

Fred Manriquez

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PROFILE

With 25 years of coaching experience, I am a passionate and goal-oriented baseball coach dedicated to developing well-rounded student-athletes. I emphasize athletic and academic growth through a foundation of self-discipline, teamwork, and personal development. By incorporating technology, performance analytics, mental resilience, and a strong work ethic, I strive to help athletes reach their full potential on the field and in life, while also encouraging them to be positive role models at school and in their community.

CURRENT EMPLOYMENT

Fire Rescue, Captain, Health and Safety Officer, Firefighter/Paramedic	2005-Present
Baseball Coach	2000-Present

COACHING EXPERIENCE

Responsible for baseball instruction, management, and administrative tasks, including fundraising, scheduling, travel arrangements, team finances, and community service.

Head Baseball Coach

Elite Squad (17u)	
Scorpions South (14U)	2015-2016
Palm Beach County PAL (13U)	2014-2015
Palm Beach Shockers (12U)	2013-2014
American Legion Post 12 (18U)	2012-2013
Collegiate League NABA Westchester.NY	2003-2004

Assistant Varsity Baseball Coach

Palm Beach Central High School, Wellington, FL	2014-2025
Wellington High School, Wellington, FL	2010-2013
West Boca High School, West Boca, FL	2007-2010
Suncoast High School, Riviera Beach, FL	2006-2007
Hackley School, Tarrytown, NY	2001-2003
Castle High School, Kaneohe, HI	2000-2001

PLAYING EXPERIENCE

Independent Professional Baseball	2000-2001
Oahu Cubs, Oahu, HI	

Division 1 Baseball	1994-1998
Marist College, Poughkeepsie, NY	

EDUCATION

Marist College, Poughkeepsie, NY	1994-1999
B.A - Psychology/Special Education	
M.S- Organizational Leadership	
(currently completing)-American College of Education	

TEACHING EXPERIENCE

ESE Teacher/Crisis Intervention Teacher	
Wellington High School	2004-2005
Hammock Pointe Elementary, Boca Raton	2003-2004
Dichiaro Elementary School, Yonkers, NY	2001-2003
Kahaluu Elementary School, Kaneohe, HI	2000-2001
King Intermediate School, Kaneohe, HI	1999-2000

SKILLS

Bilingual - Fluent speaker of Spanish. State Certified Paramedic/ Firefighter, Rapsodo Certified, Scout School

References available upon request