

**Jeffery T. Allen**

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**EDUCATION**

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**Bay De Noc Community College**

Associate of Arts in Business Administration, *May 2023*

- Accounting, Microsoft 365, Business Law, Microeconomics, Computer Concepts and Applications

Associate of Applied Science in Water Resource Management, *May 2020*

- Received S-4 Waterworks License.

**RELATED EXPERIENCE**

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**Assistant Coach, Bay College Baseball**

*12/2021-Present*

- Assist in creating daily practice plans and drills.
- Assist in doubling the school single season win record from 10 to 24
- Assist in breaking the school record for stolen bases from 20 to 83
- Assist in raising team fielding percentage from .898 to .928
- Create an arm care program for pitching staff, introducing individualized recovery to the program.
- Work individually with both infielders and outfielders on proper fielding techniques.
- Create and maintain a social media presence to promote the growth of the Bay College baseball program.
- Assist in recruiting prospective student-athletes to the program.
- Assist sophomores in continuing their careers at 4-year colleges and universities.
- Assist in planning and running multiple youth skills development camps.

**Board Member, Gladstone American Legion Baseball**

*Elected 2/2024-Present*

- Assist in plans to advance participation and awareness of American Legion baseball in the area.
- Select tournaments, aid in creation of practice and game schedules, and coordinate coaching staff.
- Participate in bi-monthly board meetings.

**Assistant Coach, Gladstone High School Baseball**

*December 2023 - Present*

- Assist in day-to-day creation of practice plans, especially focusing on catching drills.
- Create a new, thorough training schedule for players to follow in the off-season.
- Assist and educate players in college recruiting and outreach processes.
- Implement an arm care plan specifically developed for high-school pitchers to prepare them for the season while avoiding injury.

## **Middle Infielder, Bay College Baseball**

*August 2018 - August 2020*

- As team captain, helped establish a winning culture within the program by building and strengthening relationships with teammates, encouraging leadership, credibility and accountability.
- Discussed team chemistry, focus, mindset, and collective insights with the Coaching staff, and worked cohesively to help lead the team.
- Developed and maintained key relationships with fellow athletes, coaching staff, and college faculty.

## **Volunteer Head Baseball Coach, Watervliet Recreation Council**

*February 2016 - July 2021*

- Coached teams of 10-12 players in the 12-14 year age group.
- Planned and conducted efficient practices.
- Assessed players' skills by monitoring players on an individualized basis throughout practice and games.
- Taught the fundamentals of the game to first-time ball-players.

## **RELEVANT SKILLS & CERTIFICATIONS**

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- USA Baseball A, B, and C certified
- 8+ years of high-level playing experience.
- Experience evaluating prospective recruits at the collegiate level.
- Experience helping junior college transfers find scholarship opportunities with 4-year colleges and universities.
- Deep knowledge of the game of baseball and the player evaluation process.
- Ability to throw quality batting practice.
- Experience in instructing ballplayers of all ages, in all aspects of the game.

## **HONORS & AWARDS**

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- Named "Norse Award" Winner for exemplifying team leaderships skills on Bay College inaugural baseball team
- 3x Team Captain (Watervliet HS)
- 2x Honorable Mention All-Conference (Watervliet HS)
- 1x Honorable Mention All-District (Watervliet HS)
- 2x All-Star (Thomas Stadium Adult Baseball League, Niles, MI)
- Member of Bay College student-led organization "Norse Force" 2018
- Co-founder of Leadership Council at Watervliet HS 2014
- Member of Big Brother Program Watervliet 2015
- Named to honor roll (Watervliet HS) and Dean's list (Bay College) numerous times for academic excellence