



**Ready for a transformative wellness escape?  
Dive into 8 days of pure bliss in the heart of Tanzania.**

**AUGUST 4-11, 2024**

**\$4,000 - All-Inclusive**

**(sans airfare, tips, souvenirs & \$100 tourist visa)**

Here's a sneak peek of what awaits you

- Day 1: Welcome to Kilimanjaro International Airport, followed by a warm reception at Mount Meru Game Lodge.
- Day 2: Embrace wellness with Swahili Language Lessons, Qi Gong, and Massage.
- Day 3: Experience the rhythm of Tanzania with a Traditional Cultural Dance performance and Swahili Cooking Lesson.
- Day 4: Explore Arusha Town Center and enjoy some retail therapy.
- Day 5: Embark on a thrilling Tarangire National Park Wildlife Safari, staying overnight at SOPA Tarangire Lodge.
- Day 6: Venture into the Ngorongoro Conservation Area for a full day of adventure - spot the Big 5 and immerse yourself in Maasai culture.
- Day 7: Savor the flavors of our Farewell Dinner, a perfect ending to your wellness journey.
- Day 8: Bid farewell with Departure from Kilimanjaro International Airport.

Why wait? Plan now, pay later! 🌟

Our early bird registration offers amazing discounts and flexible payment plans for savvy travelers. 🦋

Registration: [www.aimtanzania.org/retreats](http://www.aimtanzania.org/retreats)



 **AIM**  
*Tanzania*