

MARY L. RICHARDSON, M.Phil.

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PROFESSIONAL EXPERIENCE

March 2018 – Present

COACH, CONSULTANT, TRAINER, PRESENTER

Ken and Mary Richardson Consulting, LLC, Scottsdale, Arizona

Workshop and seminar development and facilitation; individual, couples, family and group coaching services in the fields of substance abuse, codependence, addictions and related concerns; women's issues and concerns; consulting services for the staff training of treatment programs addressing codependence, addictions and other obsessive-compulsive behaviors.

May 1987 – March 2018

COUNSELOR, PRESENTER, COACH, TRAINER, CONSULTANT

Richardson Consulting and Counseling Associates, LLC, Scottsdale, Arizona

Workshop and seminar development and facilitation; individual, couples, family and group counseling services in the fields of substance abuse, codependence, addictions and related concerns; women's issues and concerns; consulting services for the staff training of treatment programs addressing codependence, addictions and other obsessive-compulsive behaviors.

June 2013 – October 2016

BOARD MEMBER, SECRETARY, ARIZONA BOARD FOR CERTIFICATION OF ADDICTION COUNSELORS

Feb. 1989 – Dec. 1993

CO-FOUNDER, DIRECTOR, CONSULTANT, COUNSELOR

**The Orion Foundation, Phoenix, Arizona aka The Hutoomkhum
Committee, Hopi Reservation**

Fund raising; psychotherapy services; design and development of alcoholism and drug abuse counseling services for the Hopi Reservation in Arizona.

Aug. 1987 – Jan. 1988

FAMILY COUNSELOR

The Meadows Treatment Center, Wickenburg, Arizona

Provider of primary therapeutic treatment process; case management; education; I individual, group and family psychotherapy; aftercare development for individuals.

March 1986 – June 1987

GROUP FACILITATOR

Compcare, Phoenix, Arizona

Group therapy facilitator for the inpatient alcoholism treatment program.

October 1986-Present

CO-FOUNDER/PAST TREASURER/PAST BOARD MEMBER

Co-Dependents Anonymous, Phoenix, Arizona

Design and development of an international 12-Step based support program for codependence recovery; past treasurer; past board member, author.

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**PROFESSIONAL
ACTIVITIES**

PRESENTER

- May 1987 - Present
Your Healing Journey Workshop, Arizona
Relationship Recovery Workshop, National
Advanced Relationship Recovery Workshop, National
Women's Empowerment Weekend Workshop, National
Women's Empowerment Weekend Retreat, Arizona
April 2013
Women's Association for Addiction Treatment "Codependence 101"
2013
The Merritt Center Returning Vets Program
2013
Author -Together AZ February 2013 Edition -"Is It Love or Codependence"
2012-Present
Are You Tired of Being Tired - Women's Retreat, Sedona, Arizona
2009
US Journal Training "15th Annual Counseling Skills Conference"
Las Vegas, Nevada
2009
Las Vegas Recovery Center "Discover Recovery...
A Personal Growth Series", Las Vegas, Nevada
2008
Lecture and Seminar on Feelings and Their Gifts
Las Vegas Recovery Center, Las Vegas, Nevada
1998
Lecture and Seminar on Codependence Dynamics and Recovery
National Council on Codependence, Phoenix, Arizona
1993
US Journal "Alternatives" Conference, Scottsdale, Arizona
1992
US Journal "Women To Women" Conference, Scottsdale, Arizona
1987 - 1993
Life Experience Workshop, National and England
Healing The Child Within Workshop, National and England
Women's Acts of Power Workshop, Arizona
1991
US Journal "Taking Care of Ourselves: Advances in Treatment and Therapy"
Conference, Scottsdale, Arizona
1991
US Journal "Wounded Men, Wounded Hearts" Conference, San Francisco, California
1990
US Journal "Men's National Conference on Men, Relationships and Recovery"
Conference, Phoenix, Arizona

CHAIRPERSON

- 1991
US Journal "Women To Women" Conference, Scottsdale, Arizona

THERAPIST

- 1988 - 1990
Terry Kellogg "New Life Workshop", Houston, Texas

CONSULTANT

- 2008 - 2016
Las Vegas Recovery Center, Las Vegas, Nevada
2000
City of Phoenix "Rights of Passage", Phoenix, Arizona
1989 - 1993
Hopi Tribe for Alcoholism and Addictions services, Arizona
1988 - 1990
Baywood Hospital, Houston, Texas

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**PROFESSIONAL
ACTIVITIES CON'T**

MEDIA

“A.M. San Francisco” on Sexual Addiction, San Francisco, California
“Sunday Sunday” on Healing the Inner Child, Phoenix, Arizona
“B.L.A.B. T.V.” on Codependence, Pensacola, Florida
“Cable Recovery Network” on Codependence, Baltimore, Maryland

CERTIFICATIONS

Arizona Board of Certification of Addiction Counselors, Inc.
International Certification Reciprocity Consortium Alcohol and Other Drug Abuse, Inc.
Arizona Council on Compulsive Gambling, Inc.
Westbrook University-The Science and Art of Herbology

MEMBERSHIP

National Association of Alcoholism and Drug Abuse Counselors
Women’s Association for Addiction Treatment

EDUCATION

2009 **Westbrook University, West Virginia**
Master of Philosophy, Transpersonal Psychology

2001 **Westbrook University, West Virginia**
Bachelor of Science Degree, Addictions Counseling

1987 – 1988 **Ottawa University, Phoenix, Arizona**

1985 – 1987 **Rio Salado Community College, Phoenix, Arizona**
Certificate Level I and II – Chemical Dependency Counseling

1986 **Glendale Community College, Glendale, Arizona**

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ADVANCED TRAINING

- Grief Issues
- Eating Disorders
- Family Systems
- Sexual Addiction
- Sexuality
- Adult Children of Alcoholics Dynamics
- Transpersonal Psychology
- Abuse Survivors Dynamics
- Domestic Violence
- Family and Marriage Counseling
- Women's Issues and Concerns
- Men's Issues and Concerns
- Survivors Process, Meadows Treatment Center
- Rohan Body Energy Work
- Compulsive Gambling
- Herbology
- Personnel Practices

BIOGRAPHICAL RECORD

- 1995 – 2013 “Who's Who of American Women”
- 1996 – 2013 “Who's Who in America”
- 1996 – 2013 “Who's Who in the World”

REFERENCES

Furnished upon request