

## Heart Quilt Block Pattern

Today's project tutorial is brought to you by Valentine's Day. It's the perfect holiday to make a sweet heart quilt block.

Here's the thing. Even though we instantly think of hearts when the phrase "Happy Valentine's Day" is said, I think hearts are lovely all year long. So **enjoy this heart quilt block pattern in any color, in any print and in any number of projects all year long.**

A warm sunny heart is the perfect motif all year long.

You'll love this easy to piece 12.5" block that finishes at 12" once placed into a project. A pretty pink or red for the heart and super fun neutral for the background and **this block will look beautiful in any finished project.**



How do you make a heart quilt block pattern?



To be honest, there are several ways to make heart quilt blocks. I shared one last year that wound up as a small pillow project. The question you should really ask is, "how complicated do you want the block to be?" The one I made last year used 16 individual blocks to complete the finished quilt block, but this one uses 4. So ask yourself how much piecing you want to do, and find a pattern as easy or as complicated as you like. The pattern in this tutorial is on the simpler end of things.

## How to Piece the heart quilt block in today's tutorial:



### Cutting instructions:

#### Background Fabric:

- 2 – 2.5" squares
- 2 – 3.5" squares
- 1 – 7.5" Square

#### Heart Fabric:

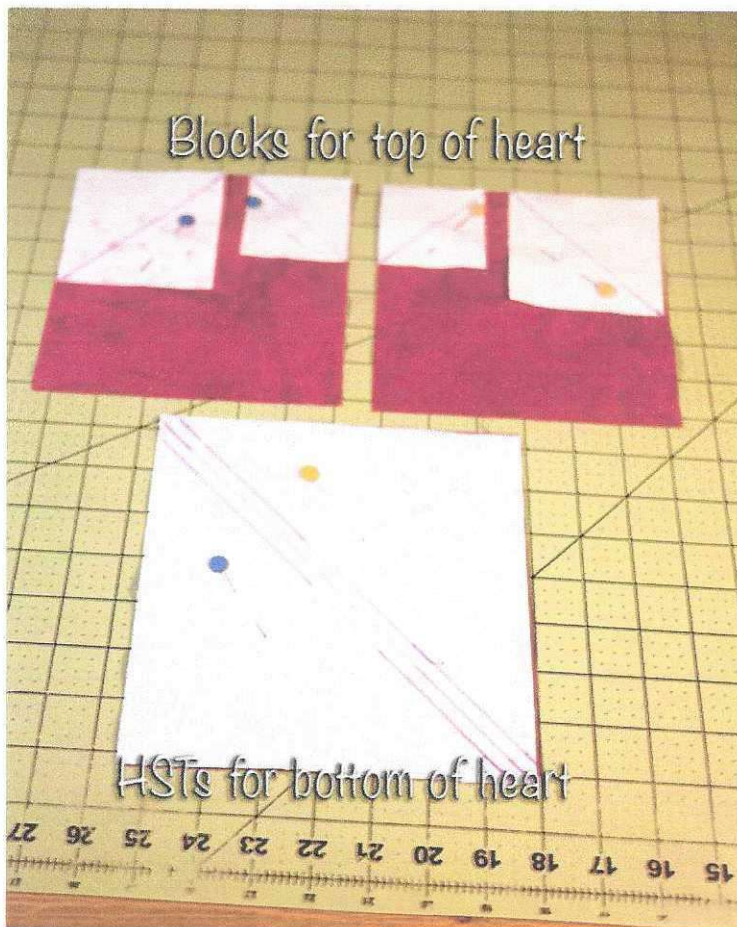
- 2 – 6.5" squares
- 1 – 7.5" square



## To piece the top of the heart:

- Lay out the 2.5" and the 3.5" blocks right sides facing on the 6.5" blocks as shown in the picture.
- Mark a line from the inside upper corner to the outside lower corner on each background square. This is the sew line you'll sew on when you go to the machine.
- Pin blocks together on the inside area of each block.

*\*\*make sure the two blocks are a mirror image of each other.  
The smaller block should be on the midline of the layout.*



## Prepare the lower half of the heart:

- The lower half of the heart block is made from two half square triangles.
- Prepare and sew your HST block however you like, but keep in mind the finished squares should be 6.5" each

*\*\*To see my method for preparing HST blocks please see that [tutorial](#). Essentially, I recommend over cutting the squares by a full inch and then trim back using a square ruler in the size of the finished block needed for the pattern.*

