Parish News



August 2021

MONTHLY MAGAZINE

for the people of Ashburton, Bickington & Buckland-in-the-Moor



THE BENEFICE OF ASHBURTON, BICKINGTON, BUCKLAND IN THE MOOR, HOLNE, HUCCABY, LEUSDON, POSTBRIDGE, AND WIDECOMBE-IN-THE-MOOR

The Ministry Team Website: ashburtonandmoor.org.uk/ashburton

Team Rector:	Rt. Rev'd. Mark Rylands Email: mark.rylands@mmu	
Team Vicar:	Rev'd. Geoffrey Fenton email: geoffrey.fenton@wi	
Mission & Development Worker:	Heidi Lewis Email: Heidi@moorlandtea	Mob: 07759578941 m.org.uk

Baptisms, Marriages and Funerals please contact the Team Rector

THE PARISH CHURCH OF ST. ANDREW, ASHBURTON

THE CHURCH OF ST. PETER, BUCKLAND-IN-THE-MOOR

THE CHURCH OF ST. MARY THE VIRGIN, BICKINGTON

CORONAVIRUS - COVID 19 UPDATE

Please be aware, the Church of England has issued guidance - face coverings are mandatory when attending church services (some exemptions apply). If you feel unable to wear a face covering, please let one of our team know, but remember you are very welcome.

BENEFICE OFFICE: Opening Times:	Team Administrator Tel: 01	West Street, Ashburton, TQ13 7DT 364 654280 24hr Answerphone m e-mail: admin@moorlandteam.org.uk
PARISH OFFICE: Parish Secretary,	Lorna Harvey Room, St. Andrew's Church Hall, email: parishoffice1@tiscali.co.uk	
<u>CHURCH WEBSITE</u>	Diocese of Exeter	www.exeter.anglican.org

SAFEGUARDING OFFICER Judith Southcombe, judysouthcombe@yahoo.co.uk 01364 621520

Summer Holidays

July and August signal the return of the Summer Holidays, but contrary to Sir Cliff's 1962 classic, we're *not* all going on a summer holiday. And this isn't, for once, due to the latest change in COVID restrictions (although there might be a few more domestic holidays this year than normal). No. The reason we're not all going on a summer holiday is because as a nation we are pretty poor at "going on holiday" at all– with nearly a third of UK employees not taking their full annual leave entitlement of 28 days off work. Statistics suggest this is often because we are too worried about how it might appear to our colleagues or because we feel there is simply too much work to be done! And particularly this year, we might be tempted to think we've had some partial rest with the lockdown, even though what really happened was that any remaining distinction between work and home life was subtly and finally eroded.

So, we're not all going on a summer holiday, but we should be!

The very word "holiday," is from the Old English "holy-day." That is, it was a day set aside and dedicated for God and celebration. A consecrated day– time made sacred. And this idea of making time sacred, "holy-day," derives from the Biblical concept of Sabbath: "remember the Sabbath Day by keeping it holy" (Exodus 20:8).

Sabbath is right there at the beginning of creation. In Genesis, we are told that creativity is inseparably linked to rest. For the creation story speaks of God's "creative process" taking seven days, which *includes* the final day of rest. "So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation" (Genesis 2:3). If we want to make the most of our creativity and gifts, then rest is a crucial part of that.

But we are commanded to rest (and it is a *command*), not because it makes us better at being productive, but because it reminds us that we are loved by God regardless of our own effort and striving. It is the freedom just to *be*. And taking holiday and rest is one of the ways we rediscover who God has made us to be.

I always remember Thomson's holiday advert called "Simon the Ogre." It depicted a monstrous beast, run down by his job and city life, attempting to live a normal life with his human wife and child. They go away on holiday together,

where they can enjoy time resting without the stresses of work. Throughout the holiday, his ogre features gradually disappear, his horns drop off, until in a final scene he rises from the sea (Daniel Craig-esque!) as his normal human self. It serves as a helpful reminder of this point, the true meaning of holiday as recreation. That in resting we give the gift of time back to God, that he might recreate us into his image. For it is only in resting that we become fully who God created us to be.

The Rev Sam Rylands (Curate at St Luke's, Chelsea)



General Note:

We make every effort to ensure that information contained in this magazine is accurate at the time of printing. Please be aware that changes may occur later.

Editor

EDITORIAL

Don't look now, but I think everyday life ight just be about to return to normal. Not that I can really remember what that entails. It will, however, be good to be able to see more of the family and mix with friends again.

As regards Ashburton and our Area, this month's magazine is full of information of things that are now available:-

The Mobile Banks (Lloyds and NatWest) are returning to us—see page 18.

Devon's Libraries are "Offering a Warm Welcome" - see page 14. Their Home Library Service is also available for people unable to leave the house.

