



# TELLER SENIOR COURIER *February 2021*

25 YEARS OF SERVICE 1996-2021

TSC Update ♦ Medicare 101 ♦ Tax Help ♦ Covid Vaccine ♦ TSC Open for Seniors

## UPDATE FROM THE EXECUTIVE DIRECTOR

The Teller Senior Coalition (TSC) provides services to seniors (age 60 or over) so they can live with independence and dignity, and stay in their homes. We served 1002 clients in 2020, a 25% increase over 2019.

In 2020 TSC:

- Provided 1345 hours of case management, understanding our client's needs and providing solutions.
- Provided 5,126 door to door transportation trips, taking seniors and the general public to medical appointments, to buy groceries and for other essential purposes.
- Installed grab bars, railings and ramps for 30 clients, keeping their homes safe.
- Provided 833 hours of homemaker services, keeping homes clean and healthy.
- Delivered 9,271 meals to our homebound seniors so they had sufficient nutrition.
- Provided 1,876 hours of respite care for caregivers so they could take a break.

Due to Covid-19 we added additional services to keep seniors safe and healthy.

- Delivered 1256 bags of food, toiletries and pet food.
- Provided 610 restaurant meals as a special treat.
- Delivered 138 Holiday meals for Christmas.

- Provided 60 two-week emergency food supply boxes.
- Made 1615 Wellness phone calls to ensure seniors had what they needed and to let them know the Community cares about their well-being.

## TSC OPEN FOR SENIORS

The Teller Senior Coalition remains open to serve residents who are 60+ years of age in Teller County. Please call 719-687-3330 for assistance.

TSC can pick up and deliver prepaid prescriptions from local pharmacies. We can also pick up and deliver groceries that have been ordered online.

We are still providing residents of Teller County, Western El Paso and Eastern Park County transportation to medical appointments and other needs

We are still accepting donations of food and toiletries. Monetary donations are also appreciated and can be made through our web site or a check mailed to the Teller Senior Coalition at P.O. Box 6956, Woodland Park, Co 80866.

The Teller County Community has been incredibly generous and we thank you so much for your support.



TELLER SENIOR COALITION  
... Independence and Dignity

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Please visit our Facebook Page at <https://www.facebook.com/tellercountyseiorcoalition>

Website at <https://tellerseniorcoalition.org/>

TELLER SENIOR COALITION 750 E Hwy 24 • POB 6956 • Woodland Park, CO 80866 (719) 687-3330

**MEDICARE 101 CLASSES**

Pikes Peak Area Agency on Aging is providing a virtual four week class to learn more about Medicare. If you have any questions about Medicare this class is for you!

**2021 Medicare Four-Class Series, Thursdays in February at 5:30pm**

February 4; Week One: Medicare Eligibility and Coverage (Parts A and B)

February 11; Week Two: Medicare Options (Medigap and Medicare Advantage Plans)

February 18; Week Three: Medicare Part D (Prescription Drug Coverage)

February 25; Week Four: Other Health Insurance Options (PERA, COBRA, FEHB, Tri-Care, Medicaid, and Employer Group Insurance)

For more information and to register go to [aaa-events - Pikes Peak Area Council of Governments \(ppacg.org\)](http://aaa-events - Pikes Peak Area Council of Governments (ppacg.org))

**FREE TAX HELP IN WOODLAND PARK**

Local senior tax assistance agencies are helping seniors this year with COVID drop off and pick up planning in place.

**AARP Foundation Tax Aide** at the Methodist Church on Fridays . Call (719) 351-6600

**Volunteer Income Tax Assistance (VITA) Incomes under \$55,000** at the Woodland Park Senior Organization on Thursdays. Call (719) 203-1265

You **must call first to make an appointment** to drop off your documents to maintain your health and safety with the COVID pandemic.



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**COVID VACCINE FOR SENIORS**

To get on the list for your COVID Vaccine:

For seniors age 70 and over, who are interested in getting the vaccine, you should call Peak Vista at (719) 344-6905 to get on their list for an appointment. They are doing vaccines on Fridays.

Seniors may also go to [tellerCovid.com](http://tellerCovid.com) to register for the COVID vaccine. If a senior needs help with this, call the Teller Senior Coalition.

Please call (719) 687-0256 if you need a ride.

The Teller Senior Coalition (719) 687-3330.

If you, or someone you know, is a senior in Teller County, please refer them to the numbers above or the Teller Senior Coalition. As we receive updates about the vaccine schedule or vaccine clinics in Teller County, we make every effort to inform our clients as soon as possible.

**TELLER SENIOR COALITION RECEIVED TWO HONORS FOR OUR DEDICATION TO SENIORS AND THEIR SAFETY!**

Teller Senior Coalition was named Human Services Transit Organization of the Year by CASTA (Colorado Association of Transit Agencies) for our dedication to the safety and health of our seniors while providing transportation.

