

# People Leadership Development

Reference Guide



### Managing vs. Leading

Manager

- Oversees day-to-day operations.
- Ensures organizational goals are met.
- Maintains processes and systems.



- Leads by example.
- Fosters innovation and creativity.

Leader

# **MANAGEMENT**



#### Is a good coach Has technical Does not skills micromanage Best Has a clear vision Cares about Leader their people and strategy Traits Has empathy and Is productive and cultural sensitivity result-oriented Shares information and listens

## **Six Leadership Competencies**

"Leadership is the awesome responsibility of seeing those around us rise."

- Simon Sinek



Communicating Effectively



Demonstrating Emotional Intelligence



Motivating Teams



Coaching and Leading Teams



Leading Change



**Managing Conflicts** 



### Communicating Effectively: Strategies



Conveying information and ideas clearly and concisely to others while being an active listener and adapting to suit different audiences

### **Effective Communication Strategies**



Combining effective verbal and nonverbal
communication

- A method to establish stronger connections with individuals, whether communicating face-to-face or through virtual meetings.
- When speaking in-person or on video conferencing, utilize gestures and body language to reinforce your message.



Listen and Check for Understanding

- A technique that emphasizes the importance of active listening.
- Instead of "What do you think?" try "What questions do you have?" or use "What if..." scenarios for deeper reflection.



The Power of 3

- A powerful communication structure that involves presenting ideas or arguments in groups of three to improve retention and impact.
- Use three powerful words consecutively to express your central idea

### Demonstrating Emotional Intelligence: Techniques



Being able to recognize and understand emotions and use that understanding to manage relationships

### Self-regulation

The ability to control one's emotions and impulses, and stay calm in challenging situations



#### Self-awareness

The ability to recognize one's own emotions and how they affect one's thoughts and behavior

