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ELECTRONIC PRESS KIT



LESTER SANDERS

RESILIENCY
EXPERT

STUDENT & STUDENT-ATHLETE
COMMUNICATOR



LESTERSANDERS.COM

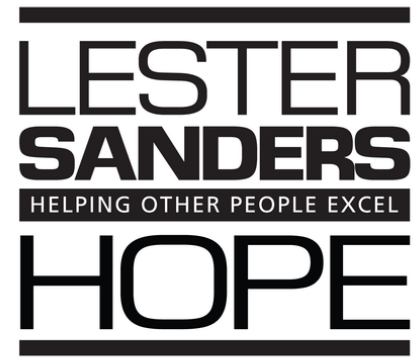
2025



MEET LESTER

Lester is a Student-Centered Communicator and Resiliency Expert with 20+ years of frontline experience and is passionate about helping them excel inside and outside the classroom. Lester helps students and student-athletes excel by providing college, career, and life strategies.

His powerful story of *Vision, Life Choices, Resiliency, Motivation, and Persistence* empowers his audiences to be *Competitors* (the best version of themselves) in the classroom, on the field or court, and in everyday life. For more information, visit LesterSanders.com.



Student & Student-Athlete Communicator
Resiliency Expert

SPEAKING PROGRAMS

- ✓ Position Yourself For Success
- ✓ The Blueprint To College Success
- ✓ More Than An Athlete: How To Go Pro In Something Other Than Sports
- ✓ Be The Hero Of Your Life's Story: Resilience Is Your Superpower
- ✓ Financial Foundations
- ✓ And more...

*Programs Can Be Customized For Young Adult & Teen Ministries!

Services: Keynotes. Assemblies. Breakout Sessions. Student-Athlete Development.

Core Topics: Resiliency. Leadership. Social & Emotional Learning. College & Career Prep.



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/LESTERSPEAKS



CORE SERVICES

- Speaking & Training
 - Keynotes, Assemblies, Breakout Sessions, & Student-Athlete Development
- Life Skills Facilitation
 - Group Sessions & Leadership Groups
- Professional Development
 - Keynotes, Breakout Sessions, In-Service Days, & Consulting

CORE TOPICS

- Resiliency
- Personal & Peer Leadership
- Social & Emotional Learning
- College & Career Prep

*"It's **Easier To Build Strong Children**
than to repair broken men."*

~Frederick Douglass



*"All students are **ONE RELATIONSHIP** away
from being **Inspired in The Right Direction!**"*

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