

JUSTIN MULVANEY

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<https://justinmulvaney.weebly.com/>

OBJECTIVE

Aspiring NCAA Division I Pitching Coach in Baseball.

COACHING BELIEFS/PHILOSOPHY

To develop young men while they are student-athletes through hard work, dedication, organization, and time management. Through effort, trust, and optimism, young men are able to accomplish anything on and off the field.

EDUCATION

University of Northern Colorado; Greeley, CO

- Attended 2014-2018; Bachelor's Degree in Sports & Exercise Science with an Emphasis in Coaching, Graduated Summer 2018

Regis University; Denver, CO

- Attended 2018-2021; Master of Arts in Sport Administration, Graduated Spring 2021

COACHING EXPERIENCE

Pitching Coach in the NJCAA DI Jayhawk Conference

- Garden City Community College, Garden City, KS; 2019-2022
 - Coordinated recruitment of potential student-athletes from across the country, to build a roster of 40.
 - Develop individualized throwing programs incorporating Driveline Baseball tools and drills.
 - Assist in managing student-athlete academics and arranging academic meetings.

Pitching Coach in the Expedition League

- Souris Valley Sabre Dogs in Minot, ND; Summer of 2019

Graduate Assistant at NCAA DII RMAC

- Regis University, Denver, CO; Outfield coach along with assisting pitchers; 2018-2019
 - Assist in travel and food arrangements during the season.

Assistant Pitching Coach in the Northwoods League

- Waterloo Bucks in Waterloo, Iowa; Summer of 2018
 - Coached many players from across the country, including pitchers that went on to professional baseball

PLAYING EXPERIENCE

Pitcher at University of Northern Colorado (WAC); 2015-2018

Player/Coach for Waterloo Bucks (NWL); Summer 2018

Pitcher for Anchorage Bucs (ABL); Summers of 2016, 2017

- All-Star and 1st Team All-ABL 2016

ADDITIONAL WORK EXPERIENCE

Fundraising and Community Service

- Assisted in coordinating fundraising efforts to help raise over \$20,000 all three years at Garden City CC
- Assisted in coordination of community service efforts in Garden City, KS for the baseball team to attend.

Marketing and Social Media Experience

- Design name plates for lockers at Regis University and Garden City CC
- Run Twitter and Facebook for Regis University Baseball

Computer and Technology Experience

- Computer skills in all Microsoft programs required for budgetary spreadsheets, sport relevant charts, and documenting
- Synergy Baseball for advanced scouting and player development. Compiling film to help outward recruiting
- Rapsodo Baseball Pitching competent in utilizing data for optimized player performance

Head Groundskeeper; Summer 2018

- Cost Cutters Field at Riverfront Stadium, Home to Waterloo Bucks in Northwoods League
 - Responsibilities consist of mowing, dragging, watering schedule, plate and mound maintenance.

PERSONAL

American Baseball Coaches Association (ABCA)

- Member since September 2018, attending annual conferences

Positive Coaching Alliance Online Workshops; Spring 2016, Summer 2017

- Double Goal Coach I & II, Life Lessons and Winning and Culture, Practices & Games

REFERENCES

RD Spiehs- Illinois State University Assistant- (501) 519-2725

Mike Sirianni- Wichita State University Assistant- (316) 347-1943

Chris Finnegan- Former Head Coach Garden City Community College- (660) 707-2620