# KENNETH T. RICHARDSON

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## **EDUCATIONAL BACKGROUND**

Antioch University, Yellow Springs, Ohio Graduate Program in Clinical Psychology	1987-90
<b>Prescott College</b> , Prescott, Arizona B.A Social Work	1985
Phoenix College, Phoenix, Arizona A.A Counseling	1979
University of Arizona, Tucson, Arizona Southwestern School for Behavioral Health Studies	1978-79
University of California, San Diego, California Alcoholism Studies Program	1978

## PROFESSIONAL CERTIFICATIONS AND MEMBERSHIPS

- Certified Arizona Board for the Certification of Addictions Counselors
- Certified International Board of Alcoholism and Drug Abuse Certification
- Certified Interaction Management Trainer
- Certified Arizona Council on Compulsive Gambling
- Certified Hypnotherapy
- Member National Association of Alcoholism and Drug Abuse Counselors

## PROFESSIONAL BACKGROUND

## COACH/CONSULTANT/DIRECTOR/PRESENTOR

3/2018 - Present

Ken and Mary Richardson Consulting, LLC, Scottsdale, Arizona

Responsibilities include: workshop/seminar development and facilitation; individual, couples, family, group and transpersonal coaching services; men's issues/concerns; regressive therapies; consulting services for the design and development of treatment programs addressing addictions and other obsessive/compulsive behaviors.

## PSYCHOTHERAPIST/CONSULTANT/DIRECTOR

8/87 - 3/2018

Richardson Consulting and Counseling Associates, LLC, Phoenix, Sedona, Payson, Arizona Responsibilities include: workshop/seminar development and facilitation; individual, couples, family, group and transpersonal psychotherapy services; men's issues/concerns; regressive therapies; consulting services for the design and development of treatment programs addressing addictions and other obsessive/compulsive behaviors.

#### CO-FOUNDER/DIRECTOR

2/89 - 12/93

The Orion Foundation/The Hutoomkhum Committee, Phoenix, AZ
Responsibilities included: the development and facilitation of alcoholism and drug abuse counseling services, education, seminars; foundation administration and fund raising.

# CO-FOUNDER/PAST CHAIRMAN OF THE BOARD Co-Dependents Anonymous, Phoenix, AZ

10/86-Present

# ASSISTANT EXECUTIVE DIRECTOR/DIRECTOR OF TREATMENT

3/84 - 8/87

The Meadows, ARC, Wickenburg, AZ

Assisted the Executive Director in all functions of agency-wide management, with direct responsibilities for treatment and the clinical supervision of a staff of 17 family and primary counselors providing treatment for alcoholism, drug dependence, co-dependency, sexual addiction, anorexia, and bulimia.

## PROGRAM DIRECTOR

Responsibilities included direct supervision of the primary treatment process and staff and maintenance of JCAH and quality assurance standards.

#### PRIMARY COUNSELOR

Responsibilities included provision of the primary therapeutic treatment process, case management, individual, group and family therapy and aftercare development.

#### **CLINICAL DIRECTOR**

5/82 - 7/83

Friendship House Comprehensive Recovery Center, San Francisco, CA

Responsible for the initial design, development, implementation, and supervision of the men's chemical dependency treatment program, including a 60 bed residential primary care program, primary out-patient program, family program, and the aftercare system. Provided men's individual, group and family therapy as necessary.

## OWNER/OPERATOR

6/81 - 3/82

The Cheese House, Scottsdale, AZ

Owned and operated a retail and wholesale imported foods store and delicatessen. Responsibilities included all management operations, personnel, inventory, advertising, and sales.

#### PROGRAM DIRECTOR

5/79 - 5/81

Calvary Rehabilitation Center, Phoenix, AZ

Responsibilities included supervision of the men's chemical dependency treatment program including primary care, transitional care, domiciliary care, and aftercare, program and personnel evaluation, case management evaluation, monitoring JCAH and quality assurance standards.

#### PRIMARY COUNSELOR

Responsibilities included provision of men's individual, group, and family therapy within the primary treatment process and aftercare setting, case management and referral.

#### PROJECT SPECIALIST

2/77 - 3/79

Rainbow Retreat, Inc., Phoenix, AZ

Responsibilities included initial design, development and supervision of: Primary prevention program for youth involved in abusive environments; out-patient program for individual, group and family services treating domestic violence, incest, rape, and child abuse; L.E.A.A. funded victim/witness program for Maricopa County Attorney's Office; and provision of individual, group and family counseling services in each program.

# PROFESSIONAL ACTIVITIES

Presenter -	Currently presenting "Your Healing Journey Workshop", "Healing the Child Within", "Relationship Recovery", "Advanced Relationship Recovery", "Men's Sexuality and Relationships", "Mind, Body, and Spirit", Men's and Women's Retreats and Regression workshops.

Board Membe	er Arizona Board for Certification of Addiction Counselors	2013-2016
Presenter-	The Nature of Addiction, Central Arizona Project Safety Week	2014
Author -	Together AZ February 2013 Edition "Is It Love or Codependence"	
Presenter-	US Journal Training "15 <sup>th</sup> Annual Counseling Skills Conference Las Vegas, Nevada	2009
Presenter-	US Journal Training "23 <sup>rd</sup> National Conference on the Family and the Self" Santa Fe, New Mexico	2009
Presenter -	Las Vegas Recovery Center "Discover Recovery 2009A Personal Growth Series"	2009
Presenter-	US Journal Training "22 <sup>nd</sup> National Conference on Family in Stress and Crisis" Santa Fe, New Mexico	2008
Presenter -	Sexuality and Recovery, National Council on Co-dependence.	1995
Presenter -	Seminars on men and domestic violence and child abuse. Arizona State University, Schools of Sociology and Social Work	1980,1981
Co-Founder - 1986	- Co-Dependents Anonymous	
Chairman -	Co-Dependents Anonymous National Board of Trustees	1986-1990
Consultant -	Baywood Hospital, Houston, TX Hopi Tribe, Addiction Services	1988-1989 1989-1993
Advisor -	National Council on Co-dependence Recourse Foundation, Inc., Phoenix, AZ Phoenix Men's Center, Phoenix, AZ Co-dependents Anonymous Board of Trustee	1989- Pres. 1987-1993 1991 1990-1993
Co-Founder/	President - Orion Foundation, Phoenix, AZ	1989-1993
Faculty -	The Recovery Source, Houston, TX Rio Solado College, Phoenix, AZ	1989-1990 1988-1990
Co-Chair -	Men's National Conference on Men, Relationships and Recovery, Phoenix, AZ	1990-1991

## PROFESSIONAL CD RECORDINGS

Life Experience Workshop
So . . . What About Sex in Recovery?
Relationship Recovery
Co-Dependence and the Development of Addictions
Our Spiritual Self

## **MEDIA PARTICIPATION**

# **Television Guest Appearances**

"Local Documentaries" special on men, domestic violence, and child abuse, Phoenix, AZ	1978, 1980
"A.M. San Francisco" special on sexual addiction	1986
"B.L.A.B. T.V." special on co-dependence, Pensacola, FL	1988
"Cable Recovery Network" special on co-dependence, Baltimore, MD	1989

# **BIOGRAPHICAL RECORD**

Marquis Who's Who in the West Marquis Who's Who in the World International Dictionary of Biographies, London, England