Supermarket vouchers to help families buy food over the Summer Holiday are being sent out. This is to replace their School Meals—see page 13 for further information

Ashburton Food Bank is now the only Food Bank and will continue delivering for now. Hopefully, it will be able to open its doors in St. Petroc's Cottage soon—see page 8.

So it's all go.

Judíth

ENTRIES for 2021 from Ashburton, Buckland & Bickington				
FUNERAL				
29 May, 2021	St. Mary the Virgin, Bickington	David Harry WHITBREAD MBE		
WEDDINGS				
5 June, 2021	St. Mary the Virgin, Bickington	Neil James RANDLE and Angela BURFORD		
26 June, 2021	St. Mary the Virgin, Bickington	Daniel Michael ROCHE and Jodie Diane RICE		
DEDICATION 18 July, 2021	St. Andrew's, Ashburton	E S Perrou		

Bible Readings for August

The Reading is taken from St. Luke's Gospel Chapter 1, verses 46-55

Mary's Song

And Mary said: My soul glorifies the Lord and my spirit rejoices in God my Saviour, for he has been mindful of the humble state of his servant. From now on all generations will call me blessed, for the Mighty One has done great things for me—



holy is his name. His mercy extends to those who fear him, from generation to generation. He has performed mighty deeds with his arm; he has scattered those who are proud in their inmost thoughts. He has brought down rulers from their thrones

but has lifted up the humble. He has filled the hungry with good things but has sent the rich away empty. He has helped his servant Israel, remembering to be merciful to Abraham and his descendants forever, even as he said to our fathers.



Parish News Dates for your Diary

12 August DEADLINE FOR SEPTEMER MAGAZINE

'ON HOLIDAY WITH JESUS'

August is the month when schools are off and many of us go on holiday. This year will be very different, with many opting for a 'staycation'! The good news is that Jesus offers us a true rest:

'Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.' (Matthew 11: 28-29). Are you feeling tired or burdened and in need of a holiday? Jesus invites you to spend it with Him!

The Invitation: Our holiday destination is Jesus Himself: 'Come to me, all you who are weary and burdened.' We can come just as we are, with all the burdens and sadness we carry from the last 18 months. Jesus doesn't offer a 'quick fix' to deal with our issues; He simply offers Himself!

The Promise: Jesus promises us the gift of refreshing, sustaining and everlasting rest. When we go on holiday, we usually look forward to doing very little and yet this is not the kind of rest Jesus offers. His rest involves taking up His yoke and learning from Him! A yoke was the wooden collar that ran across the shoulders of a pair of oxen to enable them to work the fields. Jesus says: 'My yokes fit well. They do not rub your neck and shoulders. Come to Me and get yoked to Me. Make an act of loyal obedience and trust in Me. And you will find a deep peace and satisfaction that you could never find anywhere else. I have come for you!'

What's so amazing about this holiday is that you can get rest by simply staying at home!



As well as the excellent parish magazines, the Ashburton and Moorland Mission Community communicates through its website: ashburtonandmoor.org.uk and social media including Facebook (Ashburton All Age Church) and WhatsApp.

If you need help with a church-related event or project please contact Chloe Axford

(axfords14@gmail.com)

as there may be people happy to help who we can contact via social media!

CORRECTION

Please note:

The article in last month's magazine entitled LOUVRES, was incorrectly attributed to Brian Lewis. This article was in fact written by Chloe Axford. Apologies to Chloe.

HERBERT READ

I enjoyed Brian's article about Herbert Read, and his connection to our Church. I have a very roundabout connection myself. You may recall that I was the Portreeve in 2009 (I try not to let you forget this!) and at my Portreeve's Service on the 29th November of that year my cousin, Rev. David Boundy, preached the sermon. David and his wife, Catherine, were very good friends of Joan Michelmore, neé Read, and when she knew that they were coming to Ashburton, and in particular to St. Andrew's, she told them to look at her father's work. David was pleased to be able to tell her that he sat beside it throughout the service. Small world!

Jeanne Dístín

'ASHBURTON FOOD BANK - will be operating the only Food bank in Ashburton again from 1st July after the Ashburton Lockdown Larder ceases to operate.
Ashburton Food Bank will continue just doing deliveries at present but hopes to open its doors at St Petroc's Cottage, opposite the Ashburton Surgery, for food collections some time in the near future.
Fuller details in the advert below.'

Ashburton Food Bank A CONFIDENTIAL SERVICE FOR ALL IN FOOD NEED

DURING THE CORONAVIRUS EPIDEMIC WE WILL CONTINUE TO OFFER A DELIVERY SERVICE.

