

**STEPS TO LIFE, INC.**

**PRESENTS:**

**THE  
“NEW BEGINNING”  
PROGRAM**

**WHEN:**

**APRIL 27<sup>TH</sup> – JUNE 29<sup>TH</sup>  
10:00 AM – 2:00 PM  
(every Saturday)**

**WHERE:**

**MACK ALIVE**

**3746 FISCHER STREET, DETROIT, MI 48214**

**10 WEEK PROGRAM with WORKSHOPS COVERING: TRAUMA;  
GRIEF/LOSS; INCARCERATION; HEALTHY NUTRITION; SUBSTANCE  
USE DISORDER; SELF-ESTEEM BUILDING; TOXIC RELATIONSHIPS  
VS. HEALTHY RELATIONSHIPS**

**“LUNCH SERVED EACH WEEK”**

**EDUCATIONAL · INTERACTIVE · CREATIVITY · POSITIVE SUPPORT  
· MOTIVATIONAL SPEAKERS**

**ADULTS  
AGES 18  
AND OVER  
WHO ARE  
GOING  
THROUGH...**

**REGISTRATION  
“FREE”**

**FOR MORE  
INFORMATION  
CONTACT:**

**ALDEANA GOODSPEED  
313 971-9687**

**This is an :  
EDUCATIONAL  
LEARNING  
EXPERIENCE**

**-WEEKLY LUNCH  
-PRIZES  
-GAMES  
-FELLOWSHIP**

**SPONSORED  
BY:  
WAYNE  
METROPOLITAN  
COMMUNITY  
ACTION AGENCY**