

**Deputy Chief David Giroux  
Arlington County Police Department.**

Deputy Chief David Giroux is a 28-year veteran of the Arlington County Police Department. He is currently assigned as the Commander of the Criminal Investigations Division and the Wellness and Safety Section. He is also the founder and former commander of the department's Peer Support Team. His interest in mental wellness for police began after a friend and co-worker died by suicide. Since that time, David has been involved with the development of programs and resources for officers and first responders who are struggling with personal and professional challenges. He has travelled around the country to present to a wide variety of police, first responder and community groups on this topic to help break the stigma of first responders seeking mental health services. David was a coordinator for Peer Support services for the US Capitol Police in the aftermath of the January 6<sup>th</sup> incident and the line of duty death of Officer Billy Evans. He provides support and information to departments throughout the National Capitol region when their officers need help and assistance. David is currently involved in a long-term research partnership with the Cummings Foundation for Behavioral Health. This project seeks to develop a template for public safety departments looking to provide wellness resources to their employees. David possesses a Bachelor's Degree from Emory University and a Master's Degree from George Washington University. David was a first responder to the Pentagon on 9/11. He has served in a variety of assignments during his career to include Patrol, Community Policing, the Tactical Unit, Internal Affairs and Vice-Narcotics.