

Stephanie D. George
B.A. (Hons), IBCLC, Ogbwehonwe Midwife

ADDRESS

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CONTACT NUMBERS

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EMPLOYMENT HISTORY

2019 to present	McMaster University, Faculty of Health Sciences, Indigenous Health, and Indigenous Health Research during Winter and Fall Semesters, Sessional Instructor
Jan 2008 – July 2024	Community Breastfeeding Coordinator/Indigenous Midwife Six Nations of the Grand River Territory, ON
2019 - 2024	York University, Cultural Safety Instructor, Health Leadership Learning Network
2008-2013	Red Cross Instructor, Six Nations Elected Council
2010 – Present	Workshop Facilitation, Webinar Presentations, Keynote Speaker at Various Provincial, National, and International Conferences

AWARDS

2024	MacAdemics Winner: Excellence in Teaching Award, Faculty of Health Science, McMaster University as voted by students
2021 – 2024	MacAdemics: Top 3 Short-list in Excellence in Teaching Award, Faculty of Health Science

EDUCATIONAL BACKGROUND

Degrees

2024 - 2026	Master of Science Student, McMaster University: Health Science Education
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1994 Native Studies and History B.A. (Hons), Trent University, Peterborough, Ontario, Canada

Qualifications and Certifications

May 2, 2025 Emergency Skills Workshop Instructor Certification, Association of Ontario Midwives; 8th Edition

2011/2016/2021 International Board-Certified Lactation Consultant

2007 Aboriginal Midwifery Certificate

Specialized Training Postpartum Depression Support Person by Pacific Postpartum Support Society
BFI 20 Hour Breastfeeding Course Instructor, BFI Ontario
3 Day WHO Code Intensive: Infact Canada and WHO
Basic and Advanced Critical Incident Stress Management: Ottawa Police
Domestic Violence Response, UWO
SafeTalk
Trauma Events Systems Model of Crisis and Trauma Response and Violence Threat Risk Assessment, Level 1 by J. Kevin Cameron at North American Center for Threat Assessment and Trauma Response

PROFESSIONAL ORGANIZATIONS

2021-2024 Anti-Indigenous Racism Working Group, National Council of Indigenous Midwives

Dec 2021 - 2022 International Lactation Consultant Association, President

July 2018 - present International Lactation Consultant Association (ILCA), Director

July 2020 – present Old Town Hall Association, Board Member

Aug 2019 - present Grandview Theatre, Brantford, Ontario, Vice Chair/Acting Chair

Sept 2018 – 2021 Haldimand Norfolk Women's Services, Board Member

2017 - 2019 Registered Nurses Association of Ontario Best Practise Guidelines, Expert Panel Member

Jan 2012 - 2022	International Lactation Consultant Association, Member
Nov 2010 - 2020	Breastfeeding Friendly Initiative Resource Team, Ontario, Canada
2014-2017	Baby Friendly Initiative Implementation Strategy Committee
2014-2017	Best Start Prenatal Education Advisory Committee

PRESENTATIONS (2010-2021)

Presentations, Workshops, and Facilitation

MacDonald S, Since Time Immemorial: Breastfeeding and First Nations Communities. Keynote Speaker. National Breastfeeding Conference. Toronto, Ontario, Canada, October 2012

MacDonald S, Breastfeeding on the Six Nations of the Grand River Territory. Cultural Speaker. Gold Lactation Online Conference. May 2012

MacDonald S, Breastfeeding and First Nations Communities. Cultural Speaker. Best Start Conference. Markham, Ontario, Canada. February 2012

MacDonald, S, Breastfeeding Our Children for the Health of Our Nations, Winnipeg, ON 2013

MacDonald, S, Breastfeeding Our Children for the Health of Our Nations, Birth and Beyond Conference, London, ON 2013

MacDonald, S, The State of Indigenous Lactation and IBCLCs in Canada, Inaugural Lactation Equity Summit, ILCA Annual Conference, Phoenix, Arizona 2013

MacDonald, S, Instructor 2 Day Family Workshop, Manitoulin Island, ON 2014

MacDonald, S Breastfeeding Our Children for the Health of Our Nations, Parry Sound, ON 2014

MacDonald, S, Breastfeeding Our Children for the Health of our Nations, Best Start National Webinar 2015

George S, Indigenous Midwifery, Day in Perinatology, St. Joseph's Healthcare, Hamilton, ON

2016

George, S Government of Northwest Territories. Early Intervention Territorial Workshop Facilitator /Expert Advisor, Yellowknife, NWT. 2016

George S, Battle River Treaty 6 Health Centre; Facilitator and Trainer 2017

George S, ILCA Annual Conference, Speaker and Task Force Member, Toronto, ON 2017

George S, Breastfeeding Education Day, Douglas College, April 2019

George S, “The fruit of your destiny is nourished by the roots of your past.” First Nations Health Authority, Vancouver, BC 2020

George S, Health Professional Webinar, La Leche League Canada, 2020

George S, Invited Lecturer: University of Victoria, Douglas College, University of Ontario Institute of Technology

Lactation and Midwifery Presentations: Akwasasne, Orillia, Indigenous Birth of Alberta, Oneida of the Thames, Norway House Cree Nation, First Nations Health Authority

Publications and Video Productions to which I have contributed:

The Sacred Journey from Preconception to Parenting for First Nations Families in Ontario – Manual 2012

‘Family Experience’ videos; Stratford Festival 2012

Best Start/Health Nexus: Pimotisiwin: A Good Path for Aboriginal Pregnant and Teen Parents, 2013

Breastfeeding for the Health and Future of Our Nation – Booklet 2013, Best Start

Aboriginal Midwifery in Canada, Essentially MIDIRS, 2015

The Baby-Friendly Initiative: Strengthening Indigenous Families and Communities, Video, BFI Strategy for Ontario, Advisor 2017

SOMETHING IS OFF A graphic novel about pregnancy & intimate partner violence, Canadian Association of Midwives, Scriptwriter <https://canadianmidwives.org/family-violence/mrrfvsomething-is-off/>

Designing an eHealth Breastfeeding Resource with Indigenous Families Using a Participatory Design; Jennifer Abbass-Dick, PhD, RN, IBCLC, Michele Brolly, MN, RN, Joanne Huizinga, BScN, RN, ICCE, Amber Newport, BScN, RN, Fangli Xie, MHSc, MSc, Stephanie George, BA, NACM, IBCLC, Elisabeth Sterken, MSc, BSc, Published September 21, 2017 (videos included)

Lactation: A Foundational Strategy for Health Promotion, 2021 Suzanne Campbell, Chapter 5: Relational Practice and Lactation, co-authored with Tina Revai.

You Are Not Alone by the Canadian Perinatal Mental Health Collaborative. 2022, Wintertickle Press , Barrie, Ontario