



Welcome to Ayla Spa, where our spa treatments are designed to pamper you thoroughly.

We are well-tuned to your longing to rekindle your senses and relieve tension from your body. With your needs in mind, we have crafted a wide range of treatments to suit your every need.

Spa9 is for those of us who wish for peace in the world and opt to start from within.

BODY MASSAGE

Holistic Massage 60'/90'/120'

800/1000/1200

This treatment uses a combination of gentle techniques and high-quality oils to bring about a balanced, calm, and stress-free state of being.

Ⓞ Oriental Massage 60'/90'/120'

800/1000/1200

Using a point-focused acupuncture technique, this treatment harmonizes the body and mind with muscle relaxation and calmness in the whole nervous system.

Deep Tissue 60'/90'/120'

800/1000/1200

This treatment brings deep relaxation to the muscles and calmness to the mind and the whole nervous system.

Shiatsu Massage 60'/90'/120'

800/1000/1200

No-oil treatment. Using finger pressure, Shiatsu massage helps remove any blockage by realigning meridian points, which balances the energy and eases the body and mind. Shiatsu also restores the circulatory system, improving blood flow throughout the body.

Hot Stone Massage 90'/120'

1200/1400

Heated, smooth basalt stones incorporated into this unique massage treatment facilitate the balancing of the energy centers in the body and encourage muscle relaxation.

Four-hand Massage 60'/90'/120'

1600/1800/2200

A wonderful experience for spa-holic who have a difficult time letting go of day-to-day thoughts and stresses.

FOOT MASSAGE

Foot Relaxing 60'/90'

800/1000

A signature treatment using a fusion of massage techniques and point acupuncture that helps to relax and release aches.

Foot Care with Scrub 90'

1000

All-in-one treatment combining skin exfoliation that helps to relieve soreness.

BODY SCRUBS

Peeling with 3 Salts 45'

900

Tonic exfoliation combines sea salts and sugars. A sweet-salty exfoliation for a velvety skin.

Coffee & Sugar Scrub 45'


900


The combination of ground coffee with sugar that leaves your skin nourished & and moisturized, helps to reduce the appearance of scars, and stretch marks. Other benefits: tightening the skin, anti-aging, and improving circulation.

Orange & Sugar Scrub 45'

900

Orange extract is rich in antioxidants and vitamins that nourish and revitalize the skin, help to reduce the appearance of cellulite.

 *Pressure Strength*

 *Favourite*

All price are quoted in thousands of VND and included tips.

ERICSON FACIAL SKINCARE

Biologic Defense for All Skin Types **1000**

***Suitable for men & women**

Brings double balancing effect: stimulates the restoration of the ecological and biological balance of the skin. This allows you to restore the balance of the natural flora of the skin, and maintain its optimal condition and comfort. A wide range of effects of this program allows you to recommend it for any skin type: dry, oily, sensitive, or mature.

Moisture Boost & Hydrating Treatment 80' **1000**

Helps restore, preserve, and optimize the hydro-lipid balance of dehydrated skin, supporting its natural hydration mechanism and restructuring the epidermal barrier.

Acti-Biotic for Acne-prone Skin 80' **1000**

A range designed for combination/oily or acne-prone skin. It stimulates the synthesis of natural antibiotics in the epidermis to protect against microbial infections and bacteria that cause acne.

Vitamin Boost & Energize 80' **1000**

Vitamin Energy is a skincare range developed for tired skin, allowing it to regain vitality and radiance thanks to an exclusive cocktail of energizing and re-energizing active ingredients.

EXTRA PAMPERING

Hot Sauna 15' **Complimentary**

Let your body detox and then get extreme stress reduction, improve circulation and oxygenation after 10 -15 minutes in our private sauna room.


*Advanced booking is recommended.

Jacuzzi with Mineral Salt 20' **700 (For 01)/ 1000 (For 02)**

Softening, soothing muscles, drawing out infection by jacuzzi with mineral supplements. The scent of nature will whisk away your stress.

*Advanced booking is recommended.

All price are quoted in thousands of VND.

 *Favourite*

THALGO FACIAL SKINCARE

Intensive Soothing Marine Treatment 90' **1000**

This solution contains a high concentration of soothing biomimetic lipopeptides and a marine neuro-cosmetic innovation to help moderate the excessive release of stress, restore comfort and smooth of the skin.

Intensive Purifying Treatment with Marine source 90' **1000**

Intensive treatment to moderate excessive oily skin, restore the quality of sebum, reduce skin thickness and unclogs pores for a fresher-looking skin.

Intensive Hydrating & Revitalizing Treatment with Marine source 90' **1000**

Enriched in hyaluronic acid with plumping properties for an instant and lasting result, the treatment is super concentrated in Ocean Blue Extract and patented micronised algae filtrate, and enriched with a Mediterranean Padina extract to quench the thirstiest skin. The skin is intensely rehydrated after the treatment.

Complete Anti-ageing Correction Treatment 90' **1000**

This exceptional treatment offers the ultimate in revitalisation for total youthfulness. The revitalising benefits of a complete concentrate of 63 marine active ingredients, to visibly smooth wrinkles and restore the skin's firmness and elasticity.

Intensive Brightening & Skin Correcting Treatment 90' **1000**

Rich in Brown Algae extract and enriched with a shield to protect against oxidative environmental stress, this fine product range helps to prevent and fight dark spots. The skin is smoother and the complexion more luminous.

PACKAGES

Sport Lover 105' **1600**

- Body scrub 45' (Choose any)
- Body Massage 60' (Holistic/Oriental/Deep Tissue/Shiatsu/Foot)

Office Savior 140'/150' **1700**

- Body Massage 60' (Holistic/Oriental/Deep Tissue/Shiatsu/Foot)
- Facial skincare 80/90' (Choose any)

Create Your Own 185'/195' **2500**

- Body Scrub 45' (Choose any)
- Body Massage 60' (Holistic/Oriental/Deep Tissue/Shiatsu/Foot)
- Facial skincare 80/90' (Choose any)

All price are quoted in thousands of VND.

 *Man's Favourite*