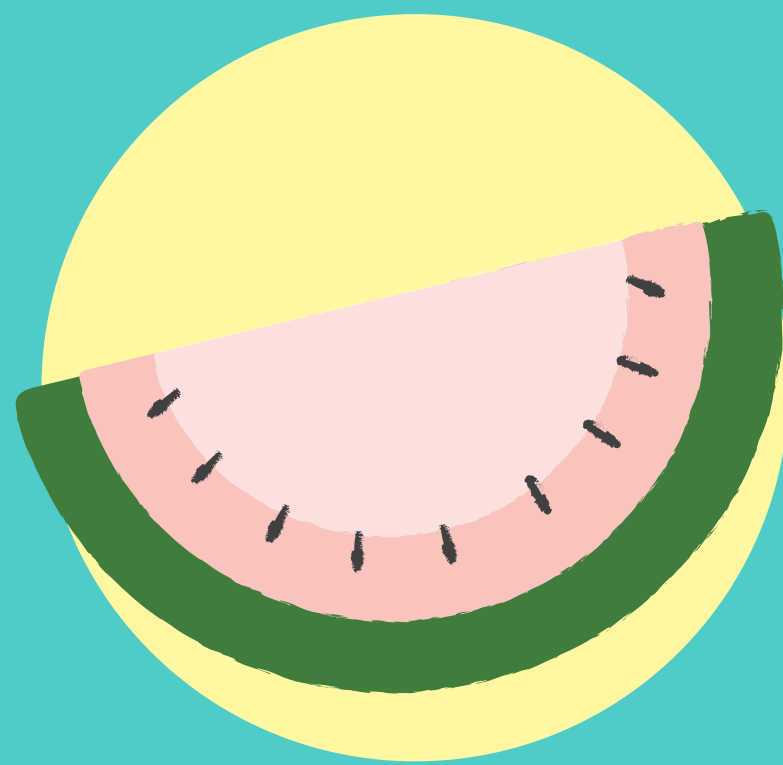


# THE BASICS



## SET A GOAL

Download our online goal-getter and get ready to write an instruction manual for your life.



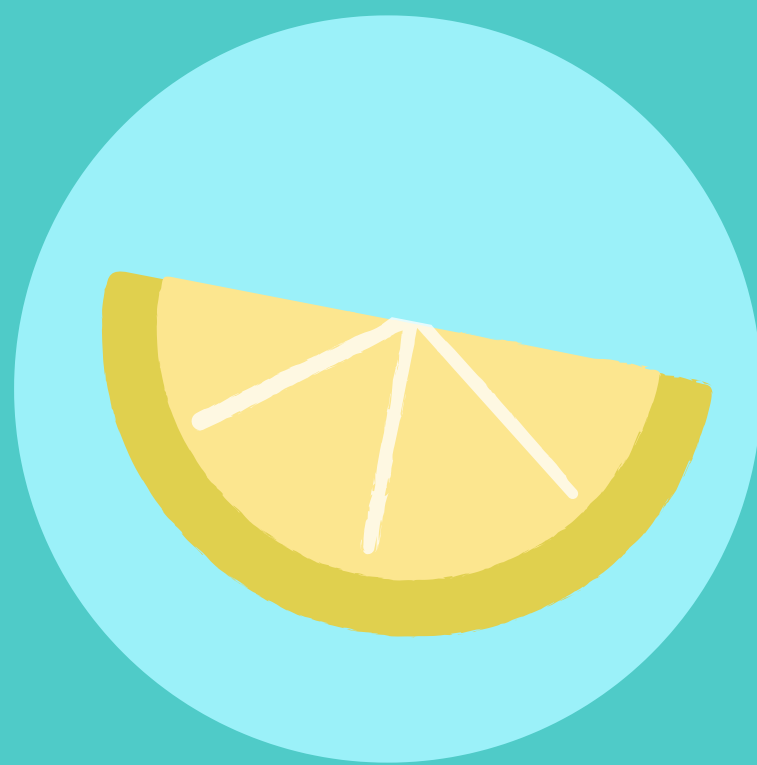
## IDENTIFY ISSUES

Laying out all of your obstacles will make it less difficult for them to get in the way.



## CREATE SOLUTIONS

Create several ways to focus on the positive when you need some grace or space to regroup.



## FIND A MENTOR

Choose a trusted partner in your area, join our online community, or seek information about your own role model.



## CREATE A PATH

Time to get to work on the goal-getter, and fine tune the details that you'll need to succeed.



## TAKE ACTION

The plan is great, but it's time to put it into action and see you live out your WHY.