

LIGHTHOUSE CHURCH

THE BEAM

September
2026

Hello Lighthouse family! Welcome to The Beam!

It has been a while since our last newsletter, but we are happy to be back as the summer comes to an end and the leaves begin to change colors. There are lots of things happening this fall at Lighthouse Church, and we are excited to share not only what we did this summer, but what's to come in the months ahead!

In this month's issue, you can read on to hear from Pastor Dale as he introduces our fall sermon series, learn about what we did this summer with our summer recap segment, and get updates on our kids and youth ministries!

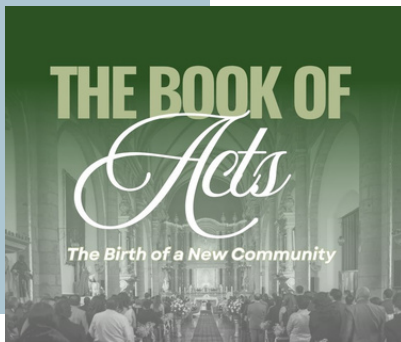
There's also a staff-inspired Fall Bucket List to spark some inspiration this fall and a special spotlight story, *Around the Lighthouse Table*, that highlights the growth happening in our ministry revolving around food and our weekly meals!

Read on to learn more! Enjoy!



Summer Recap!

We had an amazing summer filled with different events and fellowship at Lighthouse this year!



Summer Sermon Series!

In May, we started our summer sermon series, *Acts: The Birth of a New Community*. Over the past few months, we've been going through the book of Acts—learning about the story of the early church and even hearing from guest speakers! We have now wrapped it up and stepped into something new for the fall!

Lighthouse Medora Trip!

We also went on a trip to Medora in June as a church family! We had a great turnout, and despite the weather that didn't cooperate during the trip, we still made the most of our time enjoying the scenery and fellowship!



Kids & Youth Summer Bible Camp

Our kids and youth had the opportunity to attend Summer Bible Camp at Inspiration Point in June as well! Thanks to amazing donors through Giving Hearts Day, we were able to send 16 students! We are so blessed to be able to provide our kids and youth with the opportunity to experience the Lord in a new way!

Annual Baptism Day

We had another successful Baptism Day at Lighthouse in August and this year, we stayed in town! We held our baptisms at the Hulbert Aquatic Center and had 27 people baptized! Following the baptisms, we went to Lindenwood Park for a fellowship picnic to celebrate such an amazing day! Our Annual Baptism Day is the biggest day of the year for Lighthouse Church, and we are so thankful for our church family who volunteers and takes part in it with us.



Pastoral Message

Pastor Dale Wolf



Mental health matters. I've learned that professionally, I've learned that personally. Life is better when we take care of ourselves. Our Lighthouse is a place where we can get help and support in our efforts to take care of ourselves. It is also a community, a family who strives to help care for one another as well. I am so grateful for what God is doing in our Lighthouse ministry.

One of the biggest surprises for me in this ministry is the magnitude of mental health issues that make up this Lighthouse community. Honestly, it can be overwhelming. I know that mental health issues can also be overwhelming to you. I've learned a lot over these last years, again, professionally and personally. I help facilitate the weekly Mental Health Support Group each Wednesday at 4:00 PM. It is well attended and has made a difference in the lives of those who attend. Thank you for teaching me so much.

This fall I will be sharing a series on Sunday's titled: *Mind, Body and Soul*. Our mental health affects our whole being. It affects us physically, of course mentally and even spiritually. I will be talking about some of what I have learned about self-care and how we can focus on better taking care of ourselves. Of course, we will also look at what the Bible has to say about mental health & self-care.

I suspect there is someone you know who does not come to Lighthouse, but who may benefit by being here this fall. Please invite them. It just may make a big difference in their life. God bless!
See you at the Lighthouse,

Dale Wolf
Pastor, Lighthouse Church

WHAT'S HAPPENING AT LIGHTHOUSE?

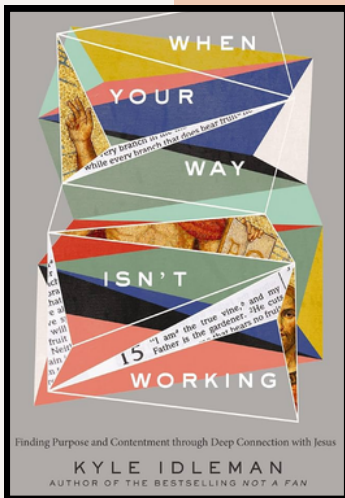
FALL SERMON SERIES

Mind, Body & Soul: Mental Health Matters!

We have just started a brand new sermon series for the fall!

