

## **Conscious Completion's \$25 off quiz!**

[Complete, Scan and email to consciouscompletion@gmail.com](mailto:consciouscompletion@gmail.com)

What do you do prior to your session to increase the benefits?

How does the transgenerational clearing session work?

What does Transgenerational Clearing clear?

What do you do with pain or uncomfortable sensations?

What is it that you're focusing on during your session?

Why do you breathe in and out of the nose during sessions?

What can you do after your session to increase the benefits of the clearings?

What Is Transgenerational Memory?

What are the other therapies that may be brought into your transgenerational clearing session?

What is the difference between Clearing Elixir and Transgenerational Clearing sessions?

What is a Surgical Elixir session?

List examples of sensations:

What is the best way to use the audio tracks?

What does self-regulation therapy help with?

How does this work support other therapeutic modalities?

When you start to feel hijacked by your thoughts or negative thinking what do you need to do?

Why is it important to be free from judgments, overthinking or analyzing sensations?

How do you create a new energetic field?

What are the recommended number of sessions to start out with? When is payment due for your session?

How do you book more than one session at once?

What are the current later afternoon times for booking 1-hour sessions?

Who is responsible for PayPal or Venmo fees?

What is \$250 per hour and what is \$275 per hour?

What is the pre-session form for?

What is the sensation form for?

At your session time who makes the call?

What kind of environment is the best suited for your session and what is beneficial to have with you for the session?

What happens if you cannot cancel a session within 24 hours?

If you have questions or concerns between the sessions, where do you note these?