



Leave It In the Sand & Point of Flight Equine Gestalt Coaching
present

Healing Wholeness & Horses

THURSDAY, MAY 18 - SUNDAY, MAY 21, 2023

A four-day retreat for building connection with your higher self.

Join us for a rejuvenating long weekend of self-care and release. Our equine partners will help guide you toward having more balance in your life.

INDULGE YOURSELF IN

- Healthy meals
- Mini massages
- Reiki
- Yoga
- Two days with horses at Moxie Highlands Ranch
- Gence[™] Ionic Detox Foot Bath
- Neuromuscular Integrative Action (NIA) Dance
- NuCalm[®] Neuroacoustic Sound Healing

BOOKING INFO

- \$500 non-refundable deposit required
- 10% discount for deposit received by Feb. 1
- Contact us for payment plan options
- 1.5 hours from Twin Cities
- Reservation paid in full by April 1
- Full refund for cancellations received by May 1
- Reservation transferable through May 10
- Credit card, Venmo, Check, and Cash payments

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