



Parents and guardians can use this symptom checklist to determine when to keep their student at home. School employees can use this tool to determine if they need to stay at home.

**If any of these symptoms are present, please stay at home**, inform your student's teacher and reach out to your health care provider about COVID-19 testing and next steps for treatment.

## **MAJOR SYMPTOMS OF COVID-19**

*These symptoms must be fully resolved within 24 hours to return to school. Otherwise, please isolate and test for COVID-19. (Note: Rapid antigen tests are not accepted)*

- Loss of taste and/or smell
- Altered taste and/or smell
- New or worsening cough
- Shortness of breath
- Difficulty breathing

## **MINOR SYMPTOMS OF COVID-19**

*Must be resolved within 48 hours to return to school. Otherwise, please isolate and test for COVID-19. (Note: Rapid antigen tests are not accepted)*

- Feeling feverish/chills
- Temp of 100.4° or higher
- Sore throat
- Runny nose or congestion
- Muscle or body aches
- Headache
- Fatigue
- Nausea/vomiting or diarrhea

**NOTE:** This symptom screen refers only to new symptoms or a change in usual symptoms. A student/employee should not be kept home for typical symptoms they experience due to a chronic condition (such as seasonal allergies) unless the symptoms are worse than usual.