instructions

- 1.Use range and operating energy parameters
- -- The usage range of 4D cartridge and the recommended operating parameters :

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[Width]: 8-11mm [Pitch]: 1.3-1.8mm [Clearance]: 1.5-2.0mm
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1.5mm cartridge: Neck / double chin / jaw / cheek /forehead [Power(J)]: 0.4J
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3.0mm cartridge: Neck / double chin / jaw / cheek 【Power(J)】: 0.6J

<mark>4.5mm cartridge</mark>: Neck / double chin / jaw / cheek 【Power(J)】: 0.6J

The usage range of Radar Carving cartridge and the recommended operating parameters:

Hz(Frequency): 6-8Hz, J(Energy): 4-6J

1.5mm cartridge: Neck / double chin / jaw / cheek / forehead.

3.0mm cartridge: Neck / double chin / jaw / cheek .

4.5mm cartridge: Neck / double chin / jaw / cheek, **4.5mm cartridge:** Chest.

--The usage range of liposonic cartridge and the recommended operating parameters:

▲ The above is the recommended energy value for each part of each cartridge's operation. For shallower locations (such as forehead and crow's feet), the energy can start from the lowest. It is better to adjust the energy from low to high to the range that the experiencer can bear. (If the guest can still afford it, it can be adjusted accordingly, so that the guest is suitable for non-tingling)

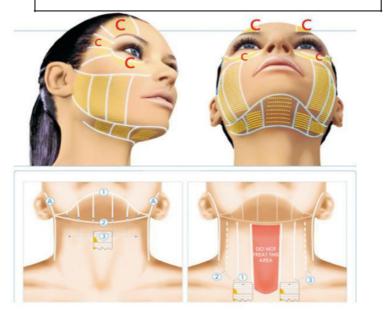
4D & radar carving operation steps

- (1)Cleaning the face \rightarrow Apply the product gel evenly to the area to be treated before the instrument is operated.
- (2) Face: First operate the 4.5mm cartridge, then operate the 3.0mm cartridge (synchronized 4.5 cartridge operated position), and finally operate the 1.5mm cartridge. (therefore, the operation of cartridge is from deep to shallow).
- (3) Before the operation of the instrument, replace the required therapeutic head, and the energy is adjusted from low to high to the extent that the experience can withstand.
- (4). Operational steps of 4D instrument, operate the position of the line (as shown below pictures).
- -- 4D whole facial operation: the depth of each cartridge is 200-250 rounds; -- Then operate the dead corners of the face with Radar Carving

(nasolabial), each cartridge operates about 800-1000 rounds.

C zone: Ultra-thin skin around the eyes, using a subcutaneous 1.5mm ultrasonic cartridge.





Operational exclusion zone: Avoid hairline, temples, eyes (eyeballs), Yintang, nose, upper lip, chin, larynx, aorta, and navel etc;

The thyroid area around the neck cannot be operated; When treating the body, the places of the nerves and blood vessels pass through, please do not operate. The position of cesarean scar must be avoided.

- (5) **Operational steps of Radar Carving:** The position of cheek is operated in a circle from the bottom to the top, and the mandible is from the bottom to the top, (Don't operate the position of the bone), nasolabial is operated in a circle from inside to outside along the cheek of apple.
- --Note: 1 second operational position is about 5 mm, move the cartridge;Don't stay for more than 2 seconds at the same part in the operation time.(Avoid eye area during operation).
- (6) The therapeutic head should be kept flat on the skin, and the operation spacing should be arranged closely during the operation.
- (7) During the operation, the experiencer should be constantly asked about the comfort level and the adjustment of energy level, so as to ensure that the experiencer can receive the experience in a pleasant state.
- (8) Repeated intensive treatment at the problem site (2-3 times).
- (9) Please make sure the skin is moist during operation. If the medium is dry during operation, please reapply the gel.
- (10) After operation, the face will be slightly red and feel hot, which is a normal phenomenon, and the face will be relatively dry.
- (11) After the operation, clean off the gel and make a moisturizing mask for the customer.
- (12) Such as: teeth or parts around the teeth, implant teeth, there may be a cold toothache. This can be done by inhaling to make the mouth bulge up or wrapping the teeth with gauze.
- (13) Postoperative repair of nutrients cell food and collagen for 1 to 6 months without interruption, the amount according to skin rehabilitation. (14)Do not drink or eat spicy food after treatment, and do not wash your face with overheated water or supercooled water within a week.Do not do hot yoga, sauna, face steaming and facial massage (to avoid facial compression
-) Apply a mask every day within one week to hydrate, pay attention to sun protection, and do not use radio frequency or light instruments for treatment within one month.
- (15) 3-5 times a course of treatment, once every 2-3 months.

