

Gold Medal Ragdolls

🐱 Everything Your Kitty Loves 🐱

Hello Gold Medal Ragdoll Family! 🐱 THANK YOU for trusting me to raise your new babies for the beginning part of their long&healthy lives! Here is a detailed list of Everything that I have learned to be helpful so your babies transition is Purrfect! A lot of stuff on these list are from TEMU & I have personally ordered everything listed. Contact me anytime if you need any help or have questions! ***These are all recommendations and don't need to be purchased before you get your kitten. *** Also, if something linked is out of stock, let me know and I will help find an alternative! Most of the time the same item is still available!*** 🐱 Don't forget your local animal shelters this time of year! If you can & it's in your heart to DONATE OR ADOPT~ Please contact your local animal shelter or rescue! I personally donate as often as possible to my local Kitty Foster Rescue "Sparkle Cat Rescue"

- [Kelly's Local Kitty Foster Donation Link~ Sparkle Cat Rescue](#)

Gold Medal Ragdolls Daily Kitten Routine Guide for New Ragdoll Parents 🐱

1. Free-Feeding Dry Food (All Day)

*I mix/rotate between Rachael Ray Nutrish and these newly found, great quality affordable brands I recently added to our rotation from Tractor Supply. Feel free to alternate or switch to any other High-quality, AAFCO-complete dry food * See links below to our

- ☐ [4Health~ Wholesome Grains](#)
- ☐ [4Health~ NO Grains](#)
- ☐ [Kitten Dry Food](#)

Brand: Rachael Ray Nutrish	Key Features
Everyday Digestion	Higher fiber content for digestion; slightly lighter on fat; good for cats prone to softer stools.
Healthy Aging (for my older cats but still a good dry food!)	Added fish meal & fish oil for omega-3s; antioxidants like cranberries; slightly more calories for senior cats.
Whole Health Blends *Chicken & Brown Rice* & *Salmon & Brown Rice*	Includes flaxseed (plant omega-3), lentils, blueberries; balanced for general adult cats.

*Please Free-feed in a clean dish; refill as needed.

2. Wet Food Meal (1–2x/day)**No Byproducts, Artificial Preservatives, Synthetic Colors or Flavors**See above link to Tractor Supply for more of the foods I recently added to our rotation!

- ☐ *At this time, these wet foods works best for my Cattery! *Nulo Medal Series* They come in 5.5oz & 12.5oz cans & Chewy offers more flavors than PetSmart for a slightly higher price. (I order from both for my Cattery) [Nulo](#)
- ☐ *I found this food at dollar tree which still has it occasionally & turns out after years of Daddy Alfred not liking ANY wet food, he will actually devour this! His coat has also seemed to have improved after eating this for a couple of months now! *Salty Cat*. [Dad Alfreds Favorites](#)
- ☐ *TikiCat AfterDark. (Sold online & at most Pet Stores!)*I get this when it's on sale even though it's already a "budget friendly food" because they like it and it's more like a treat for my cats. If Fancy Feast is all your picky kitty will eat, then that is totally fine! I would suggest the Nulo linked above if you haven't tried it! [Tiki Cat](#)
- ☐ I do love to make homemade Cat Food or Toppers to add to dry food! Let me know if you would like that full recipe! These are some good ingredients to cook for your baby alone or add to dry food! (Chicken breast/thighs- Chicken liver&Gizzards-100% Pure Pumpkin- Ready Oats)

3. Dental Care is so important!

- ☐ *Pet dental finger wipes are what I have found to be the easiest way to "brush" kitten's teeth!
- ☐ *Treats: Greenies Feline Dental Catnip Flavor 🐱 Give 1–2 treats per kitten daily, ideally after a meal. Shake a few on the floor or in a toy — enrichment + exercise
- ☐ *Preventative care- Sprinkle "Plaque powder" on dry food Or Dental water additive. (Follow directions on packaging)

4. Coat & Skin Health

- ☐ *Ensure hydration: Wet food + Water Fountains
- ☐ *Brushing: 2–3x/week to reduce shedding and prevent matting. Occasional light damp towel rubs for shine

5. Enrichment & Play

- ☐ *Interactive toys, climbing shelves, and Treat games/puzzle feeders
- ☐ *Safe solo toys for independent play, Cat wheel, Springs, scratching post!
- ☐ *YouTube Cat Tv/Underwater calming music!