### **Empathy**

The ability to understand and empathize with the emotions of others

#### Social skills

The ability to build and maintain positive relationships with others

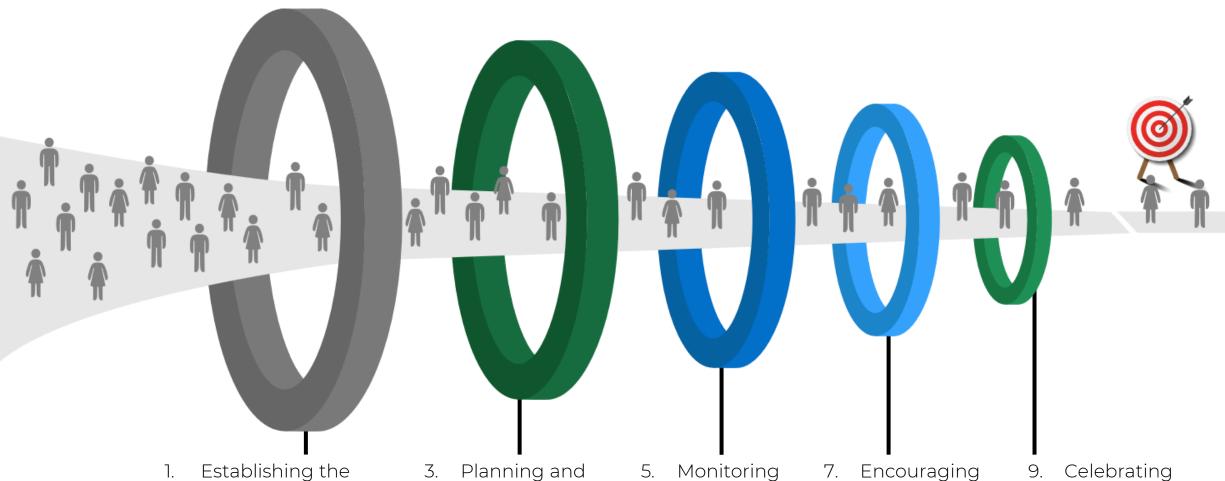
#### Focus

The ability to stay focused on achieving one's goals

### **Motivating Teams: Proven Ways**



## Coaching and Leading Teams: The Process

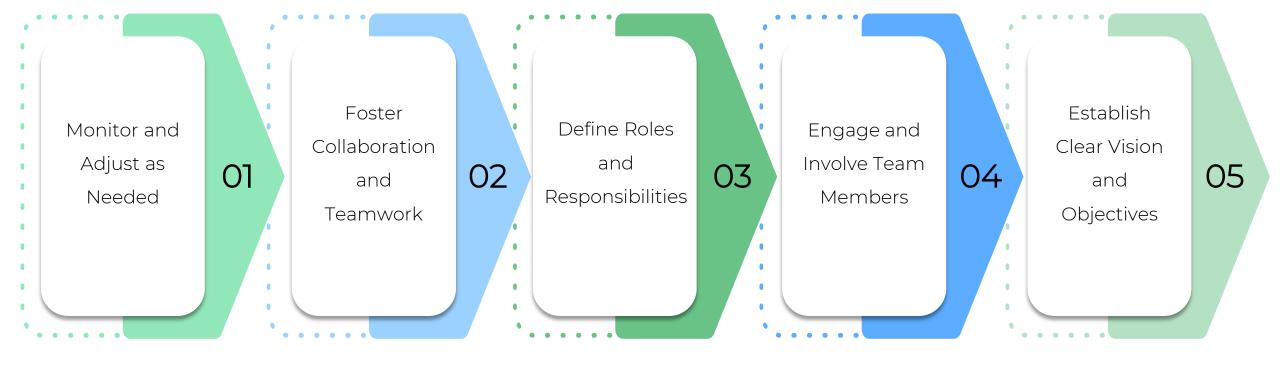


- relationship
- 2. Providing support and guidance
- Planning and goal setting
- 4. Practicing the planned strategies
- 5. Monitoring Progress
- 6. Providing feedback and support
- 7. Encouragino Reflection
- B. Addressing challenges
- 9. Celebrating achievements
- 10. Continuing Support

### **Leading Change: The Process**



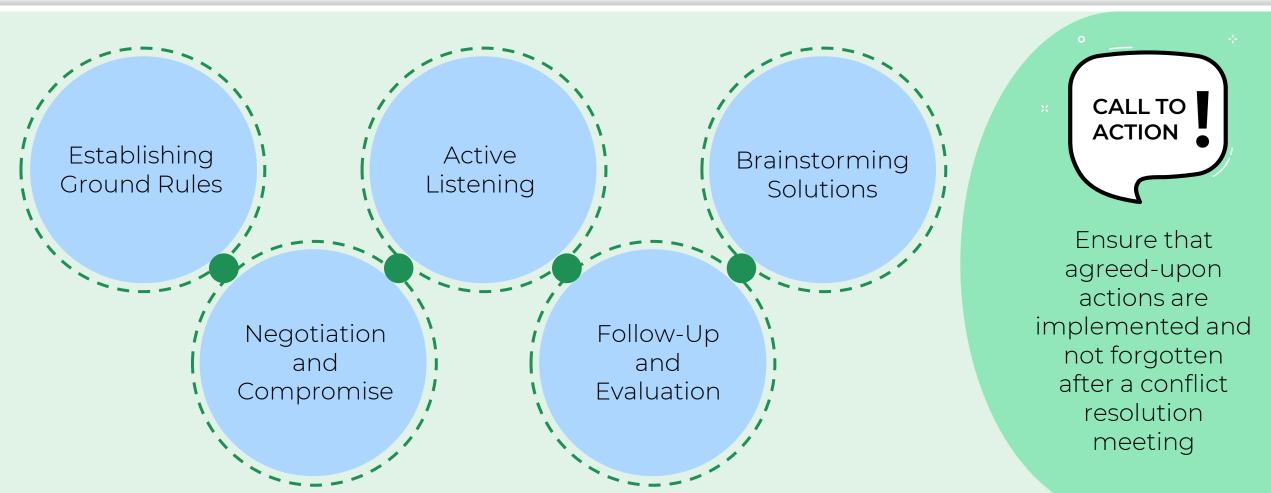
The quintessential change management skill is to make people feel that transformation happens with them, not to them.



## Managing Conflicts: Techniques



Identifying, addressing, and resolving disputes using strategies and techniques aimed at minimizing the negative effects of conflicts



# Summary

One common theme that connects all the leadership competencies is the **impact** they have **on people**. When we remember that **people are at the heart** of what we do as leaders, we can enjoy success as a result.

- Peter Sackleh

