JUNE 10, 2022

keene ĭnternatĭonal market



162 Emerald Street, Keene, NH. 603.338.0060

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Product Spotlight

RED RICE

LOOK FOR THESE PRODUCTS FOR THIS RECIPT

- Red Rice
- Galangal or Ginger
- Lemongrass
- Thai Chilis
- Garlic
- Sunflower Oil or Peanut Oil
- Soy Sauce



Many people understand red rice to be a healthier rice option, similar to brown rice. Red rice contains magnesium and can help improve one's oxygen circulation. It's also a great source of fiber. The flavor may be considered more sweet or nutty than regular white rice. It takes longer to cook.

There are many Thai stir fry recipes that call for red rice. Some call for soaking the rice for two hours prior to cooking.

Here's one recipe for "Stir-Fried Red Rice with Thai Flavors from Go Healthy Ever After: https://www.gohealthyeverafter.com/fried-redrice-thai/

The Keene International Market also carries Thai glutinous rice, black cargo rice, and brown rice.



Fresh Produce

Fruits:

Large mango Dominican mango Thai guava Green coconuts Sweet Plantains Bread Fruit Mamey Sweet Pears Shingo Pears Green Mango

Veggies: Bitter Melon Karela Indian Okra Daikon Fresh Mint Fresh Curry Leaves Watercress Chinese eggplant Indian Eggplant Lauki-Bottle gourd White long beans Enoki mushroom Oyster Mushroom King Oyster Mushroom Eddo/Taro **Sweet Potatoes** Yuca/Cassava Ube **Purple Potatoes** Garlic & Ginger



New Arrivals:

India: Besan Flour 2lb & 4lb Moong Beans 2lb Royal Basmati Rice 10lb & 20lb Parle G Biscuits Lay's Magic Masala Chips Chanachur Papad Jeera Mango Chutney, hot Masoor Malka (gota) 2lb & 4lb

Thailand:

Satay Sauce Rice: red, brown, black Three Crabs Fish Sauce Authentic Thai Tea Japan" Daifuku Mochi Ramune sodas Furikake - Norigoma Otafuku Tokyo Sukiyaki Sauce Low Sodium Soy Sauce Katsu Dashi Green Tea Dashi Miso China: Lay's Chips: Mexican Tomato, Texas BBQ, Crayfish, Fried Crab, Seaweed, **Chicken Hot Wings** Sunkist Drinks: blackcurrant, orange, Salted Pineapple Soda

Fanta Soda: orange

Cumin Crackers

Philippines:

Ice Cream: Lychee, Macapuno Silver Swan Soy Sauce 1/2 gal Excellent Pancit Canton Noodles



New Arrivals:

Mexico:

Maseca Flour & Tamale Flour Hand-made Mexican napkins El Yucateco Jalapeno Sauce De la Rosa marzapan 30pc

> **Cuba**: Mojo Criollo Marinade

> > **Venezuela**: White Cornmeal Yellow Cornmeal

Wales Glengettie Black Tea

Ireland: Barry's Tea: Decaf, Green, & Gold

England:

Steamed Puddings: Ginger Syrup, Chocolate, Lemon, & Toffee Cadbury Curly Wirly Squirlies Gluten Free White Flour Yorkshire Tea: Biscuit Brew, Toast/Jam & Bedtime Brew Branston Chunk Pickle

> Scotland: Irn Bru Soda

Poland: Milanowek Cocoa Cream Fudge

> France: Butter Bixcuits:

New Arrivals

Thai Rice sticks, rice vinegar, Thai curry paste, Polish pierogis, Nepalese momos/dumplings, Indian cumin soda, Thai roasted coconut water, bubble tea, Jamaican ting soda, Peruvian aji panca, chia dried Japanese kewpie mayo, seeds, pomegranate seeds.



thai mix satay sauce



sauce



thai Black rice



El Yucateca jalapeno hot sauce



Conchita Mojo Criollo Marinade





Cocktail Mugs

KEENE INTERNATIONAL MARKET

All bellies welcome! Wed 11-6, Thurs 11-6, Fri 11-6, Sat 10-6, Sun 11-5

> 162 Emerald Street, Keene, NH 03431 www.keeneinternationalmarket.com



NISU SATURDAY

Finnish Mama

Delivers her fresh baked Finnish cardamom coffee bread, nisu, on Saturday. Available in large loaves, small loaves, raspberry filled, and rolls.

FILIPINO ICE CREAM

Magnolia Brand

Imagine freshly picked tropical fruits, well blended with milk, and churned perfectly for a creamy yet fruity taste that will bring summer to your palate. Now try adding boba to make a perfect summery drink!





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