Mind, Body & Soul: Mental Health Matters!

Join us on Sundays as we discuss self-care and mental health, and look at what the Bible says about those things!



FALL BIBLE STUDY

When Your Way Isn't Working, by Kyle Idleman

We have started a new Bible Study on Wednesdays and Thursdays, but it's never too late to join!

Join us for this video series as we look at Jesus' words in John 15 and talk about how to stay connected to Him--especially when life feels overwhelming!

Wednesdays at 6:30 PM | Thursdays at 1:30 PM at Lighthouse

MEN'S 33 SERIES

Monday evenings at 6:30 PM

The Men's 33 Series has started up again! This 6 session Bible study is designed to inspire and equip men to pursue authentic manhood as modeled by Jesus Christ in his 33 years on earth. It's not too late to join them on Mondays!



WHAT'S HAPPENING AT LIGHTHOUSE?

WOMEN'S SUPPORT GROUP

The first Tuesday of each month

There is a new Women's Support Group (*not to be mistaken for any type of recovery meeting*) that meets each month!

This group is designed to nourish our mind, body, and soul. They cover a variety of topics and incorporate fellowship and fun into each meeting!

They meet the first Tuesday of each month at 6:30 PM at The Big House: 921 2nd Ave S.



WOMEN'S BOOK STUDY

Detached: How to Let Go, Heal, and Become Irresistible

There is a Women's Book Study starting up next month on Tuesday, October 13th! They will be reading the book, *Detached: How to Let Go, Heal, and Become Irresistible*, by Sabrinda Alexis Bendory. If you would like to attend this study, they will meet on the 2nd and 4th Tuesday of every month at The Big House from 6:30-7:30 PM. Those who participate will have to purchase their own book.



Want to stay up to date on what's happening at Lighthouse? We have several ways that you can do so!

We upload daily schedule posts on our facebook page and have a public calendar on our website that list all of the meetings, events and more!

There's also a fall schedule attached on page #11

STAFF INSPIRED FALL BUCKET LIST

Do you need some fun things to do this fall? We asked our staff what is on their fall bucket list this year and used their answers to create a bucket list for you!

Happy Fall!



☐ Go camping



☐ Visit a Pumpkin Patch



☐ Enjoy a bonfire



☐ Watch football



☐ Cook a fall dinner



☐ Drink a fall flavored beverage



☐ Go on a walk or run outside!



☐ Visit the farmers market



☐ Burn a fall scented candle



☐ Go on a bike ride



☐ Go on a hike to see the fall colors



☐ Make some jam



☐ Watch your favorite Halloween/fall movie



☐ Make some s'mores



☐ Start a gratitude journal



☐ Go apple picking at an orchard



☐ Read a book



☐ Do a fall craft



☐ Do some baking

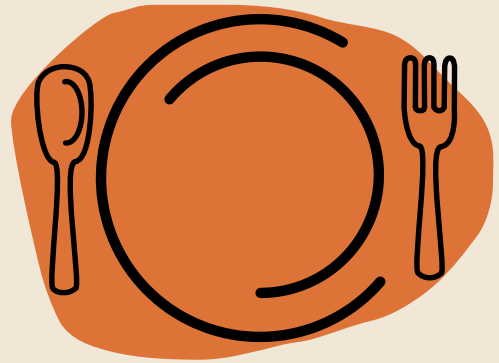


☐ Carve pumpkins

SPOTLIGHT STORY

Around the Lighthouse Table

Some of the most important things that happen at Lighthouse happen around a table. Sometimes, ministry looks like pulling up a chair and sharing a meal. At Lighthouse, the table has become an important place to serve, connect, and care for our community.



Serving meals is one way Lighthouse lives out its mission of meeting people where they are and extending a hand of support, but what started as a weekly meal has grown into something much greater!

Lighthouse Church has provided weekly meals on Thursday evenings at Celebrate Recovery for years. With the establishment of the Hope In Recovery Center, that ministry has expanded to include lunch on Wednesdays and Friday afternoons.



Over the summer, Lighthouse began partnering with the Great Plains Food Bank and Costco through Food Retail Rescue Programs. These partnerships provide an average of 500 pounds of food each week—helping us provide our weekly meals as well as take-away meals for individuals to bring home.

Every Thursday, a truckload of food arrives at Lighthouse. Our staff and volunteers work hard to unload and store it, making sure it can be put to good use. It's a lot of work, but our incredible volunteers make it possible—and help turn a truckload of food into plates on a table!



Staff and volunteers unloading the truck

In August alone, nearly 800 meals were served at the Hope In Recovery Center, almost 300 at Celebrate Recovery, and more than 1,000 snacks were handed out! Plus, the breakfast bar that is available to HIRC members each morning!



