



# Nut Butter Protein Bites

## SIMPLE RECIPE

## Ingredients

- 4 cups of Gluten Free Quick Oats
- 1 cup creamy all natural peanut butter
- 1 cup creamy organic almond butter
- 2/3 cup chopped walnuts (optional)
- 1/4 cup organic hemp seeds
- 1/4 cup organic ground flax seeds
- 1/2 cup local honey
- 1 bar dark chocolate chopped OR 1/2 bag of small dark chocolate chips (72% or higher cocoa)
- 1 Scoop vanilla protein powder
- 1 Tbsp vanilla paste

## Directions

1. Mix all ingredients in a large mixing bowl until well combined.
2. Roll into balls or use a cookie scooper to form rounds.
3. Store in a glass container, store in the fridge or freeze for up to 2 months.
4. Best enjoyed when shared with friends.

## Notes

Makes approximately 24 protein bites.  
Contains nuts and nut butters.

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