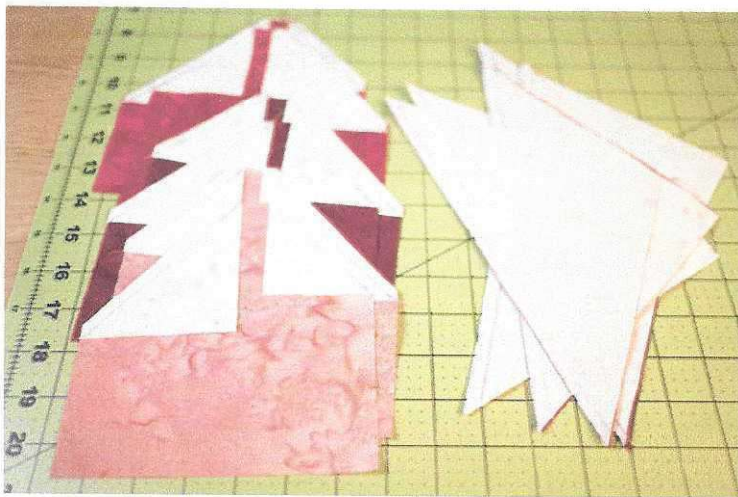


## Trimming the blocks:

- Trim away the excess fabric on the top of the heart blocks as shown.
- Maintain a 1/4" seam allowance in the trimming.

The picture demonstrates a trimmed and untrimmed block. Trim both. Once trimmed carefully press open.

*"the trimmings can be saved and sewn as tiny hst blocks to go into your scrap pile for later."*

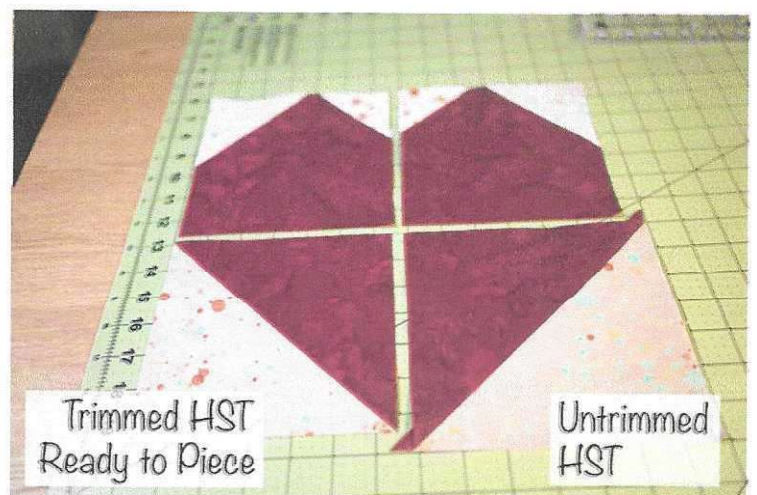


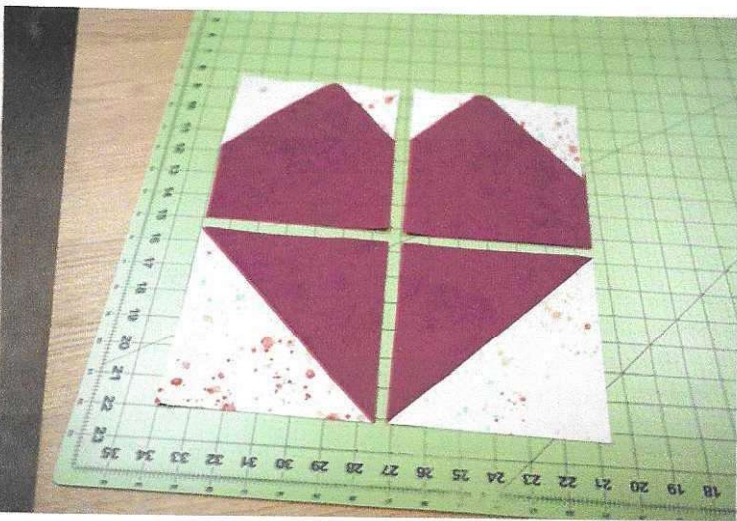
Trim your blocks to maintain the 1/4" seam allowance.

Once everything is trimmed, press all the blocks open carefully with a hot iron. HST blocks should be pressed to the darker fabric.

## Preparing the HST blocks:

This picture is included to show the difference in size between the trimmed and untrimmed blocks. Final trimming is essential so the 4 blocks go together correctly.





## Piece the prepared blocks:

- First sew the top two blocks together along the midline.
- Next, sew the hst's together along the midline.
- Press seams as desired.
- Sew top half to the bottom half making sure the center seam meets in the middle.
- Press as desired.

*"I press seams open when working with hst blocks because I think it's easier to see where tips are and thus preserve the points. I do have a tutorial on how to read the back of your block for final piecing.*

## Completed Heart Quilt Block

The completed block is ready for your project! **Notice the seam allowance on all outer borders of the hst blocks.** This is important to achieve so that you retain sharp points in the final project.