The impact goes beyond the meals themselves. Staff at the Hope In Recovery Center have noticed that attendance and engagement in the educational and support groups that follow have also increased!

With these new opportunities, growth has become a theme at Lighthouse over the past few months.

Dan Albright, Care Coordinator and Kitchen Manager at the HIRC, sees that growth firsthand. With more people walking through the doors for a meal, Dan says the ultimate goal is to provide five meals a week—and we're moving closer to that goal each day.

We can't overlook the role the upgraded basement kitchen has played in making all of this possible. Thanks to funds donated through Giving Hearts Day, we're now able to provide more meals and host groups like Kitchen 101, which teaches HIRC members about food and kitchen safety.



Kitchen 101 Class

Dan Albright says it best.

“How can you show people the way to God if their belly is grumbling?”

We know that providing meals to our community is one way we can show the love of Jesus and care for the people who walk through our doors. We're incredibly thankful for the opportunity to invite people to our table at Lighthouse—to take a seat and enjoy a meal cooked and served by members of our own community and volunteers.

Sometimes ministry starts with something as simple as pulling up a chair. We're excited to keep setting the table and see what the Lord does!

See you around the table!

KIDS & YOUTH!



NEW SUNDAY SCHOOL THEME



We are kicking off the new school year with a super fun theme of... TOY STORY! Join us at Sunday School each week as we learn about Jesus, read the Bible, do crafts, and eat snacks related to our fun, fall theme!

Stay tuned for our routine Connect Events for our kids and families to partake in this fall!



SPORTS & ART CAMP 2026



YOUTH GROUP IS BACK!

Calling all 6th-12th graders! Youth Group is back on Wednesday nights at Lighthouse Church! We are starting a new focus this fall on Core Values.

In this topic, we will discuss what's important to us and dig into figuring out who we are as people and who we are in God's eyes!



Message From the Author

Thanks for tuning into the Beam! My name is Sydney! I work at Lighthouse as the Communications Coordinator and I write for the Beam! I am very excited to have our newsletter back for the fall after having a long break!

There are lots of fun things ahead for Lighthouse Church and the other organizations we work with in the months to come! Stay tuned on our social media and website!



FOLLOW US!

Thank you for tuning into The Beam!

If you would like to receive our newsletter via email, subscribe on our website on "The Beam" page under the "Connect" tab!

 lhcfargo.org



Find Us On Facebook!

The Lighthouse Facebook page is a place where we post daily schedules, upcoming events, reminders, announcements, and SO much more! It is also one of the places where we livestream our 10:45 AM Sunday service, so make sure to check it out!

[Lighthouse Church Fargo](#)



Find Us On YouTube!

Our YouTube channel is where you can find all of the previous sermons throughout the weeks, special videos and testimonies! We also go live on Sunday mornings on this platform during the 10:45 AM service if you can't make it in person!

[@lighthousechurch4164](#)

Lighthouse FALL SCHEDULE

219th St. S, Fargo, ND | lhcfargo.org

Sunday

9:00 AM- Worship
10:45 AM- Worship & Sunday School
4:00 PM- Worship
5:30 PM- AI-Anon*
5:30 PM- Alcoholics Anonymous
5:30 PM- Narcotics Anonymous
6:30 PM- Spirituality Recovery
6:30 PM- Adult Children of Alcoholics*
8:00 PM- Narcotics Anonymous

Monday

6:30 PM- Men's 33 Series

Tuesday

3:00 PM- CoDA (Codependency Anonymous)
4:00 PM- Recoveries Anonymous
5:30 PM- Clutterer's Anonymous
6:00 PM- Red Road Alcoholics Anonymous
8:00 PM- Narcotics Anonymous

*Denotes this meeting will be at the House of Hope: 111 9th St S

Wednesday

2:00 PM- Art Hangout
4:00 PM- Mental Health Recovery Group
5:00 PM- Moving Forward Together Running/Walking Group
6:30 PM- Bible Study

Thursday

12:00 PM- Alcoholics Anonymous
1:30 PM- Bible Study
5:45 PM- CR Fellowship Meal
7:00 PM- CR Large Group
8:00 PM- CR Small Groups

Friday

7:30 PM- PAC Meeting (Parent & Children NA)

Saturday

9:00 AM- Narcotics Anonymous
11:00 AM- Recoveries Anonymous
12:00 PM- Adult Children of Alcoholics*
5:30 PM- Young People's Alcoholics Anonymous
7:00 PM- Narcotics Anonymous

