

JACOB HOM

BASEBALL AND MENTAL SKILLS COACH

925.550.2829 • jakehom253@yahoo.com • Antioch, CA • [LinkedIn.com/in/jacobhom](https://www.linkedin.com/in/jacobhom)

SUMMARY

Motivated and committed professional currently pursuing a Master's degree in Applied Sport and Performance Psychology at Holy Names University. Graduate of Briar Cliff University with a Bachelor of Arts in Criminal Justice. Five years of experience coaching at the collegiate level, with three years at the Junior College level and two years at the NCAA Division II level. Strong knowledge in the application of a variety of coaching techniques and strategies, organization of volunteer work, and dedication to community service in underserved communities. Understanding of NCAA/NAIA guidelines and multiple years' experience with the transfer portal, development of effective and productive practice plans, and successful recruiting from the high school and junior college levels.

SKILLS

Strong Leadership	Excellent Communication	Active Listening	Rapport Building
Growth Mindset	Goal Setting & Attainment	Honest Evaluation	Self-Reflection

PROFESSIONAL EXPERIENCE

GRADUATE ASSISTANT COACH – HITTING AND INFIELD

Holy Names University | Oakland, CA | 2021-2023

- Integral part of leading the group that set the program record for highest number of wins in a single season, along with qualifying for postseason for the first time in program history
- Responsible for recruitment, including coordination of visits and maintaining NCAA compliance
- Development of infielders, with focus on proper mechanics in all aspects of defensive infield work
- Instruct hitters with regard to physical and mental skill development, mechanics, and refining in-game hitting approach
- Led the hitters to program best single season records for batting average, extra-base hits, walks, steals, and runs per game, while reducing strikeouts by 25%
- Responsible for field and stadium maintenance, as well as the coordination of community outreach projects for the group

HEAD COACH – ALPHA POWER 2024

Alpha Baseball Club | Stockton, CA | 2020 – Present

- Development of the top high school players in Northern California, in all facets of the game, including defense, hitting, baserunning, and overall baseball IQ
- Mentorship with respect to approaching the recruitment process as a player, facilitating proper communication with collegiate coaches
- Networking with current collegiate level coaches and creating relationships between recruits and baseball programs nationwide

ASSISTANT COACH – HITTING, INFIELD, OUTFIELD, CATCHING

Los Medanos College | Pittsburg, CA | 2018 - 2021

- Assist in creation and implementation of program specific goals, team building, maintaining alumni relations and fundraising
- Developed players defensively at three defensive positions, including position specific skill development and team defensive concepts
- Fine-tuning the many aspects of the offensive game with emphasis on mechanics of swinging, situational hitting, improvement of individual approach, and buying-in to overall team approach
- Hitters achieved a program best .308 team batting average during the 2021 season, along with 60 extra-base hits in 22 games, and hit a program record 13 homeruns

JACOB HOM

EDUCATION

MASTER OF ARTS, Applied Sport and Performance Psychology | Holy Names University, Oakland, CA 2021 – 2023

- 39 Credits completed
- Proficiency in a variety of mental skills techniques, modalities, and theoretical perspectives
- Training in ethics, professional application, and cultural competence within practice
- Integration of established theories with evidence-based techniques to enhance the mental performance of individuals and teams

BACHELOR OF ARTS, Criminal Justice | Briar Cliff University, Sioux City, IA 2016 – 2018

- Interdisciplinary education with background in sociology, political science, and psychology
- Preparation in navigating institutional injustices and how our society addresses crime, victims, and offenders
- Utility Outfielder and Infielder; .324 Batting Average with 55 RBIs in 91 games played

ASSOCIATE OF ARTS, Administration of Justice | Los Medanos College, Pittsburg, CA 2013 – 2016

- Utility Outfielder and Infielder; .347 Batting Average with 25 RBIs, 9 Extra-Base hits in 43 games played
 - Bay-Valley Conference 1st Team for Sophomore season
 - All-California 1st Team for Sophomore season
-

ACHIEVEMENTS & VOLUNTEER EXPERIENCE

USA Baseball National Team Championships - 16u Gold Medalist July 4, 2022

Alpha Baseball Club, Surprise, AZ

Food Bank Volunteer 2021-2023

Alameda County Community Food Bank, Oakland, CA

REFERENCES

Esteban Contreras

Head Coach, Holy Names University
(925) 323-9619, este925@yahoo.com

Anthony D'Albora

Head Coach, Los Medanos College
(925) 353-0302, aedalbora@gmail.com

Wayne Franklin

Pitching Coach, Holy Names University
(443) 567-3354, wafran74@gmail.com

Chris Bodishbaugh

Director of Player Development, UC Berkeley
(925) 913-0016, cbodish@gmail.com

Adam Farb

General Manager, Alpha Baseball Club
(415) 450-0429, adam@playnctb.com