If you require food please 'phone: **07767 453844** and leave a message with your name, number in household, any pets, telephone number and address. We will deliver to you as quickly as possible. This delivery service is available to people in Bickington and Buckland-in-the-Moor and other villages around Ashburton

ASHBURTON PENSIONERS'ASSOCIATION

We were disappointed that our July social meeting and coach trip had to be cancelled. The Committee hope to welcome everyone back on September 2nd at 7pm when Jon Keohane will be speaking about his time working at the Tower of London.



We also hope the coach trip will go ahead on September 16th to Polperro for lunch then on to Tamar View Nurseries for afternoon tea, leaving Ashburton at 10.00am. Names and money to be collected at the nest social meeting. (Please note, this is a change of venue by popular request).

The membership subscription for the rest of this year will only be £2.00 per person. Again, money will be due at the September social meeting

Margaret and the Committee would like to extend a welcome to Dawn Major who has agreed to be our new Treasurer and Committee Member. A big "thank you" to Michael Ryder who has now retired from this position and we all wish him well for the future.

New members and guests are always most welcome to our social events and coach trips.

Margaret – Chairman

Maureen – Secretary

01364 653526

01364 654530

As long as we have memories, yesterday remains. As long as we have hope, tomorrow awaits. As long as we have love, today is beautiful. As long as you have God, anything and everything is possible.

THE PRINCE OF WALES AND DUCHESS OF CORNWALL VISIT EXETER CATHEDRAL



The Prince of Wales and the Duchess of Cornwall have visited Exeter Cathedral on the first stage of their summer tour of the South West. The Royal visit was the first since lockdown restrictions eased and the Prince and Duchess were shown around the Cathedral by the Bishop of Exeter, the Right Reverend Robert Atwell, and the Dean, the Very Reverend Jonathan Greener. Bishop Robert said, "It was a fantastic visit and special in all sorts of ways,



which was reflected by the hundreds of people who came. He was hugely interested in our cathedral and its significance in terms of architecture and heritage and conservation.

"But he was also interested in the local community groups – it was wonderful seeing him and Camilla talking to people like the cathedral stonemasons and Prince of Wales nursing cadets."

ST ANDREW'S GUILD

Now that almost all restrictions have been lifted I am sure most of us are looking forward to meeting up again. I hope you have Thursday 9th September in your diary and are able to come along at the usual time of 7.30 for a chat with friends and catch up on the news over coffee or tea and cake.

I am hoping to arrange some speakers soon, but if you have any suggestions please do not hesitate to bring them along. It may also be a good time when we meet on the 9^{th} to talk about arranging our Christmas Lunch – something that cannot be left to the last minute!

I look forward to seeing you all soon.

Best wishes

val Smale



Recipe of the Month

Prep: 30 Mins Cook: 20 Mins Makes: 40-50

by kind courtesy of BBC Good Food Guide

scrummy cake is really easy and versatile – use whatever fruit you like, and you'll make it again and again

SIMPLE ICED BISCUITS

Ingredients:

- 200g unsalted butter , softened
- 200g golden caster sugar
- 1 large egg
- ¹/₂ tsp vanilla extract or 1 lemon, zested
- 400g plain flour, plus extra for dusting



To Decorate

8-12 x 19g coloured icing pens , or fondant icing sugar mixed with a little water and food colouring

Method:

1 Heat oven to 200C/180Cfan/Gas 6. Put the butter in a bowl and beat it using an electric whisk until soft and creamy. Beat in the sugar, then the egg and vanilla or lemon, and finally the flour to make a dough. If the dough feels a bit sticky add a little more flour and knead it in.

2 Cut the dough into six pieces and roll out one at a time to about 5mm thickness on a floured surface. The easiest way to do this is to roll the mixture out on a baking mat. Cut out letter and number shapes (we used 7 x 4cm cutters) and peel away the leftover dough at the edges. Re-roll any off-cuts and repeat.

3 Transfer the whole mat or the individual biscuits to 2 baking sheets transfer them to baking parchment if not using a mat) and bake for 7-10 mins or until the edges are just brown. Leave to cool completely and repeat with the rest of the dough. You should be able to fit about 12 on each sheet. If you are using two sheets, then the one underneath will take a minute longer.

4 Ice the biscuits using the pens to make stripes or dots, or colour in the whole biscuit if you like. They will keep for five days in an airtight container.





Coronavirus (COVID-19) response update from Devon County Council

There's an ongoing increase in COVID-19 cases across Devon, which is to be expected following the lifting of restrictions and greater freedom for people to socialise.

The highest case rates remain in the young age groups, mostly within younger working-age adults.

The weekly rate in Devon as at July 23rd was 412 per 100,000 of the population, compared to 540 for England. All local authority districts are below the national average, except North Devon which has a rate of 563.

With rates of COVID-19 at the highest they've ever been in Devon, we're reminding residents of the importance of regular testing to help keep everyone safe.

