Ryan John Vruggink

7014 County Road 1215 Flint, TX 75762 (832) 512-4680 rjvruggink@gmail.com

Education

- College of Business, Arkansas Tech University, Russellville, Arkansas Bachelor's of Business Administration in Management and Marketing May 2016 Management & Marketing GPA – 3.45; Cumulative GPA – 3.20
- C.T Bauer College of Business, University of Houston, Houston, Texas Pursuing Bachelors of Business Administration in Accounting December 2016 Accounting G.P.A.: 3.5; Cumulative G.P.A.: 3.67
- Central Methodist University, Fayette, Missouri Masters of Education with an Emphasis in Sports Administration May 2019 Master's GPA – 4.0

Employment History

University of Texas at Tyler Pitching Coach 2019-2022

- Led the pitching staff at the University of Texas at Tyler, member of the Lone Star Conference over three seasons compiling an overall record of 77-41 during that time.
- Topped Division II baseball in strikeouts with 260 in 190.3 innings, good for a 12.29 K/9 and led the Lone Star Conference in wins, ERA (3.03), strikeouts, saves (9), and BAA (.205) during 2020. In 2022, led the conference regular season in ERA and were second in walks allowed as well as top 4 in opponent batting average against and WHIP
- Worked with 3 all-conference and all region members during the three years as pitching coach, one starting pitcher and two relievers
- Worked firsthand with Motus sleeves and Rapsodo Pitching 2.0 in order to coordinate daily throwing programs with Tread Athletics, Driveline and Jaeger Long Toss elements.
- Assisted in the recruiting of junior college and high school athletes as well as assisted with the coordination and planning of on campus visits.
- Performed several operational tasks; coordinated all meals on the road and before home series, as well as assisted with hotels and logging practice hours.

Florence RedWolves Coastal Plain League Head Coach 2019-2020

- Recruited team for the 2019 summer and 2020 summer from various colleges across all levels of the country (D1, D2, D3, and NAIA)
- Responsible for the in game decision making for the coming summer, player relationships with host family and player relationships within the community

Mineral Area College Assistant Coach 2016-2019

- Blended a DriveLine and Jaeger Long Toss throwing program to benefit and strengthen our student athletes with goals of improving stamina, arm strength, control, and velocity.
- Responsible for daily maintenance of field including mowing, striping for games, watering, edging and fertilizing throughout the entire year
- Recruited both in state and out of state players including on campus visits and tours of athletic and academic facilities
- Improved numerous statistical categories in first year of program (decreased ERA by .71, increased strikeouts by 128, improved strikeout to walk ratio from 1.67 in 2016 to 2.06 in 2017)
- Program best over the last 6 years ERA of 4.69 innings in 2019, 9.92 K/9 (best in my time here), and a 3rd place finish in Region 16.
- Helped in placing members of the Mineral Area pitching staff across all levels of 4 year colleges (D1, D2, D3, and NAIA programs)

Macon Bacon Coastal Plain League Assistant Coach 2018

- Lead assistant in recruitment of athletes from various NCAA and NAIA schools for the summer of 2018
- Coordinate day-to-day routines for members of the pitching staff including throwing programs and conditioning programs
- Assisted in coordination of the Macon Bacon Youth Summer Camp
- Martinsville Mustangs (Coastal Plains League) Assistant Coach 2016 and 2017
 - Led the in game coordination of the pitching staff including pitch calling and bullpen management
 - Helped with the recruiting of athletes throughout the summer
 - Coordinated throwing and running programs for all pitchers to use to maintain health for their school seasons

Activities

University of Houston Baseball Team, 2011-2015 University of Houston Student Athlete Advisory Committee, 2011-2015 Arkansas Tech Baseball Team, 2015-2017

Ryan Vruggink References

Blake Jones - Head Coach - Mineral Area College - 573-701-2503

Taylor White - Assistant Coach/Recruiting Coordinator - UT Tyler - 903-520-6107

Danny Higginbotham - Assistant Coach/Recruiting Coordinator - DMACC - 817-875-0966

Brent Porche - Head Coach - UT Tyler - 225-241-3881

Barbara Osborne - Former General Manager of the Florence RedWolves - 843-616-3586