Our very own Corinne Romero was named Transit Driver of the year for her dedication to safety and care for the clients of Teller Senior Coalition. Corinne has been working with seniors for many years delivering home delivered meals and driving seniors to doctor's appointments. She gets to



## SUPPORTING OUR SENIORS TOGETHER

The Teller County community along with our amazing staff work together to support our seniors. Here are listings and events to support our seniors.

**Virtual Grandparent event:** One of the Elementary schools is thinking about having a virtual grandparent event at the end of February. If you are interested in participating please call Sharron, Case Manager at (719) 687-3330 Ext. 2.

**Power chair for veteran:** Scott Ryan is taking referrals for a Power chair with new battery, accessories, lift for trailer hitch. Please call Scott Ryan, DVA (719)640-8097 if you are a veteran, or spouse of a veteran and are in need of a chair.

### **Rampart Library Virtual Book Clubs**

Currently all of our book clubs are virtual. For more details and to be added to a book club email list contact the Woodland Park Public Library at 719-687-9281. Contact the Florissant Public Library at 719-748-3939 for information about the Florissant Bookworms Book Club.

### **Take and Make Craft Kits**

Stop by Florissant Public Library to pick up Take and Make Craft Kits for kids, teens and adults. Kits are limited. \*Adult Take and Make Kits available only at the Florissant Public Library.

### **Online Bingo with Woodland Park Senior Organization Thursdays. 10:30 am-11:30 am**

Pick up Bingo cards from the WP Senior Organization Monday thru Friday from 9am-1pm. In-person bingo at the center, same day and time, limited capacity. Must bring a mask. 321 N. Pine St. Woodland Park. Call (719) 687-3877 from 9am to 1pm for more information.

### **Quilting at the Woodland Park Senior Organization Mondays. 9:30 am-10:30 am**

Limited capacity. Must bring a mask. 321 N. Pine St. Woodland Park. Call (719) 687-3877 from 9am To 1pm for more information.

**Homemade Soup Month-Share your Recipes February 1-28** In honor of National Homemade Soup month in February, the Teller Senior Coalition is asking seniors to share their favorite homemade soup recipe. Knowing that many seniors are still isolated, we thought it would be fun to share these recipes with other seniors.



So if you have a favorite soup recipe, please share it with us by email or mail and let us know if you would like a copy of the recipes we receive. Email your recipe to [cwhitman-gruber@tellerseniorcoalition.org](mailto:cwhitman-gruber@tellerseniorcoalition.org) or mail to TSC P.O. Box 6956 Woodland Park, CO 80866.

Even if you do not have a favorite recipe to share, we will be happy to provide you a copy of the recipes. Winter is a perfect time to try new soup recipes so you can stay healthy as you remain indoors.



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 **TSC TRANSIT**  
**Public Shuttle**

FEBRUARY 2021 PAGE 4



**Wednesdays**

**THE MEADOWS APARTMENTS**

9:00 11:10 12:50

**FOREST RIDGE**

9:15 11:25

**CITY MARKET**

9:20 10:25 11:30 12:35

**SENIOR CENTER**

9:25 10:35 12:40

**LIBRARY**

(Meet Cripple Creek Transit on Wednesday)

9:30 1:25

**PARADISE CIRCLE CONDOMINIUMS**

9:35 11:45

**WALGREENS, ENT, GOODWILL, NATURAL GROCERS**

9:40 10:45 11:50 1:00

**WOODCREST AND TRAIL RIDGE APARTMENTS**

9:45 12:05

**SAFEWAY AND WELLS FARGO BANK**

9:50 10:50 11:55 1:10

**WALMART**

9:55 11:00 12:10 1:15

**GREEN MOUNTAIN FALLS BUS STOP**

10:00 1:35

**THE ASPEN**

10:05 12:20

**PEAK VIEW RV PARK**

10:10 12:25

**ADDITIONAL STOPS BY REQUEST:**

**TAMARAC BUSINESS CENTER RESEARCH-DMV (BY REQUEST)**

9:05 10:15 11:13

**COMMUNITY CUPBOARD FOOD PANTRY (BY REQUEST)**

9:07 10:17 11:15

**DAVITA MEDICAL GROUP (BY REQUEST)**

9:10 10:20 11:17 12:28

**UC HEALTH (BY REQUEST)**

9:13 10:23 11:22 12:32

**DOLLAR TREE (BY REQUEST)**

9:20 10:25 11:30 12:35

**POST OFFICE SOUTH AVENUE (BY REQUEST)**

9:25 10:35 11:35

**SENIOR CENTER (BY REQUEST)**

11:35

**GREEN MOUNTAIN FALLS (BY REQUEST)**

12:15

**LIBRARY (BY REQUEST)**

10:40 11:40 12:45



**60+ and Individuals with  
Disabilities Ride Free  
General Public \$1.00/day**

**Questions Call 687-0256**