3. Operation steps of liposonic

(1) Pick up the fat in the skin care area with your hands, and judge whether the fat thickness is more than 1.0cm and whether it is suitable for liposonic operation.

The corresponding therapeutic cartridge was selected according to different fat thickness.

Thickness of fat	above18mm.	above14m
Therapeutic cartridge	1.3mm	0.8mm

- (2) Cleaning skin;
- (3) Taking photos before the operation, so you can compare them after treatment, generally measure the upper part, middle part and lower part of the umbilicus. The position of measurement is marked with a cosmetic pen and the measured size is registered, and the picture is taken.
- (4) Using a cosmetic pen to mark the area to be treated for treatment, apply gel on the treatment area.
- (5) Entering into the operation interface of liposonic, adjust the energy intensity and working mode, and press the start button on the screen;
- (6) When the instrument is in the ready state, the beautician press the cartridge against the skin, and then press the operation key on the handle, the current working count of the system will start to count down. The cartridge cannot be moved in the working launching state, and then move to the next position after the energy is launched! When the current working point is displayed as "0", it means that the launch is completed. (**The blue light is always on when launching energy**).
- (7) If it's necessary to pause during work, press the pause button on the handle to suspend the output of energy; If you press the pause key on the host screen, the instrument will stop working and the motor will reset.
- (8) During the operation, the skin must be close to the surface without any gaps, and the gel should be fully uniform.
- (9) During the operation, the user's comfort and energy level should be continuously asked to ensure that the user accepts the experience in a pleasant state.
- (10) If the feeling of energy intensity is not enough can be added slowly, until the customer can accept it, the customer's feeling will have a slight tingling feeling or a slight heat feeling, which is normal phenomenon. The slight redness of the skin after the operation is normal because of the heat generated by the fat cells at the bottom of the skin.
- (11) After the operation, wipe the working handle and cartridge with soft cloth, and put them back to the working handle frame.

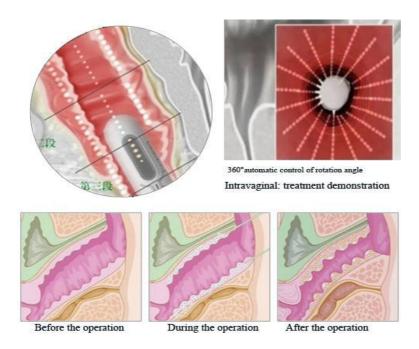
- (12) Measure the size of the treated area and take pictures of the effect after the operation. Measure the upper, middle, and lower umbilicus. The measurement position should be the same as the position measured before the operation.
- (13) Postoperative notes of liposonic: ① Since the treatment is non-invasive, there is almost no recovery time, so daily activities can be resumed immediately.② After the operation, we should properly control the fat diet and drink more water and properly strengthen the exercise, and the effect will be more obvious. Don't eat spicy food.③ Slight discomfort may be felt after the operation (such as redness, slight swelling, etc.), which can be eliminated within 2 to 3 days. With a single treatment for 1 hour, the maximum effect is seen within 8-12 weeks, which is also the time required for the body's natural metabolically damaged fat.

4. Operation steps of vaginal

Preoperative preparation: Special gel, iodophor disinfectant, saline, 75% disinfectant alcohol, medical gauze and large cotton swabs, disposable gloves and masks.

- (1) Keep skin and hair clean and hygienic before surgery; clean the vagina to prevent dirt from entering the skin with ultrasound or to prevent the penetration of ultrasound.
- (2) Before using the instrument, disinfect all cartridges and handles and wipe them dry; Select the appropriate cartridge to install on the handle, and the corresponding parameters of the cartridge will be displayed on the screen. (Suggested energy0.6-1.0J)
- (3) First clean the treatment site, wipe the vulva with iodine disinfection, and wash the vulva with normal saline.
- (4) Before the operation, use a test tube to measure the vaginal laxity, put a protective sleeve (condom) on the airbag head of the test tube and put it in the vagina for testing. After the operation, check the firmness of vaginal.
- (5) If automatic mode is required, click "auto". The auto key on represents the auto mode.
- (6) Apply the gel to the energy emission area of cartridge (the black film area of the cartridge). Note: The gel can be added more.
- (7) Put a condom on the cartridge. (if it is difficult to put it into the condom, apply lubricating oil on the condom surface if it's difficult to put it in)
- (8) After clicking the "Ready"button, the handle will rotate 360°, the handle will automatically rotate, and the reset light will be on. Click the "Start" button to enter the working state.
- (9) Operation process of cartridge: cartridge operated vagina in three sections. (The cartridge is first pushed to the cervix, from the inside to the outside); First, use 4.5 cartridge to finish the operation, then use 3.0 cartridge to operate the whole process in the same way. The cartridge is close to the vaginal wall (30 to 40 minutes)