Testing, tracing close contacts and self-isolating is vital to managing the spread of coronavirus and reducing the risk of potentially dangerous variants spreading.

Some people might find it frustrating, or think it is pointless, but if you're identified as a close contact of someone with COVID-19 you're at least five times more likely to be infected than others. And even if you have been vaccinated you can still pass the virus on.

As more of us are out and about enjoying the freedom we've missed, we're encouraging everyone in Devon to make regular symptom-free COVID-19 testing part of their everyday lives to help find cases that would otherwise go undetected and break the chains of transmission. Rapid lateral flow device (LFD) tests are readily available to do at home or at one of our many walk-in sites, and you'll get your result within 30 minutes.

If you develop COVID-19 symptoms, you must stay at home and self-isolate, along with anyone you live with, and take a free PCR test to confirm whether or not you have the virus. If you test positive, you will still need to self-isolate regardless of your age or vaccination status.

Supermarket vouchers to help families buy food over the summer holiday

Nearly 17,000 children across Devon have been sent supermarket vouchers ahead of the upcoming school summer break to help their families buy food over to replace the meals they would have received at school during term-time.



The vouchers – worth £15 per week for each child – can be redeemed in major supermarkets across Devon. Arrangements are in place for families who cannot get to a supermarket.

We also issued supermarket vouchers for the May half-term break, but some of them remain unspent. Families are urged to check their vouchers and redeem them as soon as possible before they expire.

Many families in Devon have seen their financial circumstances change due to the ongoing coronavirus pandemic. If you didn't previously qualify for free school meals but your income has recently reduced or stopped, please apply online through our website https://www.devon.gov.uk/educationandfamilies/ school-information/school-meals to check if you are eligible for this support as soon as possible. It's the quickest and easiest way for your eligibility to be assessed and you will get an instant decision. You can also call <u>0345 155 1019</u>.

More information about the free school meals holiday voucher scheme is available on our website.

I see people my age out there climbing mountains and zip lining and here I am feeling good about myself because I got my leg through my underwear without losing my balance.





DEVON'S LIBRARIES ARE OFFERING A WARM WELCOME and encouraging visitors to continue wearing face coverings after Monday 19 July when using their library. Other COVID-19 safety measures, including hand sanitisation stations, ventilation of the library space and regular cleaning will remain, as well as the NHS Test and Trace check in.

Book borrowing is now available in 53 of Devon's 54 libraries and mobile libraries. Chulmleigh Library is offering Choose and Collect only, but plan to reopen on Thursdays from 9.00am to 3.00pm, from Thursday 22 July.

Other library services that have returned include free access to computers, with some libraries starting to offer two hour sessions, bookable in advance. The cafes in Exeter, Newton Abbot and Cullompton are open again, meeting rooms are available for hire without restrictions and soon libraries will also start to introduce more in-person events, like the Summer Reading Challenge for children.

Don't forget the Home Library Service is available for people unable to leave their house - please contact your local library to find out more.

For more information visit the www.librariesunlimited.org.uk

ASHBURTON & MOORLAND TEAM

CEDVICES

AUCHST

AU		SI SERVICES		
SUN IST	8am 9am 10:30am 10:30am 4pm	HOLY COMMUNION, ASHBURTON HOLY COMMUNION, BICKINGTON HOLIDAY CLUB SERVICE, ASHBURTON flive ALL AGE SERVICE, WIDECOMBE EVENSONG, LEUSDON		
SUN 8TH	9am 10:30am 10:30am 12pm 6pm	HOLY COMMUNION, POSTBRIDGE PARISH COMMUNION & BAPTISM, ASHBURTON PARISH COMMUNION, WIDECOMBE PARISH COMMUNION, LEUSDON HOLY COMMUNION, HOLNE	3	
SUN 15TH	9am 10:30am 10:30am 12pm 3pm	HOLY COMMUNION, HUCCABY COMMUNITY CELEBRATION SERVICE, ASHBURTON PARISH COMMUNION, WIDECOMBE PARISH COMMUNION, LEUSDON HOLY COMMUNION, BUCKLAND	ΥE	
SUN 22ND	9am 10:30am 10:30am 12pm 5pm 6pm	BREAKFAST CHURCH, ASHBURTON PARISH COMMUNION, ASHBURTON PARISH COMMUNION, WIDECOMBE PARISH COMMUNION, LEUSDON EVENING WORSHIP, HOLNE EVENING PRAYER, POSTBRIDGE		
SUN 29TH	9am 10:30am 11am 3pm 12pm	UNITED 'TO BE A PILGRIM SERVICE', ONLINE ONLY PARISH COMMUNION, WIDECOMBE PILGRIM WALK FROM POSTBRIDGE TO HUCCABY PILGRIM SERVICE, HUCCABY PARISH COMMUNION, LEUSDON		
		DMMUNION SERVICES EVERY WEDNESDAY 0.30AM ST ANDREW'S ASHBURTON		
WWW.ASHBURTONANDMOOR.ORG.UK/SERVICES				

All our online services are available



via Facebook, YouTube &

our website www.ashburtonandmoor.org.uk/ashburton

QUEEN'S PLATINUM JUBILEE – a celebration of faith & service

A four-day Bank Holiday from 2nd to 5th June 2022 will mark the Queen's Platinum Jubilee. This is being called "an amazing opportunity" to bring our communities together for the celebrations, which end on Pentecost Sunday.