6. Simple Kitten Feeding Schedule Example

Time	Activity
Morning	Free-feed dry food; optional sprinkle of water/ broth
Midday	Short play session with toys or treat puzzle
Evening	Wet food + optional topper; 1–2 dental treats after meal
Any time	Free play, brushing, cuddles & kisses

Commercial Wet Food Recommendations:

It won't take much time to get to know your kitties and how much wet food they need/want. I would start with doing about 3oz, 2 meals a day whenever is convenient for your schedule. These are easy available online & at most pet stores!

- ☐ [Share With](#) Nulo Grain-Free Pate Wet Canned Food for Cats & Kittens.(All Flavors!)
- ☐ <https://a.co/d/0gqoW2b> -Tiki Cat After Dark.. Very similar to my homemade food!
- ☐ <https://a.co/d/6m9Hx9t> - Halo Variety Pack
- ☐ <https://www.petsmart.com/cat/food-and-treats/wet-food/authority-everyday-health-cat-wet-food--66-oz-flaked-in-gravy-withgrain-63498.html> -- PetSmart Brand "Authority"
- ☐ <https://a.co/d/h6OSADr> -- Amazing supplement powder for digestive health with Pre & ProBiotics. A little bit can be added to canned or homemade food! (Optional)
- ☐ <https://www.walmart.com/ip/155905574?sid=fc120ba4-8015-4082-bd01-c197cc409e97> -- Bee Pollen is Good for their immune system! A little bit can be added to canned or homemade food! (Optional)

Treats:

Catnip treats,toys, and spray are always a hit! They know the sound of the box when I shake it! So I do recommend getting the bigger container of these catnip treats! 🐾

- ☐ <https://a.co/d/0amZXeM> -- Greenies CatNip Dental Treats
- ☐ <https://a.co/d/5m5atwm>--Silvervine Sticks
- ☐ <https://www.walmart.com/ip/14284794?sid=67d0bf48-2590-4c4a-80d9-bb784b003889> -- CatNip Mist/Spray

Food&Water Dishes/Bowls:

Anything Ceramic/Glass/Stainless Steel ~ NO PLASTIC! ~ I have found nice stainless bowls at Dollar Tree (\$1.25) ALWAYS check water dishes and make sure they are clean and that your kitty always has fresh/clean water! Water Fountains are optional, but Stainless Steel or Ceramic Water Fountains are highly recommended! I have gotten some from Amazon and Temu depending on which ones I like were on sale!... Replacement filters can also be found on Temu for a fraction of the price!

- ☐ <https://a.co/d/hjV8RWV>
- ☐ <https://share.temu.com/kDbzPYsXN6C>

Litter:

Clumping Clay litter works best for me, if you have a different preference... your kitty will adjust!

- ☐ <https://www.walmart.com/ip/42132300?sid=156f32c7-9f20-475f-81d6-022553220808>
- ☐ Litter deodorizer really helps with any odor! Just sprinkle a little in whatever box you use and give it a little mix!<https://www.walmart.com/ip/415308582?sid=f97e4c43-083f-434b-83c5-16ecce3e7fdc>

Regular Litter Box:

All my cats&kittens are used to every and all types of litter boxes! The favorite "regular" litter box is a 18 gallon storage tub from Walmart that I cut a big hole out of the lid and they go in and out of it. Really helps with tracking liter, it's big enough for my all of my biggest cats, and the tubs are under \$10!! (Picture for reference📷)

- ☐ <https://www.walmart.com/ip/716536537?sid=8648cb01-773f-435e-b2b7-cab51f049ff8>



- ☐ Having a good pooper scooper is so important and helpful in "tough" situations 🐾 this scooper is really great even if you have an automatic box! Sometimes you will have to scrape off leftovers on the sides or if it missed a 💩 ...🐾 <https://a.co/d/1TA3wqD>
- ☐ <https://share.temu.com/qyKOGqYDVUC>

Automatic/Self Cleaning Litter Boxes & Stainless Steel Box:

Having a self cleaning automatic litter box is so helpful especially if you have a busy lifestyle! And with so many options and large price tags, it's hard to know which one to get! Well... after several failed attempts, these are my 3 personal favorites! They both come with litter mats which is nice and all my kittens will be able to use both before going to their furrever homes!

