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PROFESSIONAL HIGHLIGHTS

- Coaching professionals since 2011
- Made career transitions across financial services, non-profit, consulting, tech sales, and HR/Diversity and Inclusion roles
- Four years as a management consultant focused on organizational development
- Led large-scale DEI, organizational change management and HR strategy programs

EDUCATION

- MBA, Human and Organizational Performance, Strategy, and Finance (Vanderbilt University Owen Graduate School of Management)
- BA, International Business (University of Puget Sound)
- Certificate, Diversity and Inclusion for HR (eCornell)
- Senior Professional in HR (SPHR) and Project
 Management Professional (PMP) designation holder

COACHING CREDENTIALS

- <u>Professional Certified Coach</u> (PCC), International Coaching Federation
- <u>Certified Professional Co-Active Coach</u>
 (<u>CPCC</u>) and <u>Coach Training Program</u>
 <u>Graduate</u>, Co-Active Training Institute
- Designing Your Life Certified Coach
- Hogan Assessment Certified (including Advanced Interpretation and Feedback)
- Intercultural Development Inventory (IDI) Certified

ARTICLES, INTERVIEWS, AND LINKS

- Career Relaunch: <u>"How to Build your Network,"</u> an Interview with Joseph Liu
- DiversityInc Interview "Tips for Finding Your First Job"
- Watch <u>The Ten Steps to Finding Your Dream Job on</u> YouTube
- How to Set Up Your Employee Resource Groups for Success – a whitepaper

WHAT WE CAN WORK ON

- Identifying and prioritizing what matters to you
- Labeling and learning how to address your saboteurs
- Decision-Making Frameworks for major life decisions
- Career Search Strategy (Networking, Informational Interviews, Resume/Application Strategy, Interview Prep, Negotiation, First Day Prep)
- Career Development Skills (i.e. Managing/Influencing others, Communicating, Giving/Receiving Feedback)















WHO AM I?

Hello there. I'm Aaron and I am a career coach with 20 years of experience across corporate, government, and non-profit organizations. I've worked in or consulted with startups and fortune 50 companies alike and have a wide-ranging understanding of industries and global business cultures.

For the last decade, I've coached or counseled dozens of professionals from the business, government, and non-profit world on all aspects of their career strategy and how to balance that with the rest of their lives.

WHY I COACH

For the first five years of my career, I struggled to find work activities that resonated with my values and interests. I could not tell you what role I wanted work to play in my life and I lacked the decision-making, emotional competencies, and analytical abilities to chart a course toward a meaningful job. But that changed after working with an executive coach in business school who helped me begin to address those gaps. Working with three other coaches over the following eight years solidified my resolve, conviction, and curiosity. As I took on roles in management consulting and tech sales, I identified the meaning of work in my life and the topics, industries, and activities that strike a chord. And coaching is one of those activities that means a great deal to me.

HOW I COACH AND WHAT I COACH ON

Having completed my training and certification from the Co-Active Training Institute, I focus my coaching practice on helping people find career clarity by understanding the role that work plays in your life. Knowing where you've found moments of flow in your work and life and how to connect your activities to your professional and academic goals is what you'll be able to do as we work together.