

Stephanie D. George

Oneida Nation (Turtle Clan)

Indigenous Midwife | International Board-Certified Lactation Consultant (IBCLC)

Sessional Instructor, Faculty of Health Sciences, McMaster University

MSc (in progress), Health Science Education — McMaster University

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Profile

Indigenous midwife, educator, and health scholar whose work bridges community practice, Indigenous knowledge systems and health professions education. Grounded in over fifteen years of clinical and community leadership in maternal–infant health, her work focuses on early-life determinants of health, breastfeeding systems, and restoring Indigenous maternal–infant knowledge within families, communities, and health systems.

Her scholarship and teaching centre Indigenous knowledge, relational care, and community-informed approaches to health education. Through academic teaching, curriculum development, national and international presentations, and policy engagement, she contributes to advancing culturally grounded maternal–infant health systems and integrating Indigenous knowledge within health sciences education and professional practice.

Selected Leadership and Impact

President — International Lactation Consultant Association (ILCA)	2021–2022
Indigenous Data and Research Lead — World Breastfeeding Trends Initiative (WBTi) Canada https://breastfeedingtrends.ca/about-us/	2025–Present
Invited Panelist — Parliament Hill Special Screening and Policy Discussion (Milkhood Project) https://milkhood.com/about/	2025
Delegate — Global Congress on Implementation of the International Code of Marketing of Breast-milk Substitutes	2023
MacAdemics Excellence in Teaching Award — McMaster University	2024

Education

Master of Science (MSc), Health Science Education — McMaster University	Expected 2026
Bachelor of Arts (Honours), Native Studies & History — Trent University	1994
Indigenous Midwifery Training — Six Nations of the Grand River Maternal and Child Centre	2007

Graduate Coursework — MSc Health Science Education

HS EDUC 701 — Learning and Curriculum. Final Project: Trauma-Informed Care and Breastfeeding in the First 24 Hours Postpartum.	Fall 2024
HS EDUC 703 — Assessment in Health Professions Education. Final Project: Lactation and EDI Screening Assessment for Midwives and Labour & Delivery Nurses.	Winter 2025
HS EDUC 706 — Leadership and Management in Health Professions Education. Final Project: Trauma-Informed Lactation Care: Leadership and Systems Change in the First 24 Hours Postpartum (basis of ICM Lisbon poster).	Spring/Summer 2025
HS EDUC 705 — Education Technology. Final Project: Redesign of a 20-Hour Lactation Education Course for the National Council of Indigenous Midwives.	Fall 2025
HS EDUC 777 — Decolonizing Research Methods (Current). Final Project (in progress): Cultural Resurgence Through Breastfeeding: A Qualitative Study with Lactating Families on Six Nations Using Indigenous Research Methodologies.	Winter 2026

Professional Credentials

International Board-Certified Lactation Consultant (IBCLC)	2011–Present
Indigenous Midwife — Six Nations of the Grand River Territory	2007–Present

Academic Appointments

Sessional Instructor — Faculty of Health Sciences, McMaster University	2019–Present
	2020–2024

Instructor, Cultural Humility / Cultural Safety Training — Health Leadership Learning Network, York University

Instructor, Cultural Safety Training — Health & Wellness Coaching Program, McMaster University 2024–Present

Teaching

HTHSCI 3AH3 — Indigenous Health (McMaster University). Indigenous health elective examining colonial impacts on Indigenous health, culturally safe practice, Indigenous knowledge systems, and health policy. 2019–Present

HTHSCI 4IH3 — Indigenous Health Research (McMaster University). Responsible conduct of research involving Indigenous peoples with focus on Indigenous methodologies and ethical partnerships. 2023–Present

Educational Scholarship and Knowledge Mobilization

Lactation Curriculum Developer — National Council of Indigenous Midwives (Milk Medicine Initiative) | <https://indigenoumidwifery.ca/indigenous-milk-medicine/> 2025–Present

Contributor — The Art of Breastfeeding (La Leche League International) | <https://lilli.org/in-your-own-words/#Stephanie> 2025

Revai, T., & **George, S.** (2021). Relational practice and lactation. In S. H. Campbell (Ed.), *Lactation: A foundational strategy for health promotion*. Jones & Bartlett Learning. 2021

Scriptwriter — *Something Is Off: Graphic Novel on Pregnancy and Intimate Partner Violence* | <https://canadianmidwives.org/family-violence/#graphic-novel>

Contributor — *Breastfeeding for the Health and Future of Our Nation* | <https://resources.beststart.org/product/b05a-breastfeeding-for-health-future-nation-book/> 2013

Collaborator — *Baby-Friendly Initiative Ontario Educational Videos* | <https://www.youtube.com/watch?v=Wy5oioh3A7k>; <https://www.youtube.com/watch?v=XeUYYfMZtTs> 2016–2017

Case Scenario Contributor — *Core Curriculum for Lactation Consultant Practice*

Policy and Professional Leadership

Advisory Committee Member — Anti-Indigenous Racism Initiative, National Council of Indigenous Midwives https://indigenoumidwifery.ca/antiindigenoustracism/	2021–2024
Advisory Committee Member — Gender-Based Violence Initiative, Canadian Association of Midwives https://canadianmidwives.org/family-violence/	2021–2023
Indigenous Representative — McMaster Research Ethics Board (MREB)	2025–Present

Conference Presentations and Invited Talks

International Confederation of Midwives Congress — Poster Presentation (based on HS EDUC 706 research)	2026
National Breastfeeding Conference — Speaker	2016
National Breastfeeding Conference — Co-Facilitator	2017
La Leche League International Conference — Speaker	2025
National Council of Indigenous Midwives — Milk Medicine Presentation	2025
Indigenous Milk Medicine Collective — Native American Heritage Month Speaker	2025
McMaster Child Health Conference — Plenary Presentation: Food for Thought: Nutrition & Health in Child Development	2023

Workshops and Professional Training Leadership

Emergency Skills for Midwives — Workshop Leader	2025
Point-of-Care Ultrasound for Midwives — Association of Ontario Midwives Training	2025
Breastfeeding Education Day — Douglas College	2019
Lactation Workshop — Battle River Treaty Six Health Centre	2016

Community Education

Instructor — Infant Feeding Classes for Parents, Pregnancy HUB (BC Association of Pregnancy Outreach Programs)

2022-2023

Awards

MacAdemics Excellence in Teaching Award — McMaster University

2024

MacAdemics Excellence in Teaching Award Finalist

2026, 2023, 2022,
2021