



Lenten Reflections

Join us through Lent to reflect upon Jesus' words from the Cross.

Each week you will find a new set of reflections here to aid you in your spiritual journey through Lent.

'It is finished'

²⁸ After this, when Jesus knew that all was now finished, he said (in order to fulfil the scripture), 'I am thirsty.'²⁹ A jar full of sour wine was standing there. So they put a sponge full of the wine on a branch of hyssop and held it to his mouth.³⁰ When Jesus had received the wine, he said, 'It is finished.' Then he bowed his head and gave up his spirit. (John 19:28-30)

Reflection

Jesus said "It is finished" His work on this earth was now complete, the bill for our sin has been fully paid.

In John 1, John the Baptist looks at Jesus and says.

"Behold the Lamb of God, who takes away the sin of the world!"

Jesus was to become the final sacrifice, God's son, on the cross for us today, tomorrow and always.

Sometimes it may be hard for us to accept that we are completely forgiven.

We are! God loves us unconditionally.

So, what do we need to do?

Nothing except put our faith and trust in the one who offered His life as a sacrifice for our sins.

Can we do this on our own, without Jesus? No, we have not earned this forgiveness, Jesus earned it on our behalf.

Jesus finished the work that God sent Him to do on this earth.

So, what should we do?

Receive what Jesus did for you on the cross.

Receive His forgiveness.

Receive His unconditional love.

Trust in Him forever.



With grateful thanks to Linda Hall (Churchwarden of St Michael's, Ilstington), for sharing her reflection with us.

SCAN ME



"It is Finished" by Sovereign Grace Music

[https://youtu.be/oNCLvCeDYVg?
si=5hOnZaFxDXeoyvpL](https://youtu.be/oNCLvCeDYVg?si=5hOnZaFxDXeoyvpL)