



## BRANDON HILL

### OBJECTIVE

Seeking a collegiate-level pitching coach or coordinator position with a focus on development, performance, strength, conditioning and injury rehabilitation. Available on or after September 1, 2024, at the conclusion of Cressey Sports Performance internship.

### CONTACT

11605 Shadow Run Lane  
Glen Allen, VA 23059  
Cell: (804) 221-6258  
brandonhill1134@gmail.com

### BASEBALL TECHNOLOGY SKILLS

TrackMan, Rapsodo, Edgertronic, Synergy, TruMedia, Baseball Cloud, AWRE

### REFERENCES

Collin Radack – University of Richmond;  
Hitting Coach  
cradack@richmond.edu

Zach Ullrich – Roanoke College Baseball;  
Head Coach  
ullrich@roanoke.edu

Chris McKnight –Tuckahoe Sports, Inc.;  
Vice-President of Baseball  
cmcknight@tuckahoesports.org

Cell phone numbers for all references can be provided upon request.

### PROFESSIONAL EXPERIENCE

#### University of Richmond Spiders – Pitching Intern (February 2024 to Present)

- Use objective and subjective methods and metrics to evaluate each Spiders pitcher and identify individual strengths and limitations.
- Collaborate with Pitching Coach to develop and execute drill packages to help pitchers develop and reinforce good mechanical habits and pitch development.
- Served as Replay Coordinator during home games, using AWRE video to assist umpires in determining correct outcome of calls on the field.
- Also served as Deputy Camp Director (Summer 2021 & 2022), assisting the Spiders coaching staff with all camp processes.

#### Tread Athletics – Performance Coach Intern (November 2023 to February 2024)

- Learn, observe, and assist with coaching and training in Tread Athletics' pillars of performance (assessments, corrective exercise, dynamic warm-ups, throwing, mechanical analyses, pitch design, strength & conditioning, nutrition, and recovery) with baseball athletes, ranging from high school to professional level.
- Collaborate with Tread performance coaches to program appropriate throwing progressions to best fit the goals of their professional and collegiate pitchers.
- Evaluated the biomechanical sequencing of pitchers under the direction of two Tread Athletics Biomechanists.

#### OrthoVirginia - Physical Therapist Technician (July 2023 to November 2023)

- Assist patients through exercise, gait, balance training and other therapeutic interventions.

#### Tuckahoe Sports, Inc. – Pitching Coach (August 2023 to November 2023)

- Directed mechanical, plyo ball and medicine ball skill work as well as uploading data analysis spreadsheets for individual players.

#### RVA Athletes – Youth Lifting Coach (August 2023 to November 2023)

- Responsible for instructing, correcting and maintaining proper lifting technique for athletes in the 13-18 age group.

#### Intercollegiate Athletics – Roanoke College Maroons, NCAA DIII (2019-2023)

- Devoted 45 hours per week to practice, games and weight training.
- Four-year member of team; served as bullpen coach after injury in 2023.

### FUTURE PROFESSIONAL EXPERIENCE

#### Cressey Sports Performance – Intern (May 2024 to August 2024)

- Will serve as a baseball-specific strength and conditioning intern at Cressey's West Palm Beach, Florida location from May 26 to August 30, 2024.

### CERTIFICATIONS

- Currently studying to obtain Certified Strength & Conditioning Specialist (CSCS) certification; expected completion Fall 2024.

### EDUCATION

Roanoke College - August 2019 to May 2023  
Bachelor of Science; Major: Health & Exercise Science; Minor: Psychology