

TODAY'S DATE:										
DAYS SINCE BIRTH:										
MY MOOD:	1	2	3	4	5	6	7	8	9	1 (

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TODAY'S GOALS:							
	feeding					Seep	
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	activity					diapers	
TUMMY TIME	STORY TIME	-	BATH		TIME	WET	DIRTY
☐ WALK	OUTING	_	/ISITORS				
VVALIX			71011 0110				
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	reflections			-			
TODAY'S HIGHLIGHT							
TODAY'S CHALLENGE							
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QUESTIONS/WORRIES	S						