- (10) Inserting the cartridge into the end of the vagina, and the "0" degree scale is at the top. If the automatic mode is selected, just press the operation button on the handle once to finish a circle and automatically reset.
- (11) For example, if the manual mode is selected, press the button on the handle to send a line. After operation is completed, the handle rotates a preset angle and pauses., and then press the button on the handle again to send a line, the handle rotates the angle again, repeating the operation in this way until all the operations set for the current time are completed.
- (12) The manual mode is to press a line until you complete a circle of 360 degrees, and the handle resets itself.
- (13) After completing the operation, remove the condom and clean and disinfect the cartridge and handle with detergent.
- (14) Intraginal treatment is shown below



- (15) Postoperative notes of private vaginal:
- -Without any special care, normal cleaning is OK.
- -After the surgery, there will be a slight swelling inside the vagina, telling guests not to worry. It usually subsides in about five hours. In some treatment sites, there may be very small and slightly white energy points, but these are usually normal, it's warm and temporary reactions.
- -Secretion will increase, which is normal and you can always prepare a pad.
- -In a very small number of people, small blood spots appear in the vaginal mucosa and they will disappear automatically within a few days to weeks. The reason is due to improper operation of the operator during treatment, which is caused by excessive energy acting on the mucosal layer.
- -The treatment time for other equipment after treatment is one month.
- -One week after treatment, you can have normal sex life.

-3-5 times a course of treatment, once a month.

Use precautions

1.Use Precautions of radar carving,4D,Liposonic as follow:

- (1) Menstrual period, pregnant women or pregnant planners within a month should be cautious
- (2) The position of prosthesis and scar should be avoided;
- (3) Injection of hyaluronic acid needs to wait for half a year before ultrasound treatment;
- (4) Those patients should be used cautiously who has history of incomplete wound healing liver, or close to the treatment site where there is a large metal.
- (5) Those patients should be used cautiously who with malignant tumors, hemophilia or severe bleeding, serious diseases, skin diseases and infectious diseases;
- (6) Those patients should be used cautiously who has diabetes, hypertension, hyperthyroidism, asthma, heart disease, kidney disease, heart rhythm, implantable cardiac defibrillator, or other electromagnetic implantable medical devices, etc.
- (7) Before using the instrument, clean the skin of the treatment site to prevent dirt from entering the skin with the ultrasound or preventing the penetration of ultrasound. Please remove all metal objects from your body before treatment to avoid unforeseen conditions that may affect the curative effect.
- (8) It's forbidden to operate without gel medium. It's better to use the medium with a certain viscosity, which is conducive to the better fusion of ultrasound and skin, and to prevent the gap from causing reflection, which is not conducive to the better conduction of sound.
- (9) Do not repeat too much for each treatment area, no more than 2 times to avoid skin redness and swelling.
- (10) The degree of cartridge heat does not represent the size of the ultrasonic power output; small concentrations of liquids or drugs should not penetrate directly, otherwise it will easily cause dry skin.

2. Vaginal precautions of use are as follows:

- (1) Those shall be prohibited who have no sexual life experience, or in menstrual period, gestation period or have just had an abortion;
- (2) Patients with common diseases but in the onset period are not suitable for use. It is recommended that the body recover before treatment.

- (3) Patients with tumor near vagina are forbidden; patients with serious venereal disease are forbidden;
- (4) The inner wall of vagina should be used cautiously if there is slight wound on the surface, and it is forbidden if the wound is more than moderate;
- (5) Cervical erosion is prohibited for second and moderate vaginitis, and patients with severe gynecological diseases are prohibited;
- (6) Vigorous exercise is forbidden within one day after treatment, bicycles, tub baths, and intercourse are not allowed within one week;
- (7) After the treatment, please pay attention to diet, and don't eat raw food, cold food, and spicy food ,Do not take aspirin and other anticoagulant drugs, do not smoke, eat more fruits and vegetables to prevent constipation.
- (8) After 6 months or 1 year postpartum, treatment can be performed. If artificial lactation continues after 6 months postpartum, treatment can be performed after complete weaning is stopped.