



# EPK

## ELECTRONIC PRESS KIT



# LESTER SANDERS

STUDENT & STUDENT-ATHLETE  
COMMUNICATOR



LESTERSANDERS.COM

2025



## MEET LESTER

Lester is a Student-Centered Communicator with 20+ years of frontline experience and is passionate about helping them excel inside and outside the classroom. Lester helps students and student-athletes excel by providing college, career, and life strategies.

His powerful story of *Vision, Life Choices, Resiliency, Motivation, and Persistence* empowers his audiences to be *Competitors* (the best version of themselves) in the classroom, on the field or court, and in everyday life. For more information, visit [LesterSanders.com](http://LesterSanders.com).



Student & Student-Athlete Communicator

## SPEAKING PROGRAMS

- ✓ Position Yourself For Success
- ✓ The Blueprint To College Success
- ✓ More Than An Athlete: How To Go Pro In Something Other Than Sports
- ✓ Be The Hero Of Your Life's Story: Resilience Is Your Superpower
- ✓ Financial Foundations
- ✓ And more...

\*Programs Can Be Customized For Young Adult & Teen Ministries!

Services: Keynotes. Assemblies. Breakout Sessions. Student-Athlete Development.

Core Topics: Resiliency. Leadership. College & Career Prep.



[LESTERSANDERS.COM](http://LESTERSANDERS.COM)



[/LESTERSPEAKS](https://www.youtube.com/channel/UCLESTERSPEAKS)



## ***CORE SERVICES***

- Speaking & Training
  - Keynotes, Assemblies, Breakout Sessions, & Student-Athlete Development
- Life Skills Facilitation
  - Group Sessions & Leadership Groups
- Professional Development
  - Keynotes, Breakout Sessions, In-Service Days, & Consulting

## ***CORE TOPICS***

- Resiliency
- Personal & Peer Leadership
- College & Career Prep



*"It's **Easier To Build Strong Children**  
than to repair broken men."*

*~Frederick Douglass*



*"All students are **ONE RELATIONSHIP** away  
from being **Inspired in The Right Direction!**"*

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