HOPE Together, the Church of England, the Methodist Church, Biblica and other key partners are currently planning for the Queen's Platinum Jubilee, with a specially commissioned souvenir book to give away; a new anthem for communities and churches to sing; a '70 Acts of Service' community challenge to adapt to use together with churches and other organisations, and lots of resources for children and schools.

Rachel Jordan-Wolf, HOPE's executive director said, "Churches are in an ideal place to bring communities together for national celebrations. We have the tables, chairs, crockery and PA systems – and we love making cakes!

"It is so appropriate that the nation and Commonwealth should be celebrating the Queen's Platinum Jubilee on the same weekend as Pentecost, the day when the church celebrates the gift of God's Holy Spirit."

The anointing of God's Holy Spirit was central to the Coronation and, in

preparation for the day, The Queen prayed: 'Come, Holy Spirit, and daily increase in all of us, and in me, thy humble servant, thy manifold gifts of grace; the spirit of wisdom and understanding; the spirit of counsel and strength; the spirit of knowledge and true godliness, and fill us, O Lord, with the Spirit of thy holy fear, now and forever. Amen.'

Find out more at hopetogether.org.uk/jubilee



ASHBURTON WOMEN'S INSTITUTE

Report from Ashburton W.I. July 2021.

Finally, after these long, weary and worrisome months, we have been able to meet in person. On the 6th July **INSPIRING WOMEN** members were able to sit in the gardens of St. Andrew's Church Hall for long awaited conversations, a glass of "something" and a slice (or two) of delicious cake. Contrary to the weather forecast, it was a gloriously sunny afternoon and our new President, Lynne Whittaker, welcomed us all back into the W.I. fold. This was purely a social occasion and no business matters were dealt with, but the presentation of a piece of Dartington glass was made to retiring President, Jane Willimott, to thank her for her time in office. National Federation raffle tickets were available. Members were given a short survey sheet to consider and then dispersed until 7th September, when meetings, with Speakers, will resume. We hope other W.I. members have a good Summer and look forward to Group meetings before too long.

Jeanne Dístín, Press Secretary

MOBILE BANKS

NATWEST and LLOYDS BANKS have resumed weekly visits to Ashburton.



Kingsbridge Lane Car Park on alternate Fridays from 9.45am—12noon 13th & 27th August, 10th & 24th September and every 2 weeks thereafter.

NatWest

Ashburton Arts Car Park on alternate Wednesday from 9.45am—10.15am 11th & 25th August.

NatWest have confirmed location and times but have not yet confirmed the dates, But we believe the August dates are correct.

Use them or lose them!

Too many people think the grass is greener somewhere else, but the grass is green where you water it!



The Devon Historic Churches Trust is dedicated to saving our churches

Please support us at this critical time by responding positively to this request. Enjoy our wonderful countryside by taking part in...



or any activity to suit you.

5 Good Reasons to Help

- 1. The DHCT needs your support to enable it to give grants
- 2. We are a volunteer charity, so your contribution delivers maximum benefit
- 3. Everything you give will be gratefully received and faithfully applied
- 4. Your contribution will help ensure the survival of an important part of Devon's heritage
- 5. Devon's churches need YOUR support

www.devonhistoricchurches.co.uk

50% of funds raised by parish communities are immediately returned to them

Raise funds or secure sponsorship for an activity of your choice OR send us a **DONATION** via Justgiving

Everybody will be a winner!

Email contact@devonhistoricchurches.co.uk to register your participation

Please observe government guidelines at all times



DEVON HISTORIC CHURCHES TRUST Charity Registration Number 265594

ROUND AND ROUND THE GARDEN AUGUST 2021

I cannot believe that I am sitting down to write an article for the August magazine. Where is the year going?

I said last month that I was hoping to visit Rosemoor during a short holiday in north Devon.