*Denotes this meeting will be at the House of Hope: 111 9th St S

Monthly Groups

11:30 AM | One More Chapter Book Club | 3rd Tuesday of the month
6:30 PM | Women's Support Group | 1st Tuesday of each month | Big House: 921 2nd Ave S
6:30 PM | Women's Book Study | 2nd & 4th Tuesday of each month | Big House



HOPE IN RECOVERY CENTER |

September

A place where we live recovery together one day at a time | Phone # (701) 809-3758

Sun. CLOSED	Monday LHC	Tuesday LHC	Wednesday LHC	Thursday LHC	Friday LHC	Saturday CLOSED
		1 9:30 AM- Daily Check In 11:30 AM- Cards/Games 1:30 PM- Journaling Grp. 3:00 PM- CODA 4:00 PM- RA	2 9:30 AM- Daily Check In 10:00 AM- Cards/Games 11:30-12:30: Meal 12:30-3:30 PM- AH 4:00 PM- MH GRP.	3 9:30 AM- Daily Check In 10:00 AM- Mindful Movement 1:00 PM- Member's Movie 5:00 PM- GYST Planner	4 9:30 AM- Daily Check In 11:30-12:30- Meal 12:00 PM- OA 1:00 PM- Brain Injury Support & Education 2:30 PM- Check In	
6	7 CLOSED FOR LABOR DAY	8 9:30 AM- Daily Check In 11:30 AM- Cards/Games 1:30 PM- Journaling Grp. 3:00 PM- CODA 4:00 PM- RA	9 9:30 AM- Daily Check In 10:00 AM- Cards/Games 11:30-12:30: Meal • FCN available 12:30-3:30 PM- AH 4:00 PM- MH GRP.	10 9:30 AM- Daily Check In 10:00 AM- Mindful Movement 1:00 PM- Member's Movie 5:00 PM- GYST Planner	11 9:30 AM- Daily Check In 11:30-12:30- Meal 12:00 PM- OA 1:00 PM- Recovery Education 2:30 PM- Check In	12
13	14 OPEN 9-12:30 9:30 AM- Daily Check In 10:00 AM- Mindful Movement	15 CLOSED FOR BEHAVIORAL HEALTH CONFERENCE	16 CLOSED FOR BEHAVIORAL HEALTH CONFERENCE	17 OPEN 12-6 1:00 PM- Member's Movie 5:00 PM- GYST Planner	18 9:30 AM- Daily Check In 11:30-12:30- Meal 12:00 PM- OA 1:00 PM- Recovery Education 2:30 PM- Check In	19
20	21 9:30 AM- Daily Check In 10:00 AM- Mindful Movement 11:00 AM- Member Meeting	22 9:30 AM- Daily Check In 11:30 AM- Cards/Games 1:30 PM- Journaling Grp. 3:00 PM- CODA 4:00 PM- RA	23 9:30 AM- Daily Check In 10:00 AM- Cards/Games 11:30-12:30: Meal • FCN available 12:30-3:30 PM- AH 4:00 PM- MH GRP.	24 9:30 AM- Daily Check In 10:00 AM- Mindful Movement 1:00 PM- Member's Movie EVENT 1-4 PM 5:00 PM- GYST Planner	25 9:30 AM- Daily Check In 11:30-12:30- Meal 12:00 PM- OA 1:00 PM- Recovery Education 2:30 PM- Check In 3:00 PM- Kitchen 101	26
27	28 Fishing Event- 1-4 PM 9:30 AM- Daily Check In 10:00 AM- Mindful Movement	29 9:30 AM- Daily Check In 11:30 AM- Cards/Games 1:30 PM- Journaling Grp. 3:00 PM- CODA 4:00 PM- RA	30 9:30 AM- Daily Check In 10:00 AM- Cards/Games 11:30-12:30: Meal 12:30-3:30 PM- AH 4:00 PM- MH GRP.			

LHC: Lighthouse Church

AH: Art Hangout

CODA: Codependents Anonymous

RA: Recoveries Anonymous

MH GRP: Mental Health Group

FCN: Faith Community Nurse

OA: Overeaters Anonymous

GYST: Get Your Stuff Together Planner Group

Check the back for event details & more! →

HIRC Weekly Hours

Monday | 9:00 AM-5:00 PM

Tuesday | 9:00 AM-5:00 PM

Wednesday | 9:00 AM-5:00 PM

Thursday | 9:00 AM-6:00 PM

Friday | 9:00 AM-4:00 PM

Sat. & Sun. | CLOSED

HIRC Location

The Hope In Recovery Center is located at Lighthouse Church in the basement.

LHC: 21 9th St S, Fargo