

KIRK CABANA



CONTACT

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SKILLS

- Team Building & Skill Development
- Excellent Coaching Techniques
- Professional Enthusiasm
- Effective Recruitment Strategies
- Game & Practice Strategies
- Sports Management
- Cooperative & Collaborative Style
- Problem Solving
- High Moral Standards
- Growth Mindset
- Positive Self-Talk
- Motivator & Public Speaker
- Gratitude & Humility
- Grit
- Accountability
- Character Development
- Resilience
- Regulatory Compliance



PROFILE SUMMARY

Seasoned and accomplished Baseball Coach with progressive experience in all facets of competitive baseball programs including organization, direction, and administration. Hands-on leader with diversified talents in coaching, managing staff, recruiting quality student-athletes, fundraising, budgeting compliance, and program management. Adept at helping athletes enhance their performance skills, game techniques, and endurance, while also minimizing the risk of injury. Strong expertise in guiding players as they enhance existing competencies and grow more self-confident through practice and commitment. Exceptional ability to encourage student athletes in integrating academic, athletic and spiritual pursuits. Strong work ethic and commitment to compliance with codes and regulations.



CORE COMPETENCIES

- Exceptional leadership abilities and a strong commitment to the student-athlete concept
- Demonstrates expert knowledge of skills and strategies related to the sport of baseball
- Playing and coaching experience at the collegiate level with high degree of sportsmanship
- Institute and lead practices, helping players achieve optimal fitness and conditioning
- Promote sportsmanship, create positive team communities, and help athletes realize their full potential
- Strong interpersonal skills in dealing with student-athletes, peers and the general public
- Skilled in counseling, problem-solving, & conflict management to ensure a positive environment
- Strong knowledge of the game of baseball with regards to technical, tactical, and strategic aspects
- Proficient in Computer system and MS Office suite (Word, Excel, PowerPoint)



WORK EXPERIENCE

Assistant Coach & Recruiting Coordinator **Aug 2019 – Present** Carolina University

- Assist in many day-to-day administrative tasks including, but not limited to, grade progress, study hall, facility rentals, practice itinerary, player communication, contract agreements, budget document updates, gear purchases, documentation of inventory, and fundraising coordination.
- Serve as recruiting Coordinator, bringing in talent better than competition, to build new baseball program.
- Assist in the development of a program to support student athletes experiencing academic difficulties progress toward graduation.
- Responsible for motivating, encouraging, disciplining, and maintaining sportsmanship.
- Assist on the baseball field as the hitting coach, but also assist with, outfielders, infielders, BP, fungo, time management, facility preparation, player development, communication with visiting teams for gameday operations, and field improvements.

Head Coach **Jan 2021 – Present** Carolina Disco Turkeys

- First coach in franchise history.*
- Direct strategy and manage players' involvement during athletic practices or contests.
- Participate in scheduling process for competitive events.

EDUCATION

- **M. Ed – Educational, School, & Counseling Psychology**
Expected Dec 2022
Emphasis In Positive Coaching & Athletic Leadership
University of Missouri
- **Bachelor of Science - General Studies**
June 2020
Southern New Hampshire University
- **Associate of Arts – Kinesiology**
June 2018
Citrus Community College

KEY ACHIEVEMENTS

- NCCAA Baseball 2022 World Series
- NCCAA Baseball 2022 South Region Champions
- 2022 HIGHLIGHTS
 - NCCAA # 7 Ranking
 - 36-15 Record
 - 20 game winning streak
 - #1 AVG, HR, RBI, R
 - 1st & 2nd Team All-Americans
 - Region Player of the year
 - 8 All-Region Players
- NCCAA Baseball World Series Final Four - 2021
- NCCAA Baseball #5 Batting Average - 2021
- Coached NCCAA 3rd Team All-American - 2021
- Returned to play collegiate baseball at 30 years old
- Founder of Pursuit 4 Purpose - A Character Development and Goal Setting Organization
- Pursuit 4 Purpose Podcast
- Weekly Interviews with Top Leaders in Sports

- Successful branding launch, including being available for tv, radio, and podcast interviews, receiving more attention than many higher levels summer collegiate leagues.
- Responsible for recruiting, including over 20 D1 players in 2 years. BP, Fungo, day to day operations.
- Operate alongside vested stakeholders to draft competitive sporting strategies.

Bench Coach **HPT Hi-Toms**

Jan 2020 – July 2020

- Facilitated gameday operations as well as assisted in decision making.
- Prepared Game Charts and oversaw BP/fungo.
- Served as an in-game advisor to the manager, offering situational advice.

Head Coach **Puerto Rico Collegiate League**

June 2019 – July 2019

- Recruited prospective athletes from multiple states.
- Worked with players developing hitting, fielding, and weight training skills.
- Assisted with the placement of student-athletes looking for another college.

Relationship Manager/Sales **Janus Pest Management, Inc.**

Nov 2007 – Present

- Manage high profile clientele in Class A High Rise Buildings.
- Manage multiple technicians' daily schedules and routes.
- Create and execute strategic sales plans that expands customer base and extends market reach.
- Meet with potential clients and grow long-lasting relationships by understanding their needs
- Exercise confidentiality and discretion working with important clientele, including fortune 500 companies.



REFERENCES

Dr. Darin Wilson
Associate Vice President of Athletics
Georgia Gwinnett College
Number: (678) 392-7930
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Mickey Williard
Assistant Coach – High Point University (D1)
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