Well, we didn't make it to Rosemoor but ended up in the Marwood Hill Garden, tucked away in a valley about 4 miles north of Barnstaple. I wrote about this gem a couple of years ago after we had first discovered it. Just to remind you, the garden was created by Dr Jimmy Smart, VMH, MBE in the 1950's. (VMH stands for the Victoria Medal of Honour.) Dr Smart bought Marwood Hill in 1949. The garden had been neglected over the war years and consisted of a front lawn by the house, a walled garden across the road and a further small area totalling less than 2 acres. (Small is a relative term!) Over the years Dr Smart bought more land, including an area which had a stream running through it. Three lakes were created, including a large bog garden, and by the 1980s the garden extended to 22 acres. Dr Smart died in 2002 aged 88 leaving the garden to his nephew Dr John Snowdon. It remains a private garden (as opposed to a Trust or a charity) but is open to the public from late March until the end of



September.

I thought it was a little known treasure but shortly after we returned home this year it was featured on Gardeners' World, with Joe Swift covering the national collection of

astilbes which is held there. The filming must have been done later in the summer last year because it was too early for the astilbes when we were there in June but what were in flower were the candelabra primulas. A little stream runs down the length of the valley in which much of the garden sits and the banks of the stream were covered in the many pastel shades of the primulas, along with a variety of other bog plants. It looked absolutely gorgeous. There is a picture of the primulas in flower on the Marwood Hill website. Do have a look if you can.

The garden is also home to the national collection of tulbaghia. This is not a plant I am familiar witrh. The tulbaghia violacea is a clump-forming perennial with a strong garlic smell, earning it its common name of Society garlic. However, the internet tells us that, apart from the garlic smell, the plant is worth growing for its beautiful large heads of lavender blooms held on tall stems from mid-summer to early autumn. Again, it was too early

in the year for any of the plants to be in bloom and I think I might give this one a miss.

If you are ever in the Barnstable area and haven't visited Marwood Hill, could I urge you to find time to fit in a visit.

Back at home, there has been the usual struggle with all the familiar bugs and weeds that I have written about over the years. But most of the flowers and vegetables are now doing more or less what they should be doing at this time of year, give or take the odd week or two. The alstroemerias have been gorgeous for several weeks but are now getting past their best. The dahlias have more or less caught up but it is still noticeable that those that I started off as tubers in the greenhouse are beginning to come into flower in flower, whereas those that were left in the ground over winter and were caught by those May frosts are still at least a couple of weeks behind.

This time last year, when the Magazine was available only on-line, I speculated whether the effort of constructing the necessary supports for sweet peas and then looking after the growing plants was worth it. I have to say that the results this year make the answer a definite "no". If I'm to grow them next year I will have to invest in some more permanent supports and spend more time looking after the seedlings and the plants once they are in the ground. Am I prepared to do this? Not sure!

In the veg patch, the garlic has not as yet succumbed to rust but the stems are very distorted. I've dug up a couple of the bulbs and although a bit small they seem to be OK. The shallots are looking OK and the potatoes look fine. The dwarf beans are growing rather slowly but the first pods are forming and I can start picking very soon. (Remember, this is being written on 12th July.)

This time last year, I had started to tomatoes cherry pick in the greenhouse. This year the plants are looking as healthy as they have ever been and are carrying lots of fruit but they are showing no sign of turning red. There will be minicucumbers ready in a few days' time and the lettuces growing outside, although developing slowly, are starting to produce pickable leaves. A few dry days would be nice - but then I shall complain about all the watering that has to be done. Some people are never satisfied.

Brían Smíth

PS Two alstilbes (Beauty of Ernst) which my wife bought for me at Marwood Hill, are just about to come into flower. This astilbe has bright green foliage that matures to a rich burgundy shade. Fluffy plumes of soft pink flowers appear in mid-summer and during the autumn the foliage should develop tints of scarlet and orange. A really attractive plant.





Francis Parffrey Legal Services Ltd

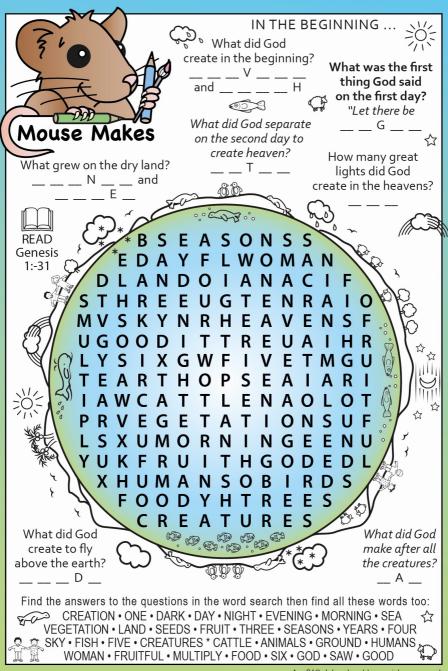
CUSTOMER

CHARTER

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or request information about our services Hillcrest, Bowden Hill, Ashburton TQ13 7EA



Aug21© deborah noble • parishpump.co.uk

9TH AUGUST: MARY SUMNER – FOUNDER OF THE MOTHERS' UNION

The Mothers' Union is now more than 140 years old. It has accomplished a staggering amount in that time, and nowadays numbers more than four million members, doing good work in 83 countries. That is a far cry from the modest circle of prayer for mothers who cared about family life, which is how it all began with a rector's wife, Mary Sumner.

