

HOPE IN RECOVERY CENTER August 2025

HIRC meets at the House of Hope during the Lighthouse Church basement kitchen remodel. (Exception: Mental Health Group continues to meet in the LHC basement) HOH Address: 111 9th Street S, Fargo - LHC Address: 21 9TH Street S, Fargo PHONE: (701) 809-3758 - A PLACE WHERE WE LIVE RECOVERY TOGETHER ONE DAY AT TIME

SUN	MON	TUE	WED	THU	FRI	SAT
					1 11:30-12:30 MEAL 1:00 MOVING MEDITATION	2 11:00 RA 12:00 ACA
3 CLOSED	4 11:00 MEMBER MEETING 3:00 CARDS & BOARD GAMES	5 11:30 RUMMY 3:00 CODA	6 10:00 P&B GAMES 11:30-12:30 MEAL 1:00-3:30 AH 4:00 MH GRP	7 1:00 MEMBERS CHOICE 3:00 RELATIONSHIP SKILLS GROUP	8 11:30-12:30 MEAL 1:00 MOVING MEDITATION	9 11:00 RA 12:00 ACA
10 CLOSED	3:00 CARDS & BOARD GAMES	12 11:30 RUMMY 3:00 CODA	13 10:00 P&B GAMES 11:30-12:30 MEAL *COMM NURSE* 1:00-3:30 AH 4:00 MH GRP	14 1:00 MEMBERS CHOICE 3:00 RELATIONSHIP SKILLS GROUP	15 11:30-12:30 MEAL 1:00 MOVING MEDITATION	16 11:00 RA 12:00 ACA
17 CLOSED	*EVENT SEE BELOW*	19 11:30 RUMMY 3:00 CODA	20 10:00 P&B GAMES 11:30-12:30 MEAL 1:00-3:30 AH 4:00 MH GRP *EVENT SEE BELOW*	21 1:00 MEMBERS CHOICE 3:00 RELATIONSHIP SKILLS GROUP	22 11:30-12:30 MEAL 1:00 MOVING MEDITATION	23 11:00 RA 12:00 ACA
24 CLOSED 31 CLOSED	3:00 CARDS & BOARD GAMES	26 11:30 RUMMY 3:00 CODA	27 10:00 P&B GAMES 11:30-12:30 MEAL 1:00-3:30 AH 4:00 MH GRP	28 1:00 MEMBERS CHOICE 3:00 RELATIONSHIP SKILLS GROUP	29 11:30-12:30 MEAL 1:00 MOVING MEDITATION	30

LHC: LIGHTHOUSE

CHURCH

HOH: HOUSE OF HOPE AH: ART HANGOUT P&B GAMES: PUZZLES AND BOARD GAMES MH GRP: MENTAL HEALTH GROUP ACA: ADULT CHILDREN

OF ALCOHOLICS
CODA: CODEPENDENTS
ANONYMOUS
DA: DECOVEDIES

RA: RECOVERIES ANONYMOUS

AUGUST EVENTS:

August 4/11:00AM: Members Meeting

August 13/11:30AM-12:30PM: Community Nurse will be at the HOH during the meal

August 20/3-7PM: Come serve dinner with us at the First United Methodist church, there are many ways to help. Please sign up to help us ensure all areas are covered.

August 18/1-5PM: Scenic Nature time, location to be determined at the August 4th Member Meeting. Watch for details.

CENTER HOURS:

SUN-CLOSED MON 11:00AM-5:00PM TUES 11:00AM-5:00PM WED 9:00AM-5:00PM THUR 9:00AM-6:00PM FRI 9:00AM-4:00PM SAT 10:00AM-2:00PM

SEPTEMBER:

1: Closed for Labor Day 8: Member Meeting Bring a friend