



Sow List

*Radish
Carrot
cabbage
cauliflower
lettuce
Beetroot
Turnip
Spinach
Broccoli*



JANUARY 2025

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MY GARDENING CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			01 Avoid sowing	02 Avoid sowing	03 	04
05 	06 	07 Avoid sowing	08 Avoid sowing	09 New Moon	10 	11
12 	13 	14 	15 	16 	17 	18
19 	20 Full Moon	21 Avoid sowing	22 Avoid sowing	23 Avoid sowing	24 Avoid sowing	25 Avoid sowing
26 	27 	28 	29 	30 Avoid sowing	31 Avoid sowing	

Seed
cereals/legumes,
seed and crops



Tuber/Roots
Potato, Tomato,
Radish, Carrot etc.



Flowers, Fruits
Cauliflower, Rose,
Marigold etc.



Leaves
Spinach, Methi, Lettuce,
forage crops, etc.

