

**LESTER SANDERS**  
HELPING OTHER PEOPLE EXCEL  
**HOPE**

**EPK**  
ELECTRONIC PRESS KIT



**LESTER** RESILIENCY  
EXPERT  
**SANDERS**

STUDENT & STUDENT-ATHLETE  
COMMUNICATOR



LESTERSANDERS.COM

**2024**



## MEET LESTER

Lester is a Student-Centered Communicator and Resiliency Expert with 20+ years of frontline experience and is passionate about helping them excel inside and outside the classroom. Lester helps students and student-athletes excel by providing college, career, and life strategies.

His powerful story of *Vision, Life Choices, Resiliency, Motivation, and Persistence* empowers his audiences to be *Competitors* (the best version of themselves) in the classroom, on the field or court, and in everyday life. For more information, visit [LesterSanders.com](http://LesterSanders.com).



Student & Student-Athlete Communicator  
Resiliency Expert

## SPEAKING PROGRAMS

- ✓ Position Yourself For Success
- ✓ The Blueprint To College Success
- ✓ More Than An Athlete: How To Go Pro In Something Other Than Sports
- ✓ Discipline, Consistency, and Trust The Process
- ✓ Financial Foundations
- ✓ And more...

\*Programs Can Be Customized For Young Adult & Teen Ministries!

Services: Keynotes. Assemblies. Breakout Sessions. Student-Athlete Development.

Core Topics: Resiliency. Leadership. Social & Emotional Learning. College & Career Prep.



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/LESTERSPEAKS



## ***CORE SERVICES***

- Speaking & Training
  - Keynotes, Assemblies, Breakout Sessions, & Player Development
- Life Skills Facilitation
  - Group Sessions & Leadership Groups
- Professional Development
  - Keynotes, Breakout Sessions, In-Service Days, & Consulting

## ***CORE TOPICS***

- Resiliency
- Personal & Peer Leadership
- Social & Emotional Learning
- College & Career Prep

**"It's *Easier To Build Strong Children*  
*than to repair broken men.*"**

**~Frederick Douglass**



**"All students are *ONE RELATIONSHIP* away  
from being *Inspired in The Right Direction!*"**

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