

BIO

SPEAKER INTRODUCTIONS



LESTER SANDERS

RESILIENCY
EXPERT

STUDENT & STUDENT-ATHLETE
COMMUNICATOR



LESTERSANDERS.COM

2025



Lester Sanders Speaker Introduction

Lester Sanders has dedicated his life to helping young people from all walks of life accomplish their goals in “The Game Of Life” and be “Motivated To Live Their Dreams”!

He is a National Speaker, Communicator, and Resiliency Expert. He has a rare gift for connecting to today’s young people and a unique ability to inject information, knowledge, service, hope, love, and innovation into the culture.

Lester has been encouraging students and student-athletes as a professional speaker since incorporating his consulting business, Lester Sanders Limitless, in 2004. Also, Lester serves as the Academic Program Coordinator of Rising Scholars (a college access program) at Kent State University at Stark.

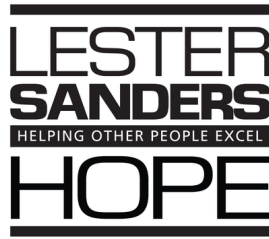
Born in Canton, OH, in poverty, failing second grade, fearing rejection, battling self-doubt, and enduring the disadvantages of single parenthood, Lester knows about turning unfavorable circumstances, adversities, and tragedies into hope and fuel for goal and dream achievement.

Lester is a graduate of Canton McKinley Sr. High School and Kent State University. He majored in Criminal Justice and concentrated on prevention in the Juvenile Justice System and Positive Youth Development.

Lester makes his home in Canton, OH, with his wife LaTrese, and sons Elijah and Kaylen.

He speaks to thousands of teens and young adults yearly through school assemblies, conferences, workshops, student-athlete development forums, college campus events, churches, youth ministries, and more.

For more info, visit LesterSanders.com & [YouTube.com/@LesterSpeaks](https://www.youtube.com/@LesterSpeaks). Please help me welcome Lester Sanders!



Lester Sanders Speaker Introduction For Student-Athlete Events

Lester Sanders has dedicated his life to helping young people from all walks of life accomplish their goals in “The Game Of Life” and be “Motivated To Live Their Dreams”!

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He was a two-year starter at Strong-Safety on the 1994 and 1995 Bulldogs Football Teams. As a senior, Lester earned Special Mention All-Ohio, 1st Team N.E. Inland District, and 1st Team All-County post-season awards. In 2014, he was inducted into the Canton McKinley Football Hall of Fame.

In his Junior season, Lester played in the Historic Massillon/McKinley 100th meeting (at Paul Brown Tiger Stadium) and the Historic 101st meeting (at the University of Akron’s Rubber Bowl) before 35 thousand plus fans.

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