**Advanced Surgery Center Colonoscopy Checklist**

[ ]  Review E-mail/paper instructions from the GI Dr’s office

 (Double check your spam mailbox and immediately contact the GI Dr’s office or

 Advanced Surgery Center at 301-838-0437 if you do not have your instructions.)

[ ]  Purchase the bowel prep prescribed from your doctor (Miralax, Ducolax, Clenpiq, Suprep etc.). You might also want make sure you have Gatorade (NOT red or purple flavors)

[ ]  Arrange for someone to take you home. If you do not have a ride, the procedure will have to be rescheduled. (Must be a friend or a family member over the age of 18)

**Day before the procedure**

[ ]  NO solid food all day

[ ]  Only drink clear, transparent liquid

 (Water, sprite, Gatorade, clear broth, black coffee, apple juice etc.)

[ ]  Begin the bowel prep regimen as ordered by the physician

 (Make sure you follow your doctor’s instructions NOT the manufacturer instructions)

**Day of the procedure**

[ ]  STOP drinking liquids at least 3 hours before your procedure time

 (No Water, No Gum, No food)

[ ]  Arrive at the Advanced Surgery Center 1 hour before your procedure time

[ ]  Do NOT take any recreational drugs

**Remember to Bring**

[ ]  Photo ID

[ ]  Insurance Card

[ ]  List of current medications

Additional Information:

* You should expect to be at the center for about 2.5 – 3 hours
* Your ride will be called about 30 minutes before you are ready to be picked up