- ☐ <https://share.temu.com/FVslKbwNtYC>
- ☐ <https://share.temu.com/yApS5j6U7zC>
- ☐ <https://share.temu.com/hFNOjv21tzC>

Air purifiers:

Having an Air Purifier is optional. I do believe that having one either by the litter box and or where your kitties hang out the most is very helpful with reducing odors and improving your air quality! These are all great especially when they go on sale!

- ☐ <https://a.co/d/aRrfThf>
- ☐ <https://a.co/d/4ZPxycI>
- ☐ <https://a.co/d/cIWLg5H>
- ☐ <https://a.co/d/etBx1Rl>

Scratching mats/beds & Cat Trees:

Your kitties and furniture will thank you! Kittens & Cats love to be high up! Especially by a window to be able to look outside! Having a nice place for them relax, scratch, and play is very important. Here are some links to some cat trees styles that have worked for my cattery! P.S. they love the trees/condos with large hammocks!

- ☐ <https://share.temu.com/R9ID0tsvyLC>
- ☐ <https://share.temu.com/gtZnYNGyYJC>
- ☐ <https://share.temu.com/HiailYO9dEC>
- ☐ <https://share.temu.com/BSJhyYOzZHC>
- ☐ <https://share.temu.com/agOkGWNqdfC>

Toys:

No need for expensive toys! They will be happy to play with anything you drop on the floor 🐾 and make sure you let them play in the magical boxes big or small that show up at your home! Boxes are good to put catnip in! That way after a day of fun, you can recycle or trash it! So besides trash, here is a list of cat toys they actually do love! (I will also send them home with a few. One being a wand toy, which is AMAZING to be interactive with them to bond, get them out of hiding spots & to get out some energy before bed-- thank me later 🐾) Also, NO FEATHERS! NO COLLARS!

- ☐ <https://share.temu.com/Fi3bPEILT7C>
- ☐ <https://share.temu.com/02PgJWRDGC>

Smell Goods/Grooming:

I personally don't think bathing kittens/cats is necessary unless, for whatever reason they get really dirty. As they get older and their fur gets longer, Occasionally their bottom will get some leftover 🐾 and litter that they will need your help cleaning. But if bathing or taking your kitties to the groomer is something you want to do, that is completely fine! Trimming nails & brushing their teeth should be done once a month or whenever you see they need a manicure 🐾. Brushing your kitties hair should be done regularly to reduce shedding. Here is a list of my favorite things to keep your ragdoll baby looking and smelling beautiful! 🐾

- ☐ I love this smell! I spray some of this on my hands and then rub it on the kitties.. they don't like it when it's sprayed directly on them! <https://a.co/d/aVar7Q4>
- ☐ Great tools to get hair off of clothes and furniture! <https://share.temu.com/VHuPCKbehVC>
- ☐ <https://a.co/d/coNyqXB> -Teeth
- ☐ <https://share.temu.com/HTNRajRo0nC> ~Nails
- ☐ <https://share.temu.com/ChC7EOoeCpC> ~Brush kit
- ☐ <https://share.temu.com/L0wQbSgkKmC> ~Grooming Vacuum kit
- ☐ <https://share.temu.com/Hooo57nJluC> ~clipper set

Cat Wheels:

Completely optional! Not all kitties like the cat wheels, if having one of these interests you, let me know and I can let you know if your kitty is one that would use it! I have 3 wheels so the kitties can start exercising early! 🐾🏃

- ☐ <https://share.temu.com/Ng0X5BZXZ8C>

Cat Carriers/Travel:

Having a nice spacious carrier that will last is very helpful for picking up your babies, Vet visits & if you plan to travel! These are some that I have and recommend!

- ☐ <https://share.temu.com/F34jUJsuNEC> ~Stroller W/Detachable Carrier
- ☐ <https://a.co/d/3J0Fhya>
- ☐ <https://share.temu.com/ld60CGduOic>
- ☐ <https://share.temu.com/wOwTfbGCRXC>