Mary was born in late 1828 in Swinton, near Manchester. When she was four, her family moved to Herefordshire. Mary's father, Thomas Heywood, was a banker and historian. Her mother has been described as a woman of "faith, charm and sympathy" – qualities which Mary certainly inherited. Mrs Heywood also held informal 'mothers' meetings' at her home, to encourage local women. Those meetings may well have inspired Mary's later work.

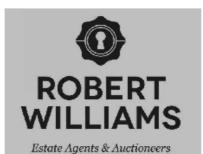
Mary was educated at home, spoke three foreign languages, and sang well. While in her late teens, on a visit to Rome she met George Sumner, a son of the Bishop of Winchester. It was a well-connected family: George's uncle became Archbishop of Canterbury, and his second cousin was William Wilberforce. Mary and George married in July 1848, soon after his ordination. They moved to Old Alresford in 1851 and had three children: Margaret, Louise and George. Mary dedicated herself to raising her children and supporting her husband's ministry by providing music and Bible classes.

When in 1876 Mary's eldest daughter Margaret, gave birth, Mary was reminded how difficult she had found the burden of motherhood. Soon she decided to hold a meeting to which she invited the local women not only of her own class, but also all the village mothers. Her aim was to find out if women could be brought together to offer each other prayer and mutual support in their roles as wives and mothers. That meeting at Old Alresford Rectory was the inaugural meeting of the Mothers' Union.

For 11 years, the Mothers' Union was limited to Old Alresford. Then in 1885 the Bishop of Newcastle invited Mary to address the women churchgoers of the Portsmouth Church Congress, some 20 miles away. Mary gave a passionate speech about the poor state of national morality, and the vital need for women to use their vocation as mothers to change the nation for the better. A number of the women present went back to their parishes to found mothers' meetings on Sumner's pattern. Soon, the Mothers' Union spread to the dioceses of Ely, Exeter, Hereford, Lichfield and Newcastle. By 1892, there were already 60,000 members in 28 dioceses, and by 1900 there were 169,000 members. By the time Mary died in 1921, she had seen MU cross the seas and become an international organisation of prayer and good purpose.



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Ashburton Branch

Volunteers & new members always required, if interested please contact Martyn Brooks, Chairman 07771520621 or Calvin & Jenny Giles, Poppy Appeal Organisers 07425788981

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THE CHURCH OF ST. MARY THE VIRGIN, BICKINGTON





Sunday, 1st August, 2021

9 a.m. HOLY COMMUNION

Bickington

BICKINGTON FLOWER & CRAFT SHOW 2021

SAVE THE DATE! SATURDAY 7TH AUGUST



Due to potential ongoing COVID restrictions we are not yet able to finalise arrangements for this years Show. The committee are working hard to organise a fun event for our community. WATCH THIS SPACE!



Bickington Flower Show Committee 2021

Bickington

ST. PETER'S CHURCH. **BUCKLAND-IN-THE-MOOR**





Flower Rota

August 1 September 26 Susannah

Susannah

Church Services





Sunday, 15th August at 3.00pm



In Praise and Blessing of Creatures **Great and Small Service**

at 11.00am on Sunday 5th September.

Do bring your dog, cat, chicken, hamster, fish, mouse, etc. etc. or just bring yourself-all will be most welcome

Harvest Thanksgiving Service at 3.00pm

on Sunday 3 October followed by Harvest Tea.



Buckland

EMERGENCY/USEFUL AND IMPORTANT TELEPHONE NUMBERS.

Please advise us if you think anything needs to be changed or if you have ideas for additional useful numbers.

CHURCHES TOGETHER IN ASHBURTON—CONTACTS FOR ALL MEMBER CHURCHES			
St. Andrew's Church - see elsewhere in this magazine			
Ashburton Methodist Church	Rev'd Kevin Hooke	01626 832369	
	Agnes McFeat	07801 368378	
Our Lady of Lourdes & St. Petroc	Father Francis Straw	01364 645526	

