



NO.3

VIRGINIA ASSOCIATION OF MINORITY PAs

OCTOBER 2024

WELCOME TO OUR

# Quarterly Newsletter

## The President's Corner



**Dear VAMPA Members,**

Happy PA week!!! I am so thrilled to serve as your President as we celebrate together this year. PA week serves an opportunity to educate the public and promote awareness of the PA profession. Over the years, PAs have become integral members of healthcare teams, known for their versatility, ability to practice in various specialties, and the trust they build with patients. The week emphasizes the impact of PAs in both urban and rural settings, highlighting their contributions within the healthcare system. PA Week also encourages aspiring medical professionals to consider a career as a PA, celebrating the diverse opportunities within the field and the growing demand for their skills. PA Week is a well-deserved recognition of their dedication to improving health and wellness in communities nationwide.

### In this newsletter:

PA Week Member Spotlights,  
General Body Meeting Reminder,  
Volunteer Opportunities,  
Membership Renewal, VAMPA  
Mixer, 2025 Board Member  
Elections, and more.  
Keep Reading!

This week, VAMPA Secretary, Na'Zae Clark, MPA, PA-C, and I will be presenting to students within Norfolk Public Schools about the PA profession. We're thrilled to be doing this during PA Week!

I'm excited to announce that our Annual Fall Webinar was a great success, with over 80 attendees who gained valuable insights on Health Equity and the Manifestations of Lupus, as well as from our exceptional student panelists. Thank you to our speakers and hosts for their outstanding work!

### Add to your calendar:

1. **General Body Meeting**
  - October 17; 7:30pm-8:30pm EDT
2. **Pharmaceutical Dinner for PAs - Butcher's Son Restaurant**
  - November 14; 6:30pm EST
3. **Heart Walk Volunteer Opportunity with American Heart Association**
  - November 16

I'm excited to celebrate with you and stand together in advocating for the profession. I look forward to seeing you at our next General Body Meeting!

Best Regards,

*Olushola Alogho, MPA, PA-C*

**President, Virginia Association of Minority PAs**



## PA Member Spotlights for PA Week – October 6 – 12!

**PA WEEK IS OCTOBER 6 - 12TH!**

We are looking for PA member spotlights to highlight each day during PA week! Please email [virginiaminoritypas@gmail.com](mailto:virginiaminoritypas@gmail.com) with a brief bio and headshot photo if you want to participate. Look out for our social media for VAMPA Board and member spotlights. Be sure to follow our social media for PA-related posts throughout the week!



## General Body Meeting

**THURSDAY, OCTOBER 17 AT 7:30PM-8:30 EDT**

As a reminder, our first General Membership Meeting for 2024 coming up on Thursday, October 17th from 7:30pm-8:30pm EDT for all PA, PA student, and Pre-PA members that will be held virtually.

Mark your calendars! More information will be coming soon about this!

[virginiaminoritypas@gmail.com](mailto:virginiaminoritypas@gmail.com)

[HTTPS://VAMPAS.ORG](https://vampas.org)



Join us for a peer discussion on  
**RESCUE THERAPY: RETHINKING  
FIRST RESPONSE FOR FREQUENT  
SEIZURE EPISODES**

**Nayzilam<sup>®</sup>**  
(midazolam) nasal spray

PRESENTED BY:  
**Daniel Antonio Graf, MD**

DATE AND TIME:  
Thursday, November 14, 2024 6:30 PM EST

LOCATION:  
The Butchers Son  
1556 Laskin Rd , #134  
Virginia Beach, VA 23451

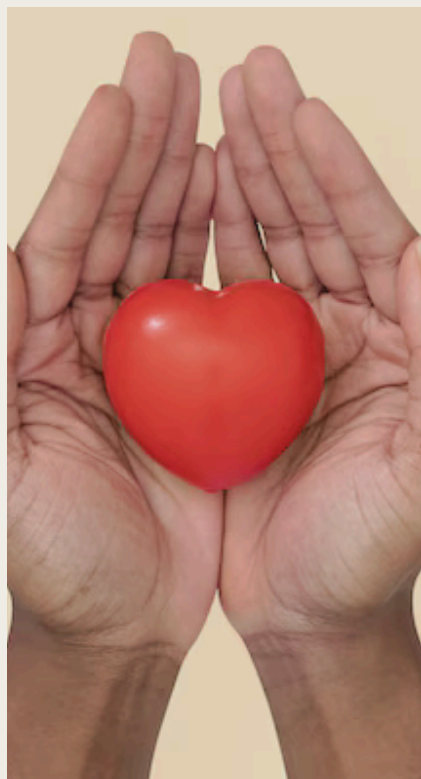
Please do not forward the invitation.  
No guests or spouses may attend this program.

Please RSVP by contacting your UCB representative:  
Name: Amy Dudeck      Email: Amy.Dudeck@ucb.com      Ph: 757-707-6398

## Pharmaceutical Dinner for PAs

**THURSDAY, NOVEMBER 14 AT 6:30PM EDT**

Our first pharmaceutical dinner for **PAs only** is at Butcher's Son Restaurant at 6:30 PM EDT. Please sign up by emailing: amy.dudek@ucb.com and CC virginiaminoritypas@gmail.com.



## Hampton Roads Heart Walk, Southside with American Heart Association!

**SATURDAY, NOVEMBER 16**

VAMPA is volunteering with the American Heart Association!

If you are local to the Hampton Roads, VA Beach area, the Heart Walk will take place on Saturday, November 16th, 24th Street Park at the Virginia Beach Oceanfront. Please sign up using the link below to make an impact in the community. Indicate you will be volunteering with VAMPA.

<https://form.jotform.com/222195853439161>

**virginiaminoritypas@gmail.com**

***HTTPS://VAMPAS.ORG***



Olushola Ilogho, MPA, PA-C  
**President**



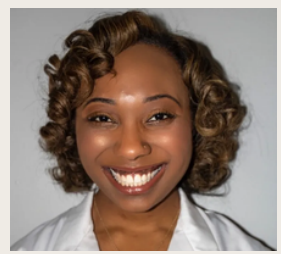
Na'Zae Clark, MPA, PA-C  
**Secretary**



Joshua Montgomery, DMSc, MPH,  
PA-C  
**Treasurer**



Kimberly Sapre, DMSc, PA-C, CAQ-  
EM, DFAAPA  
**Executive Director**



Dominique Tarrant, MPH, PA-S  
University of Lynchburg PA  
Medicine Program  
**Student  
Representative**

## 2025 Elections for New Board Members

We are preparing for the 2025 elections to fill new board member positions, which will take effect in April 2025. Look out for emails coming your way before the end of the year, inviting nominations for board positions!



## VAMPA Membership Renewal

**Attention to all PA Fellow Members, Associate Members, and Retired Members!**

It is time to renew your VAMPA membership if you have been a member for over a year.

Membership allows for our yearly annual webinars, and helps us work on our mission to promote Diversity, Equity, and Inclusion within the Virginia PA workforce.

Membership is free for Pre-PA members and PA Student members **only**.

[virginiaminoritypas@gmail.com](mailto:virginiaminoritypas@gmail.com)

[HTTPS://VAMPAS.ORG](https://vampas.org)



## VAMPA Mixer Interest Survey

We are seeking to determine interest in hosting a mixer. If you would like to participate, please sign up below!

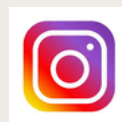
<https://forms.gle/qtECuzhNfESzUbG6A>

Thank you for reading!

CONNECT WITH US.



Virginia  
Association of  
Minority PAs



@virginiaminoritypas

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