	Non-Emergency	101	Disability Information	0845 155 1005
Crimes	stoppers	0800 555111	Libraries	0845 155 1001
Care D	irect-DSS	0345 1551007	RSPCA	0870 55 55 999
Doctor	s - Surgery	01364 652731	Gas - Emergency	0800 111999
Devon [Doctors on Call	0845 671 0270	Electricity-Emergency	0800 365900
Ashbur	rton Hospital	01364 652203	SW Water	0800 1691144
Ashbur	rton Food Bank	07767 453844	Ashburton:	
Torbay	' Hospital	01803 614567	Town Council	01364 652142
RD&E	E Hospital	01392 411611	Town Hall	01364 652142
Newtor	n Abbot Hospital	01626 324500	Information	01364 653426
NHS Di	irect	111	Post Office	01364 652256
DASH		01364 653335	Library	0345 1551001
Social S	Services	01392 384900	Swimming Pool	01364 652828
	st - Ashburton		Primary School	01364 652343
Samari		01364 652222	Teignbridge Council	01626 361101
Saman	litalis	0330 0945717	Sth. Dartmoor Com.Coll	01364 652230
		Free from any phone	Sands School	01364 653666
Alcohol	ics Anonymous	08457 697555	Railway Information	08457 484950
Social S	Services—	0845 600 0388	National Express	0870 580 8080
	Emergency No:	01392 823306	Exeter Airport	01392 367433
Mel St	ride MP		Bristol Airport	0871 334 4444
	mel.stride	e.mp@parliament.uk	Macmillan Cancer Helplir	ie 0800 808 0000

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PARISH DIRECTORY

The Parish of Ashburton with Buckland-in-the-Moor

The Parish of Ashburton with Buckland-in-the-Moor				
Churchwardens:	Mr. William West		652666	
	Mr. Francis Parffrey	email: francis.parffrey@gmail.com		3
Deputy Churchwarden	Mr. Nick Axford	email: axfords14@gma	il.com 654367	
Vice Chairman PCC	Mr. William West		652666	
Team Administrator	Mrs. Cassie Long		654280	
Secretary to the PCC	Mrs. Gill Sheridan	email: parishoffice	1@tiscali.co.uk	
Treasurer:	Mr. William West		652666	
Gift Aid Secretary:	Mr. William West		652666	
Church Hall Bookings	Mrs. Eve Nutley	email: enutley17@outlook.com	07894 966872	
Electoral Roll Officer	Mrs. Janet Lockwood-	Lee	652080	
Choirmaster/Organist	Position Vacant			
Choir Secretary	Mr. William West		652666	
Tower Captain	Mr. Clive Davey		07912 599703	
Churchyard Maintenance	Mr. Geoffrey Histed	email: ghisted43@gmail.com	07527 602688	
Publicity & Magazine	Committee:			
Editor	Mrs Judith Lewis		652768	
Material for inclusion	in the Parish Magazine	e no later than 12th of preceding m		
	to: Mrs Judith Lewi			
Magazine advertising	: Judith Lewis (Editor)		652768	
	or Gill Sheridan	email: parishoffice	1@tiscali.co.uk	
Wedding Flowers	Mrs. Jane Ashton		654067	
Flower Arranging Rota	Mrs. Jane Ashton		654067	
Messy Church	Mrs. Jane Ashton		654067	
Churches Together	Chairman: Mrs. Judith	1 Lewis	652768	
Social Committee	Mrs Janet Lockwood-L	ee	652080	
Tł	e Daughter Church of	St. Peter, Buckland-in-the-Moor		
Deputy Warden	Mrs Stephanie Palk,	<u> </u>	652430	
Deputy Warden	Mrs Jane Robertson,	foxglovepjr@gma		
Assistant Wardens	Clare Caunter, Marie J		653234	
Secretary	Mrs Pat Layley, Cordw			
Treasurer	Ms Katie Way		nam@gmail.com	
Organist	, Vacant			
Tower Captain	Mrs Clare Caunter, So	outhbrook Farm, Buckland-in-the-N	1oor 653234	
Material for inclusion in the Parish News to (copy date no later than 12th of preceding month)				
The Church of St. Mary the Virgin, Bickington				
Deputy WardenMr Peter Warren, Rentor, Bickington01626 821213Deputy WardenVacancy				
Vice Chairman	Vacancy Mr. Potor Warron, Bon	tor Pickington	071717	

Deputy Warden	IVIT PELET WATTETT, RETILOT, DICKINE	gion	01020 021215
Deputy Warden	Vacancy		
Vice Chairman	Mr Peter Warren, Rentor, Bicking	gton	821213
Secretary	Mrs Joan Warren, Rentor, Bicking	gton	821213
Treasurer	Mr Vernon Coon	email: vernon.coon@	btinternet.com
Organist	Vacant		
Magazine Distributor	Mrs Joan & Mr Peter Warren, Re	ntor, Bickington	821213
Tower Captain	Mr Bob Brown, 58 De Tracey Par	k, Bovey Tracey	01626 834461
Village Hall Bookings	Gwilym Evans		07710449485
Sunday School	Vacant		
Material for inclusion in the Parish Magazine (copy date no later than			than

12th of preceding month) to: the Warrens at Rentor or email direct to Parish Office.

Parish Link Editor

